

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>New Year's Day holiday</p> <p>Center is closed</p>	<p>3</p> <p>9:30am – Cardio (Evie)</p> <p>10:15am – Trivia Time</p> <p>11:00am – Safety with Officer Greene</p>	<p>4</p> <p>9:30am – Cardio (Evie)</p> <p>10:00am – Color Me Stress Free</p> <p>10:45am – Bingo</p>	<p>5</p> <p>9:30am – Qi Gong with George</p> <p>11:00am – Music with Frank Allen</p>	<p>6</p> <p>9:30am – Grocery shopping</p> <p>10:00am – Jewelry class</p> <p>11:00am – Cardio (Diane)</p>
<p>9</p> <p>9:45am – Drumming with Peter</p> <p>– Art Deco painting</p> <p>11:00am – Chair Yoga</p>	<p>10</p> <p>9:30am – Cardio (Evie)</p> <p>10:15am – Winter Angel painting</p> <p>10:45am – Bingo</p> <p>1:30pm – Cooking class</p>	<p>11</p> <p>9:00am – Bowling</p> <p>9:30am – Cardio (Evie)</p> <p>10:15am – Movie (dining room)</p> <p>– Cards (activity room)</p>	<p>12</p> <p>9:30am – Qi Gong with George</p> <p>10:15am – Make Soap!</p> <p>11:00am – ASK with Bethany</p>	<p>13</p> <p>9:30am – Cardio (Evie)</p> <p>10:30am – Grocery shopping</p> <p>11:00am – MLK Day presentation</p>
<p>16</p> <p>Martin Luther King, Jr. Day holiday</p> <p>Center is closed</p>	<p>17</p> <p>9:30am – Cardio (Evie)</p> <p>10:15am – Jewelry class</p> <p>11:00am – Nutrition with Kim</p>	<p>18</p> <p>9:00am – Trip to High Museum</p> <p>9:30am – Cardio (Evie)</p> <p>11:00am – Trivia Time</p>	<p>19</p> <p>9:30am – Qi Gong</p> <p>10:15am – Sand Candles</p> <p>11:00am – Bingo</p>	<p>20</p> <p>9:30am – Shopping</p> <p>10:00am – Jewelry class</p> <p>11:00am – Cardio (Diane)</p>
<p>23</p> <p>9:45am – Drumming with Peter</p> <p>– Winter Angel painting</p> <p>11:00am – Chair Yoga</p>	<p>24</p> <p>9:30am – Cardio (Evie)</p> <p>10:15am – Jewelry class</p> <p>11:00am – Health with Dr. Hogan</p> <p>1:30pm – Cooking class</p>	<p>25</p> <p>9:00am – Bowling</p> <p>9:30am – Cardio (Evie)</p> <p>11:00am – Reminiscing the 1960's</p>	<p>26</p> <p>9:00am – Be There 4 Seniors Rally</p> <p>9:30am – Qi Gong</p> <p>11:00am – Bingo</p>	<p>27</p> <p>9:30am – Cardio (Evie)</p> <p>10:30am – Grocery shopping</p> <p>11:00am – Crafts: Pick a Project</p>
<p>30</p> <p>9:45am – Lunar New Year Celebration</p> <p>11:00am – Chair Yoga</p>	<p>31</p> <p>9:30am – Cardio (Evie)</p> <p>10:15am – Drawing class</p> <p>10:45am – Bingo</p>			