

May Activities

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Disclaimer Activities are free and optional unless indicated (*self-pay).</p> <p>Note **Evidence-Based Program</p>	<p>Daily 9:30am: Devotion and Pledge of Allegiance</p> <p>Billiards, Canasta, Rummikub, etc.</p> <p>Wednesdays Grocery Shopping*</p> <p>Wellness Goal Be Healthy, Be Active</p>	<p>1 Kroger*</p> <p>10:00am: Gardening Care</p> <p>11:00am: Bingo</p>	<p>2 10:00am: Transitioning to a Different Living Arrangement</p> <p>11:00am: Cards, Dominoes, and Rummikub</p> <p>11:00am: Drumming with Peter**</p>	<p>3 10:00am: Tai Chi/Qigong**</p> <p>11:00am: Bingo</p>
<p>6 10:00am: Rummikub Contest</p> <p>10:00am: Scrapbooking</p> <p>11:00am: Walking at Bogan Park</p>	<p>7 10:00am: Ceramics</p> <p>10:00am: Darts</p> <p>11:00am: Ageless Grace with Debbie**</p>	<p>8 Publix*</p> <p>10:00am: Table Games</p> <p>11:00am: Bingo</p>	<p>9 10:00am: Gardening Care</p> <p>11:00am: Bingo</p>	<p>10 10:00am – 12:00pm: Mother's Day Celebration and Music with Tom Clark</p>
<p>13 10:00am: Rummikub Contest</p> <p>10:00am: Scrapbooking</p> <p>10:00am: Waterobics at West Gwinnett Park Aquatic Center</p> <p>11:00am: Jewelry Class</p>	<p>14 10:00am: Bean Bag Toss Game</p> <p>10:00am: Gardening Care</p> <p>11:00am: Ageless Grace with Debbie**</p>	<p>15 Walmart*</p> <p>9:30am: Site Council Meeting</p> <p>10:00am: Diabetes Health Presentation</p> <p>11:00am: Bingo</p>	<p>16 10:00am: Sittercise</p> <p>11:00am: Drumming with Peter**</p> <p>11:00am: Table Games</p>	<p>17 Closed</p> <p>10:00am – 1:00pm: Senior Picnic at Pinckneyville Park Medlock Pavilion</p>
<p>20 10:00am: Rummikub Contest</p> <p>10:00am: Scrapbooking</p> <p>11:00am: Gardening Care</p>	<p>21 10:00am: Bowling at Stars and Strikes</p> <p>10:00am: Ceramics</p> <p>11:00am: Ageless Grace with Debbie**</p>	<p>22 Aldi*</p> <p>10:00am: Darts</p> <p>10:00am: Gardening Care</p> <p>11:00am: Bingo</p>	<p>23 10:00am: Trivia</p> <p>11:00am: Music with Steve Chappell</p>	<p>24 10:00am: Tai Chi/Qigong**</p> <p>11:00am: Bingo (Hosted by Discovery Village at Sugarloaf)</p>
<p>27 Closed</p> 	<p>28 10:00am: Become an Eggs-Pert (Nutrition Education) with UGA Extension Gwinnett</p> <p>11:00am: Music with Frank Allen</p>	<p>29 Publix*</p> <p>10:00am: Tell Your Story</p> <p>11:00am: Bingo</p>	<p>30 10:00am: Ring Toss Game</p> <p>10:00am: Rummikub Contest</p> <p>11:00am: Sittercise</p>	<p>31 10:00am – 12:00pm: Older Americans Month Bingo (Second Hour Hosted by WellCare)</p>