

# Growing Up and Understanding It

This educational program is designed for parents and guardians to attend with their child.



## Topics of Discussion:

- Physical and emotional changes in adolescence
- Facts and misconceptions about puberty
- Self-care tips for healthy growth

### FOR BOYS (Ages 10 – 13)

Monday, February 6, 2017  
6:30pm – 8:00pm

### FOR GIRLS (Ages 9 – 13)

Thursday, February 9, 2017  
6:30pm – 8:00pm

Gwinnett Justice and Administration Center Auditorium  
75 Langley Drive, Lawrenceville

Make your reservation by calling [678.377.4010](tel:678.377.4010)  
or register online by visiting [www.gwinnettextension.com](http://www.gwinnettextension.com).



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