## GuidanceResources® Connect to Care

## Anytime Access to EAP Services

GuidanceResources<sup>®</sup> Online makes it easy to get the counseling, work-life or other support you need, whenever you need it, from your home, office or anywhere else you have computer access. All it takes is three easy steps.

- Just log on to guidanceresources.com using your user name and Gwinnett for the Web ID.
- Find the "Connect to Care" menu at the top of the homepage to guide you to 24/7 live support.
- Choose how you want to connect. It's that simple.



Talk with an Expert Connect with a GuidanceConsultant<sup>SM</sup> 24/7



Find a Therapist with GuidanceConnect<sup>™</sup> Find a therapist and book your appointment through GuidanceConnect<sup>™</sup>



Work-Life Services Find resources on child and elder care, legal, financial and work-life resources



Send a Question Send us an email



Chat Chat live with one of our GuidanceConsultants<sup>™</sup>

## Easy Access

Whether you're looking for in-person, telephone, or video counseling, need assistance with a work-life issue, or are seeking other services provided by your Employee Assistance Program, you can find it here. Check it out today at <u>guidanceresources.com</u>.







24/7 Live Assistance: Call: 866.365.0817 TRS: Dial 711



Online: guidanceresources.com App: GuidanceNow<sup>™</sup> Web ID: Gwinnett



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