

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| | 1 – 9:30am Exercise – 11:00am Cranium Crunches | 2 – 9:30am Bingo – 10:45am Grocery shopping | 3 – 9:30am Exercise – 10:45am Bingo | 4 – 9:00am Bowling at Brunswick Zone |
| 7 – 9:30am Ceramics – 10:45am Bingo | 8 – 9:30am Exercise – 11:00am Music by Charles McGahey | 9 – 9:30am Bingo – 10:45am Grocery shopping | 10 – 9:30am Exercise – 11:00am Presentation on July transit referendum | 11 – 9:30am Exercise – 11:00am Remember Mom |
| 14 – 9:30am Strawberry picking trip – 11:00am Celebrate Root Beer | 15 – 9:30am Exercise – 11:00am Dance Therapy with Diane | 16 – 9:30am Bingo – 10:45am Grocery shopping | 17 – 9:30am Exercise – 11:00am Have a Berry Nice Day | 18 – 9:00am Three center picnic at Pinckneyville Park |
| 21 – 9:30am Ceramics – 11:00am Ice Cream in a Bag | 22 – 9:30am Exercise – 11:00am Presentation on psoriasis | 23 – 9:30am Bingo – 10:45am Grocery shopping | 24 – 9:30am Exercise – 11:00am Diabetes education | 25 – 9:00am Bowling at Brunswick Zone (center is open for drive-ins) |
| 28 – Memorial Day Holiday | 29 – 9:30am Exercise – 11:00am Music by Frank Allen | 30 – 9:30am Dance Therapy with Diane – 10:45am Grocery shopping | 31 – 9:30am Exercise – 11:00am Dementia Disorders | |

5030 Georgia Belle Ct, Suite 1066, Norcross, GA 30093. Tammy Lea, center manager 770.638.5683

Programs subject to change without notice.