

GWINNETT HEALTH & HUMAN SERVICES

OneSTOP

Connecting services to a vibrant community

NOVEMBER & DECEMBER

Educational
Recreational
Wellness



YOUR SAFETY IS OUR PRIORITY

Hours and activities may be limited;
call individual facilities for details.



Gwinnett

TABLE OF CONTENTS

OneStop Buford	2
OneStop Centerville	3
OneStop Norcross	4
Senior Services	6

Gwinnett County

Board of Commissioners

Charlotte J. Nash | Chairman
Jace W. Brooks | District 1
Ben Ku | District 2
Tommy Hunter | District 3
Marlene M. Fosque | District 4
Glenn Stephens | County Administrator
Maria Woods | Deputy County Administrator

Transit System



Use your local bus service and track it in real time! Download the myStop Mobile app or visit MyGCTransit.com.

Apply for Senior Services

Call In

Information and Assistance: 678.377.4150

Register for Activities

Click In

GwinnettHumanServices.com

Call In

OneStop Buford: 678.225.5360
OneStop Centerville: 678.277.0228
OneStop Norcross: 678.225.5400

Come In

OneStop Buford: 2755 Sawnee Avenue
OneStop Centerville: 3025 Bethany Church Road
OneStop Norcross: 5030 Georgia Belle Court

Disclaimers

Fees, availability, services, and activities subject to change without prior notice. Gwinnett County reserves the right to photograph and videotape activities and facilities for promotional purposes.

Registration Guidelines

Fees

Non-Gwinnett resident fee double for all activities (\$20 additional maximum).

Refunds

Activities may be postponed or canceled due to Gwinnett County's COVID-19 response. Staff will contact you for rescheduling or refunding options in the event of cancellations.

Health & Human Services

Holiday Closings

Facilities will close November 11 for Veterans Day, November 26 and November 27 for Thanksgiving, and December 24 and December 25 for Christmas.

Mission

Health and Human Services partners with the community to provide and connect service opportunities that help improve the health and well-being of a growing and diverse Gwinnett County.

Administration

Blake Hawkins | Deputy Department Director
770.822.8846 | Blake.Hawkins@GwinnettCounty.com

Regina Miller | Division Director
770.822.8832 | Regina.Miller@GwinnettCounty.com

Joi Brown | Human Services Manager
678.377.6720 | Joi.Brown@GwinnettCounty.com

Brittney Dickey | Human Services Manager
678.377.6721 | Brittney.Dickey@GwinnettCounty.com

Make a Difference

Volunteer

Participate in one-time or ongoing individual or group opportunities. Search and apply for current events and projects at VolunteerGwinnett.net.

Stay Up to Date

E-Subscribe

Enter your email address online to receive e-notifications when a new edition becomes available in both electronic and print.

Say hello, Gwinnett

What's this?

Well, as Gwinnett County rebranded, reflecting our growing diverse and vibrant community, so have we! Instead of the OneSTOP, look out for the new InGwinnett – an improved and inclusive modern guide where you can get to know Community Services and explore all that we offer...in Gwinnett!

Animal Welfare & Enforcement

Health & Human Services | Live Healthy Gwinnett

Parks & Recreation | UGA Extension Gwinnett

Volunteer Gwinnett | Voter Registrations & Elections



Coming 2021!

OneStop Buford

Monday – Friday | 8:00am – 5:00pm

678.225.5360

OneStopBuford@GwinnettCounty.com
2755 Sawnee Avenue | Buford



OneStop & Senior Services | Buford Health Center | View Point Health



Educational LANGUAGE

English as a Second Language (ESL) | Ages 18+ | FREE

Drop in! Become a self-sufficient resident by improving your English reading, speaking, and writing skills. Feel comfortable using language for daily conversation, job searching, citizenship, and more. You may take a placement test to determine your fluency. Taught by the Center for Pan Asian Community Services (CPACS).

- **Basic:** Mondays and Wednesdays | November 2 – December 30 | 9:30am – 12:30pm
- **Level I:** Tuesdays and Thursdays | November 3 – December 31 | 9:30am – 12:30pm
- **Level II:** Mondays and Wednesdays | November 2 – December 30 | 9:30am – 12:30pm/6:00pm – 9:00pm
- **Level III:** Tuesdays and Thursdays | November 3 – December 31 | 9:30am – 12:30pm/6:00pm – 9:00pm
- **Level IV:** Mondays and Wednesdays | November 2 – December 30 | 9:30am – 12:30pm

WORKSHOPS

Homebuyer Education | Ages 18+ | FREE

Saturday | November 7 | 9:00am – 5:00pm

Make your dream of owning a home a reality! Educate yourself on the homebuying process, including preparing your credit, determining an affordable price, paying closing costs and receiving down payment assistance, choosing a loan that's right for you, becoming a successful homeowner, and more. Taught by Clearpoint. Call 866.926.4266 to register.

Recreational MARTIAL ARTS

Tae Kwon Do | All Ages | \$120/Session

Mondays and Wednesdays | December 7 – January 20 | 5:00pm – 6:00pm/6:00pm – 7:00pm

This Korean martial art offers so much more than just kicking, punching, and colorful belts. It also teaches important life skills, such as character, respect, confidence, discipline, and focus in an exciting and energetic environment. Taught by Success Martial Arts. Visit our website or call us to register.

Wellness

SUPPORT GROUPS

Virtual: Gamblers Anonymous | Ages 16+ | FREE

Tuesdays | November 3 – December 29 | 7:00pm – 9:00pm

There is hope. Join the 12-step program that nurtures spiritual and emotional growth and recovery, and share experiences, strength, and support. Led by volunteers. Call us for more information.

Virtual: Gamblers Anonymous for Family & Friends | Ages 16+ | FREE

Tuesdays | November 3 – December 29 | 7:00pm – 9:00pm

Feel welcomed and supported in understanding and recovering from your loved one's addiction. Led by volunteers. Call us for more information.

OneStop Centerville

Monday – Friday | 8:00am – 5:00pm

678.277.0228

OneStopCenterville@GwinnettCounty.com

3025 Bethany Church Road | Snellville



OneStop & Senior Services | Gwinnett County Public Library

Events

Reindeer Cookies | Ages 5 – 8 | \$10/Child

Saturday | December 12 | 10:00am – Noon

Oh deer, winter's already here! Stay warm by staying inside and decorating your own cookies and snacks as you discover interesting facts all about reindeer! Parents/guardians must accompany children. Visit our website or call us to register.

Educational

LANGUAGE

Virtual: Beginning Spanish | Ages 18+ | \$65/Session

It's one of most commonly spoken languages in the world. Learning Spanish can help you stand out in a competitive job market, feel comfortable traveling, appreciate international fine arts, make new friends, improve your English and cognitive skills, and more. Taught by Grisel Amargos. Visit our website or call us to register.

- **Level I:** Saturdays | November 7 – December 12 | 9:00am – 10:00am
- **Level II:** Saturdays | November 7 – December 12 | 10:00am – 11:00am

Recreational

CLUBS

Kids Night Out | Ages 6 – 11 | \$10/Day

Fridays | November 20/December 4/December 18 | 6:00pm – 9:00pm

Hey parents, how would you like some child-free time to treat yourself, go holiday shopping, or just simply relax? Well, we've got you! Enjoy a night off as your kiddos enjoy a night out, making friends, playing games, creating crafts, and so much more. Visit our website or call us to register.

CRAFTS

Christmas Centerpiece | Ages 18+ | \$15

Saturday | November 7 | 11:00am – 12:30pm

Have yourself a merry little Christmas centerpiece! Craft a unique table display that will accent your holiday decor and capture the beauty of this joyous holiday. Visit our website or call us to register.



Crafts Around the World | Ages 6 – 10 | \$10/Child

Saturday | November 14 | 2:00pm – 3:30pm

Making spirits bright...one craft at a time! Have a jolly good time exploring holidays celebrated around the world and creating crafts inspired by other traditions. Parents/guardians must accompany children. Visit our website or call us to register.

OneStop Norcross



Route 20: Stop 376 or 377

Monday – Friday | 8:00am – 5:00pm

678.225.5400

OneStopNorcross@GwinnettCounty.com
5030 Georgia Belle Court | Norcross



OneStop & Senior Services | Gwinnett County Tag Office | Ninth District Opportunity Head Start/Pre-K
Norcross Health Center | Right from the Start Medical Assistance Group | View Point Health

Events

Harvest Cookies | Ages 5+ | \$4/Child

Saturday | November 14 | 10:00am – Noon

Wobble as you gobble! Discover how to make homemade cookies and decorate your own take-home batch to share with all of your loved ones this thankful season. Parents/guardians must accompany children. Light refreshments included. Visit our website or call us to register.

Hot Cocoa & Snow | Ages 5+ | \$4/Child

Saturday | December 12 | 10:00am – Noon

Warm right up sipping on some warm chocolately goodness as you explore how snowflakes form both in nature and on paper, crafting your own special paper snowflake ornaments! Parents/guardians must accompany children. Light refreshments included. Visit our website or call us to register.

Wellness

SUPPORT GROUPS

Virtual: Gamblers Anonymous | Ages 16+ | FREE

Mondays | November 2 – December 28 | 6:30pm – 8:30pm

There is hope. Join the 12-step program that nurtures spiritual and emotional growth and recovery, and share experiences, strength, and support. Led by volunteers. Call 678.234.5648 for more information.

Donate Today

Become a senior's best friend!

Your contribution can help provide seniors:
Emergency assistance ♥ Food security
Home repair/safety ♥ Transportation

FriendsOfGwinnettSeniors.org



501(c)(3) Nonprofit
All donations are
tax deductible.



Virtual: Senior Matters

Free!

Thursday, November 19 | 10:30am
Thursday, December 17 | 10:30am

Let's stay connected!

Join us for an interactive call that provides beneficial information and resources for our Gwinnett seniors.

Register today!

GwinnettHumanServices.com | 770.822.8880

SENIOR SERVICES

678.377.4150

Senior Assistance

Are you over 60 and facing hunger, health, or mobility issues? We can help.

Asistencia para la Tercera Edad

¿Tiene más de 60 años y enfrentas problemas de hambre, salud o movilidad? Podemos ayudarte.

시니어를 위한지원 프로그램

60세 이상으로 식량, 건강 또는 이동 문제와 관련된 어려움이 있으십니까?
저희가도와드리겠습니다.



Senior Services

Monday – Friday | 8:00am – 5:00pm

678.377.4150

GwinnettSeniorServices@GwinnettCounty.com
567 Swanson Drive | Lawrenceville



Call 678.377.4150 to apply today!



About Us

Senior Services, a section of Gwinnett County Health and Human Services, helps Gwinnett County residents age 60 or older (or their spouses) enhance their quality of life and maintain their independence through education, support, referrals, and free or low-cost services.

Seniors must apply and qualify for services, which may have waiting lists. However, seniors who demonstrate economic need, social need, or frailty/institutional risk may receive priority. Seniors who do not qualify for services may receive information and referrals as applicable.

Application Process

A Care Manager will conduct an initial assessment that collects information to evaluate the senior's situation, functioning, and needs. Seniors who qualify for available services work with their caregiver(s) and Care Manager to develop an individualized care plan. The Care Manager reassesses the senior after 60 days and annually (or more frequently based on any changes) to evaluate if those services still meet the senior's needs.

Care Management

Our Care Managers use a strength-based and collaborative approach that strives to help seniors:

- Develop a care plan that capitalizes on their remaining strengths.
- Build and strengthen their family and community support.
- Educate and support them and their caregiver(s).
- Enable them to remain in the most appropriate and safest environment.
- Identify and enhance their knowledge, skills, and assets.
- Increase and improve their access to and quality of service.
- Maintain their independence and dignity.

Senior Services

Centers

Seniors receive services and participate in activities that support their independence, enhance their dignity and quality of life, meet their diverse needs and interests, reflect their experience and skills, and encourage community involvement and socialization. Services may include transportation to and from the centers and breakfast and lunch. Activities may include educational and fitness classes, arts and crafts, recreational interests, volunteering, day trips, basic haircutting, and more. Optional activities and day trips may require minimal fees.

- **Buford Senior Center** | 678.225.5367 | 2755 Sawnee Avenue, Buford
- **Centerville Senior Center** | 678.277.0230 | 3075 Bethany Church Road, Snellville
- **Lawrenceville Senior Center** | 678.277.0970 | 225 Benson Street, Lawrenceville
- **Norcross Senior Center** | 678.225.5430 | 5030 Georgia Belle Court, Norcross
- **Grayson Satellite Congregate Senior Program** | 678.232.8556 | 485 Grayson Parkway, Grayson
- **Snellville Satellite Congregate Senior Program** | 678.232.9448 | 2500 Sawyer Parkway, Snellville



In Home

Caregiving

Caregivers of seniors who cannot fully care for themselves receive up to four hours of temporary relief every week depending on their care plan. Services may include personal care, light housekeeping, simple meal preparation, and social or leisure activities. Clients pay an income-based cost share.

Homemaking

Homebound seniors who cannot fully care for themselves receive one to two hours of service every other week depending on their care plan. Services may include light housekeeping and home management activities. Clients pay an income-based cost share.

Home-Delivered Meals

Homebound, ill, or incapacitated seniors who cannot prepare their own meals receive a dietitian-approved five-day supply of nutritious frozen meals. Clients may give contributions.

Transportation

Door-through-Door

Seniors and disabled adults (age 18 and older) who need assistance to and from the vehicle receive transportation for scheduled non-emergency medical appointments or non-medical activities. Riders pay a mileage-based fee.

Curb-to-Curb

Seniors who do not need assistance to and from the vehicle receive transportation inside Gwinnett County for scheduled non-emergency medical appointments. Riders pay an income-based cost share.