

Having trouble viewing this email? [Click here](#)

You're receiving this email because of your interest in information about Gwinnett County. Don't forget to add gccommunications@gwinnettcountry.com to your address book so we'll land in your inbox!

You may [unsubscribe](#) if you no longer wish to receive our emails.



February 26, 2013

[This Week](#)
[Next Week](#)
[Future Events](#)

Mark your calendar!

Gwinnett County Government hosts many events, classes, and workshops for its residents. See these great events and more at www.gwinnettcountryevents.com.

This Week

Nutrition program: Avoiding Heart Disease

February 27 from 2:00pm to 3:00pm. Seniors are invited to learn about reducing the three risk factors that impact the prevalence of heart disease and stroke: excess body weight, high blood cholesterol, and high blood pressure. The program will be held in the Snellville Senior Center, located at 2350 Oak Road in Snellville. There is no pre-registration or cost for the class. For more information, contact Ines Beltran at 678.377.4010 or ines.beltran@gwinnettcountry.com.

Shutter Sense and Nonsense Exhibit

Through March 9 from 9:00am until 4:00pm. Enjoy viewing the photography of Gwinnett County middle and high school students in this annual, juried photography exhibit. Entrance to the exhibit is included in Gwinnett Environmental and Heritage Center admission. Gwinnett Environmental and Heritage Center, 2020 Clean Water Drive in Buford. Call 770.904.3500 or visit www.gwinnettEHC.org for more details.

Community Yard Sale

March 2 from 9:00am to 3:00pm. It's time to sell the stuff that has accumulated in your house or apartment and turn it into cash! The sale is held inside, so weather isn't a problem. Spaces include one table and two chairs. Gwinnett County reserves the right to disallow items deemed inappropriate; no food items may be sold. \$26 for a prime space or \$21 for non-prime space. Best Friend Park Gym, 6224 Jimmy Carter Boulevard in Norcross. Call 770.417.2212 to reserve your spot.

Next Week

Self-Defense for Women

Mondays: March 4 to 25 from 6:30pm to 7:30pm. Learn to anticipate, recognize, and deal with dangerous situations. Learn to block punches, break loose from holds, and striking techniques. For any age or fitness level. Cost: \$10 per person for four weeks. Centerville Community Center, 3025 Bethany Church Road in Snellville. For more information, call the center at 770.985.4713.

AARP Drivers Education Class Taught in Chinese

March 9 from 9:00am to 3:30pm. After completion of the course, you may be eligible for a 10 percent discount on your auto insurance. Course is geared for participants age 50+; however, participation is available to all ages. Cost: \$12 for AARP members or \$14 for non-AARP members. Norcross Human Services Center, 5030 Georgia Belle Court in Norcross. For registration information, call 678.242.9886. For classes in other languages, visit www.aarp.org or call 1.888.OUR.AARP (888.687.2277).

Future Events

Teen Driving Course

March 12 from 6:30pm to 8:30pm. The Gwinnett County Police Department's crime prevention officers are offering the P.R.I.D.E. Program (Parents Reducing Injuries and Driver Error) safe driving classes to assist new drivers and their parents. The P.R.I.D.E. program is a free, national award-winning, two-hour course designed to educate teen drivers ages 14 to 16. Officers do not conduct any behind-the-wheel training. They instruct parents and teens on what to expect during the 40 hours of supervised practice driving time required by Georgia law and throughout the teens' driving experience. Police Department South Precinct, 2180 Stone Drive in Lilburn. Please register early by emailing aaron.brinkman@gwinnettcountry.com or calling 678.442.5032; please note that classes fill up fast.

Lawn Care with Integrated Pest Management Workshop

March 14 from 7:00pm to 8:30pm. Attend this workshop to learn how proper lawn care techniques can help protect water quality in Gwinnett County. Proper lawn care techniques are directly linked to keeping neighborhood streams and water bodies healthy. Excessive amounts of fertilizer and pesticides can harm fish and other aquatic life as well as degrade the quality of rivers, lakes, and streams. Nutrients from fertilizers, usually phosphates, enter rivers, lakes, and streams and stimulate the growth of algae. Excessive algae growth decreases oxygen levels in lakes and ponds, which kills fish and other aquatic life. For location and registration information, see the [2013 Stormwater workshop schedule](#).

CPR/AED Training | Free!

March 23 from 8:30am to 12:30pm. Zero Response is an awareness campaign designed to equip Gwinnett County residents with the knowledge and understanding needed during a cardiac emergency. Responsible citizens using the lifesaving skills they have been taught will be able to provide immediate assistance, thereby creating the zero response timeframe. Learn how to administer CPR and use an AED. Gwinnett County Fire and Emergency Services Headquarters, 408 Hurricane Shoals Road in Lawrenceville. Registration is required. Email fireprograms@gwinnettcountry.com or call 678.518.4850. [Read more](#).

www.gwinnettcountryevents.com

[Join Our Mailing List!](#)

[Forward email](#)



This email was sent to emily.fehn@gwinnettcountry.com by gccommunications@gwinnettcountry.com | [Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Gwinnett County Communications | 75 Langley Drive | Lawrenceville | GA | 30046