

# OLDER AMERICANS MONTH

Connect, Create, Contribute  
May 2019



CONNECT, CREATE, CONTRIBUTE MAY 2019

## Proclamation

May 7 | 2:00pm – 3:00pm  
Gwinnett Board of Commissioners Meeting  
Gwinnett Justice and Administration Center  
75 Langley Drive | Lawrenceville



## Ribbon Cutting

May 8 | 12:00pm – 2:00pm  
Join us for the Grand Re-Opening  
of the newly renovated Norcross  
Senior Center.

## Tai Chi

Chair Tai Chi (\$10)  
OneStop Centerville  
Fridays | May 3 – May 31  
1:30pm – 2:30pm

Osteoporosis Tai Chi (\$20)  
OneStop Centerville  
Thursdays | May 2 – May 23  
10:00am – 11:00am

## Nutrition & Fitness

Walk-a-Weigh (\$10)  
Bethesda Park Senior Center  
May 1 – May 23  
10:00am – 11:00am

## Social Events

*Bethesda Park Senior Center*  
Lawrenceville • 678.277.0179

Cutting up with Cards  
(\$4/Person & \$2 Supply Fee)  
May 2 | 1:00pm – 2:00pm

Movin' & Groovin' Line Dance  
Party (\$8 in Advance)  
May 10 | 6:00pm – 8:00pm

Connect, Create, Contribute  
Movie Matinee (\$2)  
May 20 | 2:00pm – 4:00pm

Fun for all Variety Show (FREE)  
May 22 | 1:00pm – 2:30pm

*Prime Timers Point*  
at George Pierce Park  
Suwanee • 678.277.0910

Hawaiian Luau  
Luncheon (\$12)  
May 17 | 11:00am – 1:00pm

Going Once! Going Twice!  
Penny Auction (FREE)  
May 23 | 10:00am – 12:00pm

## Community Health Fair

George Pierce Park  
Community Recreation Center  
May 11 | 10:00am – 1:00pm

For class registration and information: [www.GwinnettHumanServices.com](http://www.GwinnettHumanServices.com)