Focus on
Home-Delivered Meals: Senior Services delivers 40 years of food and care
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Gwinnett County Senior Services, founded in 1972 as a nutritional outreach program for the elderly, now operates three senior centers in addition to providing in-home services. Those services include respite care, light housekeeping, and limited transportation in addition to home-delivered meals for some residents 60 years or older.

The home-delivered meals program brings nutritionally balanced meals tailored to meet the needs of more than 300 at-home seniors who can’t reliably prepare a meal for themselves.

Almost 1,000 volunteers from all walks of life selflessly give their time to perform various tasks for Senior Services’ clients. Food delivery volunteers pick up meals and nutritious snacks from designated locations in their assigned territory and deliver them Monday through Friday between 8:00am and noon. Some volunteers – from groups like Primerica and Harmony Grove United Methodist Church – have delivered meals for 20 years or more.

Home-Delivered Meals Coordinator Steve Nelly has a master’s degree in food technology from UGA and brings a wealth of experience in preparing and delivering nutritious meals. “I really appreciate our volunteers who deliver not only nutrition but also opportunities for seniors to interact with different people on a regular basis,” says Steve.

Since he’s responsible for producing about 150,000 meals a year, Steve is glad to have a new fully-equipped kitchen under construction in the $2.9 million phase two addition to the Gwinnett Senior Services Center, the administrative headquarters, on Swanson Drive in Lawrenceville.

A valued partner of the home-delivered meals program is Friends of Gwinnett County Senior Services. Friends, a nonprofit, volunteer-governed organization, has been raising funds to privately support or supplement senior programs such as home-delivered meals in Gwinnett since 1999. They have also donated six fully-equipped home-delivered meals vehicles to the meals program and just recently purchased some needed equipment for the new kitchen.

For more information about home-delivered meals or other programs offered by Senior Services, call 678.377.4150 or visit www.gwinnettseniorservices.com.