

February

Closed February 18
for Presidents Day.

OneStop
Buford

Register at www.GwinnettHumanServices.com.

ACT Practice Test | \$25

Saturday, February 2 from 8:30am to 12:30pm



Build your test-taking stamina, understand the types of questions asked, and subjects you might need to study more. Register for ACT Results for a personalized in-depth analysis. The ACT asks English, math, reading, and science questions. Ages 14 to 18

ACT Results | \$59

Wednesday, February 6 from 7:00pm to 8:00pm

ACT Practice Test participants and their parents receive an individualized review of the participants' test strengths and weaknesses, tips for improvement, and more. Ages 14 to 18

Autism Awareness | Free

Saturday, February 2 from 10:00am to 12:00pm

Gain insight and understanding of the autism spectrum disorder, including how to communicate with and support affected family and friends. Taught in English and Spanish.

Conciencia sobre el Autismo | Gratis

sábado, 2 de febrero de 10:00am a 12:00pm

Obtenga información y comprensión del trastorno del espectro autista, incluye cómo comunicarse con los familiares y amigos afectados y brindarles apoyo. Enseñado en Inglés y Español.

Educación para Compradores de Vivienda | Gratis

sábado, 2 de febrero de 8:30am a 5:00pm

Para registrarse, llame al 866.926.4266. ¡Haga realidad su sueño de ser dueño de una casa! Comprenda el proceso de comprar una casa y reciba asistencia para el pago inicial. Temas que incluye: escala de precios, pre-calificación/pre-aprobación, tasas de interés, préstamos hipotecarios, cierre, costos/pago inicial, asesoría financiera y más. Almuerzo incluido. En asociación con Clearpoint.

Conversational English | Free

Mondays, February 4 to April 29 from 6:30pm to 7:30pm

Practice everyday English in a casual and friendly environment with people from all over the world. Participants must understand basic English. Ages 16+

Dance Fitness | \$20/six consecutive classes (or \$5/class)

Tuesdays and Thursdays, February 5 to April 30 from 6:30pm to 7:30pm

Express yourself as you burn calories to the steps of the salsa, merengue, and bachata. Register for \$20 per six consecutive classes beginning at your convenience (more information online) or for \$5 per class (specific dates online).

English as a Second Language | Free (drop in)



Improve your English with skilled teachers. Learn language for daily conversation, job searching, citizenship, and more. You may take a placement test to determine your fluency. In partnership with the Center for Pan Asian Community Services. Ages 18+

Basic

Tuesdays and Thursdays, February 5 to March 21 from 9:30am to 12:30pm

Level I

Mondays and Wednesdays, February 4 to March 20 from 9:30am to 12:30pm or 6:00pm to 9:00pm

Level II

Tuesdays and Thursdays, February 5 to March 21 from 9:30am to 12:30pm or 6:00pm to 9:00pm

Level III

Mondays and Wednesdays, February 4 to March 20 from 9:30am to 12:30pm or 6:00pm to 9:00pm

Gamblers Anonymous | Free (drop in)

Tuesdays, February 5 to April 30 from 6:30pm to 8:30pm

There is hope. Join the 12-step program that nurtures spiritual and emotional growth and recovery, and share experiences, strength, and support. New participants welcome.

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Public Speaking | (drop in)

Tuesdays, February 5 to February 26
from 6:30pm to 7:45pm

Keep your audience on the edge of their seats. Learn how to overcome your fear, become a better public speaker, deliver great presentations, lead teams effectively, and receive constructive evaluations. Membership fees may apply. For more information, email toastmasters.buford@gmail.com. In partnership with Toastmasters International. Ages 18+

Danzas Nacionalistas | \$20

miércoles, 6 de febrero al 27 de febrero
de 6:30pm a 7:30pm

Celebre la cultura y tradición venezolana aprendiendo "Así es Mi Tierra," una danza nacional con ritmos latinos y pasos folklóricos. Los participantes serán agrupados por edad.

Girl Scouts | Free (drop in)

Thursdays, February 7 to April 18
from 4:30pm to 5:30pm

Unleash the G.I.R.L. (Go-Getter, Innovator, Risk-Taker, Leader) in you and join Girls Scouts Troop #1843. This leadership development program focuses on identifying and solving community problems, forming and maintaining healthy relationships, developing strong identities, and more. For more information, call Nikeva Brown at 678.458.0776 or email flurishtutoring@yahoo.com. Ages 8 to 11



Heal. Love. Live. | Free

Thursdays, February 7 to April 11
from 7:30pm to 8:45pm

Sexual assault affects millions of Americans. Survivors can receive resources, support, and guidance to begin their journey toward emotional healing. In partnership with Earnest Love.

Oil Painting | \$120

Fridays, February 1 to February 22
Ages 18+: 11:00am to 1:00pm

Ages 14+: 3:00pm to 5:00pm

Can you paint with all the colors of the wind? If not then come learn how from Art Instructor Janet of Tannery Row Artist Colony. Bring materials and a picture for inspiration.

Soulmate Soiree | \$15/person

Friday, February 15 from 6:30pm to 9:30pm



Treat your valentine to a romantic date night of Italian food and dancing. Free childcare (ages 6 to 12) provided to the first five registered couples (two children maximum per couple). To request childcare, call the center by February 5. Kids will enjoy pizza, punch, and a movie. Ages 18+

Budgeting Basics | Free

Wednesday, February 20 from 10:00am to 12:00pm

Discover the five key steps to developing a solid family or personal budget, including the value of a checking account, tools to help you save money, and how to establish credit.

Cocinando para toda la Vida | Gratis

viernes, 22 de febrero de 12:00pm a 2:00pm

Reduzca su riesgo de desarrollar cáncer al enfocarse en la prevención y los hábitos alimenticios saludables. Aprenda sobre las pruebas de detección del cáncer de mama y cervical, reciba información sobre nutrición y disfrute de una demostración de cocina en vivo. Para participantes sin seguro médico. Edades 21 a 64

Coffee Time | Free

Friday, February 22 from 10:00am to 2:00pm

Ladies brunch out! If you recently moved to Gwinnett County, meet other women also new to the area, share your experiences, and receive resources.

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OneStop Centerville

Register at www.GwinnettHumanServices.com.

Low Income Energy Assistance Program (LIHEAP) | Free

Apply for financial assistance with energy bills. Eligibility criteria and required documentation available online. For more information, including making an appointment at OneStop Centerville, visit www.pcaction.org. In partnership with Partnership for Community Action.



Chair Tai Chi | \$6 (first class free)

Fridays, February 1 to February 22
from 1:30pm to 2:30pm

Improve your balance and fall prevention with this slow-paced workout that offers functional mobility, gait, strength, cognition, balance, and quality of life benefits. Ages 50+

Heart & Soul Line Dance | \$28 (or \$16/class)

Saturdays, February 2 and February 16 from 10:00am to 12:00pm

Move to the rhythm and soul with this easy-to-follow and low-impact workout that can help improve your confidence, balance, and health. Ages 21+

Black History Month Exhibit | Free (drop in)

Mondays to Fridays, February 4 to March 1 from 9:00am to 5:00pm

Take a self-guided tour of displays that celebrate African Americans' achievements and recognize their role in United States history.



Valentine Hat | \$7/child

Monday, February 4
from 11:00am to 12:00pm

Spark your little one's imagination with some creative play and take home their work of art! Craft uses card stock and pipe cleaners. Materials included. Parent/guardian participation required. Ages 0 to 5

AARP Foundation Tax-Aide | Free (drop in)

Tuesdays and Thursdays, February 5 to April 11
from 9:00am to 12:00pm

Don't feel burdened filing your taxes. Let certified volunteers prepare your federal and state income tax returns. First come, first served. For necessary documentation, visit <http://bit.ly/IRSDOCS>. Ages 18+

Soil Preparation | Free

Wednesday, February 6 from 6:30pm to 7:30pm

Gardeners have the best thyme! Exercise your green thumb and gather some tips and tricks to make your garden thrive. Ages 18+

Volunteer Income Tax Preparation | Free

Wednesdays, February 6 to April 10 from 9:00am to 3:00pm

To make an appointment, call the center. Don't feel burdened filing your taxes. Let certified volunteers prepare your federal and state income tax returns. Your 2017 household income must not have exceeded \$54,000. For necessary documentation, visit <http://bit.ly/IRSDOCS>. Ages 18+

Osteoporosis Tai Chi | \$20

Thursdays, February 7 to February 28
from 10:00am to 11:00am

Improve your balance and coordination and build your muscular strength and stamina to help prevent falls and injuries. Ages 18+

Public Speaking | \$1 (drop in)

Thursdays, February 7 to February 28 from 7:00pm to 9:00pm

Keep your audience on the edge of their seats. Learn how to overcome your fear, become a better public speaker, deliver great presentations, lead teams effectively, and receive constructive evaluations. In partnership with the Toastmasters of Centerville. Ages 18+

Tai Chi | \$20

Thursdays, February 7 to February 28 from 7:15pm to 8:15pm

Fight stress without effort with these simple stretches, body movements, and breathing techniques that can help improve balance, strength, mobility, and quality of life. Ages 18+

Writers Group | \$1/class (drop in)

Thursdays, February 7 and February 21 from 10:00am to 12:00pm

To be critiqued, or not to be critiqued? Share your written story, poem, or piece of any genre for an encouraging review of your work, as well as publishing tips. In partnership with the Centerville Writers Group. Ages 18+



Jazz Night Out | Free

Friday, February 8 from 7:00pm to 8:15pm

Celebrate Valentine's Day with your significant other or group of friends with a jovial evening of live jazz music featuring a locally favored saxophonist. Limited seating. Ages 50+

Scrabble | \$1 (drop in)

Saturday, February 9 from 10:00am to 12:00pm

It's all fun and games until you lose an "I." Test your vocabulary knowledge while making new friends. In partnership with the Atlanta Scrabble Club. Ages 18+

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GED Prep | \$20

Mondays and Wednesdays, February 11 to April 8
from 6:00pm to 8:30pm



Ace your exam with in-depth instruction in mathematics, language arts, science, and social studies. You will test to determine your level of competency and an effective learning strategy. Instructional manual and TI-30XS calculator provided in class with option to purchase. Ages 18+

Chat & Chill | \$10

Thursday, February 14 from 5:00pm to 7:30pm

Discuss and receive guidance on contemporary adult challenges. Topic: life choices and emotional wellness. Ages 13 to 19

Knitting Guild | Free (drop in)

Thursday, February 14 from 7:00pm to 9:00pm

Unwind with these gurus who invite all experience levels. Membership fees may apply. For more information, call 770.413.6171 or email clicksandsticks@gmail.com. In partnership with Clicks and Sticks Knitting Guild. Ages 18+

Parkinson's Support | Free

Thursday, February 14 from 10:00am to 11:30am

Approximately one million people live with this disease according to the Parkinson's foundation. Join this supportive group to share information and experiences.

Coffee & Kinship | Free

Tuesday, February 19 from 11:30am to 12:30pm

Meet fellow grandparents and relatives raising children to strengthen your support network, share information and experiences, and gain resources. Children welcome.



Smart Driver | \$20 (\$15 for AARP members)

Tuesday, February 19 from 9:30am to 4:00pm

Take advantage of safety driving techniques and learn how to adjust to changes in vision, hearing, and reaction time as you age. This test-free course may also earn you a discount on your automobile insurance. Valid driver's license required.

Trees & Shrubs | Free

Wednesday, February 20 from 6:30pm to 7:30pm

Gardeners have the best thyme! Exercise your green thumb and gather some tips and tricks to make your garden thrive. Ages 18+

Black History: The Arts | Free

Thursday, February 21 from 6:30pm to 8:00pm

Appreciate African American art, poetry, and music featuring local artists and enjoy a live poetry reading in honor of Black History Month.

Red Hat Society | Free (drop in)

Thursday, February 21 from 7:00pm to 8:30pm

If fun, fellowship, and friendship is your forte then join the Cayenne Peppers of Centerville! Membership fees may apply. For more information, call Chapter Queen Ivette Gonzalez-Perez at 404.242.2426. Ages 50+

Championship Chess | \$55

Saturdays, February 23 to March 30 from 9:00am to 10:00am

Checkmate! Bring out your competitive side while enhancing your math, reading, and problem-solving comprehension. Put your skills to the test in the tournament on the last day. Ages 7 to 14



Math Tutoring | \$59

Mondays, February 25 to March 18
from 6:00pm to 7:00pm

Improve your math skills in a fun and engaging learning environment. Based on the Academic Knowledge and Skills (AKS) curriculum. Ages 8 to 12

Rapid HIV Testing | Free (drop in)

Monday, February 25 from 5:30pm to 7:00pm

Complete a confidential test without an appointment and receive your results within 20 minutes. For more information, call 678.990.6430 or visit www.positiveimpacthealthcenters.org. In partnership with Positive Impact Health Centers.

Blood Drive | Free

Thursday, February 28 from 3:15pm to 7:15pm

To make an appointment, use sponsor code "cenc" online. Give the gift of life. Receive free juice and cookies, and discounts from various retailers. Appointments encouraged, but walk-ins welcome. Bring a photo ID. For more information, including donation requirements, call 1.800.RED.CROSS or visit www.redcrossblood.org. In partnership with the American Red Cross. Ages 17+

Read with Me | \$59

Thursdays, February 28 to March 21 from 6:00pm to 7:00pm

Develop your reading comprehension, including in both fiction and nonfiction. Based on the Academic Knowledge and Skills (AKS) curriculum. Ages 8 to 10

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Gamblers Anonymous | Free (drop in)

Mondays, February 4 to April 29 from 6:30pm to 8:30pm

There is hope. Join the 12-step program that nurtures spiritual and emotional growth and recovery, and share experiences, strength, and support. New participants welcome. For more information, call the Program Leader at 678.234.5648.

Tax Assistance | Free (drop in)

Tuesdays and Thursdays, February 5 to April 11 at 9:00am

Don't feel burdened filing your taxes. Let certified volunteers prepare your federal and state income tax returns. First come, first served. For more information, including required documentation, visit <http://bit.ly/AARPDOCS>. In partnership with certified AARP Foundation Tax-Aide volunteers.

Citizenship Clinic | Free (drop in)

Wednesday, February 6 from 10:00am to 12:00pm

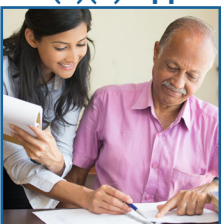
Qualified legal representatives can help you complete your U.S. citizenship application. Filing fees waived for eligible applicants. For more information, call 404.890.5655. In partnership with Asian Americans Advancing Justice.

Nonprofit Startup | \$25

Thursday, February 7 from 6:30pm to 8:30pm

Turn your passion into a career! Learn key detailed steps to file for incorporation.

501(c)(3) Application Aid | \$50



**Saturday, February 9
from 8:00am to 12:00pm**

Receive line-by-line instruction to complete Form 1023, as well as a sample four-year budget and articles of incorporation/formation, bylaws, and conflict of interest policy templates.

"A Time for Justice" | Free

**Saturdays, February 9 or February 23
from 2:00pm to 4:00pm**

View this short award-winning documentary and participate in a discussion afterwards in honor of Black History Month. The film provides firsthand footage and testimony of those who fought for freedom and equality during the civil rights movement. Refreshments included.

Math Tutoring | Free

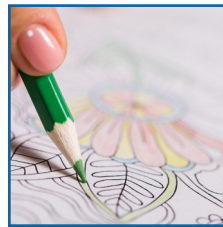
**Saturdays, February 9 and February 23
from 2:00pm to 4:00pm**

It's the only subject that counts! Let GUIDE students help you refine your math skills. Bring class notes and homework. Ages 5 to 18

Heart Awareness | Free (drop in)

Thursday, February 14 from 2:00pm to 5:00pm

Give a little love to your ticker during American Heart Month by receiving a blood pressure screening and valuable heart health information.



Color Me Happy | \$20

**Thursday, February 21
from 6:30pm to 8:30pm**

Relax, de-stress, and embrace your inner child with a fun and sociable time! Two coloring pages, supplies, and light refreshments included. Ages 21+

Smart Driver | \$20 (\$15 for AARP members)

Thursday, February 21 from 9:30am to 4:00pm

Take advantage of safety driving techniques and learn how to adjust to changes in vision, hearing, and reaction time as you age. This test-free course may also earn you a discount on your automobile insurance. Valid driver's license required.

Bullying Prevention | \$10

Saturday, February 23 from 10:00am to 12:00pm

Bullying stops in 10 seconds more than half of the time when bystanders intervene according to stopbullying.gov. Learn about the different forms of bullying and social aggression and how to identify, stop, and prevent it in this simulation.

Rapid HIV Testing | Free (drop in)

Thursday, February 28 from 6:30pm to 7:30pm

Complete a confidential test without an appointment and receive your results within 20 minutes. For more information, call 678.990.6430 or visit www.positiveimpacthealthcenters.org. In partnership with Positive Impact Health Centers.