

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>1</b>  <b>9:00am</b>                      – Farmer’s Market trip  <b>9:30am</b>                      – Cardio (Evie)  <b>11:00am</b>                      – Trivia Time</p>	<p><b>2</b>  <b>9:45am</b>                      – Qi Gong  <b>10:30am</b>                      – Pastel Heart art project  <b>10:45am</b>                      – Bingo</p>	<p><b>3</b>  <b>9:30am</b>                      – Grocery shopping  <b>10:00am</b>                      – Meditation with Huy  <b>11:00am</b>                      – Cardio (Diane)</p>
<p><b>6</b>  <b>9:30am</b>                      – Meditation with Huy                      – Pastel Heart art project  <b>11:00am</b>                      – Chair Yoga</p>	<p><b>7</b>  <b>9:30am</b>                      – Cardio (Evie)  <b>10:15am</b>                      – Collage on canvas  <b>10:45am</b>                      – Bingo                      – Men’s Group (new)</p>	<p><b>8</b>  <b>9:00am</b>                      – Bowling  <b>9:30am</b>                      – Cardio (Evie)  <b>10:15am</b>                      – Movie (dining room)                      – Cards (activity room)</p>	<p><b>9</b>  <b>9:45am</b>                      – Qi Gong  <b>10:15am</b>                      – Drawing class  <b>11:00am</b>                      – ASK with Bethany  <b>1:30pm</b>                      – Cooking class</p>	<p><b>10</b>  <b>9:30am</b>                      – Cardio (Evie)  <b>10:15am</b>                      – Grocery shopping  <b>11:15am</b>                      – Black History Month presentation</p>
<p><b>13</b>  <b>9:15am</b>                      – Collage on canvas  <b>9:45am</b>                      – Drumming with Peter  <b>11:00am</b>                      – Chair Yoga</p>	<p><b>14</b>  <b>9:30am</b>                      – Cardio (Evie)  <b>10:15am</b>                      – Jewelry class  <b>11:00am</b>                      – Valentine’s Day Party</p>	<p><b>15</b>  <b>9:00am</b>                      – Field trip (TBD)  <b>9:30am</b>                      – Cardio (Evie)  <b>11:00am</b>                      – Color Me Calm</p>	<p><b>16</b>  <b>9:45am</b>                      – Qi Gong  <b>10:15am</b>                      – Drawing class  <b>10:45am</b>                      – Bingo</p>	<p><b>17</b>  <b>9:30am</b>                      – Grocery shopping  <b>10:00am</b>                      – Meditation with Huy  <b>11:00am</b>                      – Cardio (Diane)</p>
<p><b>20</b>  <b>President’s Day Holiday</b>   <b>Center is closed</b></p>	<p><b>21</b>  <b>9:30am</b>                      – Cardio (Evie)  <b>10:15am</b>                      – Jewelry class  <b>11:00am</b>                      – Safety with Officer Greene</p>	<p><b>22</b>  <b>9:00am</b>                      – Bowling  <b>9:30am</b>                      – Cardio (Evie)  <b>11:00am</b>                      – Trivia Time</p>	<p><b>23</b>  <b>9:30am</b>                      – Meditation  <b>10:00am</b>                      – Drawing class  <b>10:45am</b>                      – Bingo  <b>1:30pm</b>                      – Cooking class</p>	<p><b>24</b>  <b>9:30am</b>                      – Cardio (Evie)  <b>10:30am</b>                      – Grocery shopping  <b>11:00am</b>                      – Art class                      – Cards/Games</p>
<p><b>27</b>  <b>9:45am</b>                      – Drumming with Peter                      – Shopping at D.D.’s  <b>11:00am</b>                      – Chair Yoga</p>	<p><b>28</b>  <b>9:00am</b>                      – Leatherwork class  <b>9:30am</b>                      – Cardio (Evie)  <b>10:45am</b>                      – Bingo</p>			