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**March 12, 2013**

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**Mark your calendar!**

Gwinnett County Government hosts many events, classes, and workshops for its residents. See these great events and more at [www.gwinnettcountryevents.com](http://www.gwinnettcountryevents.com).

**This Week**

**Prostate Cancer Awareness Workshop | Free!**

March 14 from 7:00pm to 8:30pm. Ken Stevens, vice president of the Georgia Prostate Cancer Coalition, will host a workshop providing information on prostate cancer such as the warning signs, what to do, where to go if diagnosed, effects, growth patterns, sample questions to ask your doctor, and 10 myths about prostate cancer. This event is free. Norcross Human Services Center, 5030 Georgia Belle Court in Norcross. Call 770.638.5661 to register.

**Lawn Care with Integrated Pest Management Workshop**

March 14 from 7:00pm to 8:30pm. Learn how proper lawn care techniques can help protect water quality in Gwinnett County. Proper lawn care techniques are directly linked to keeping neighborhood streams and bodies of water healthy. For location and registration information, see the [2013 Stormwater Workshops schedule](#).

**Enhancing the Safety of Locally Grown Produce on the Farm**

March 16 from 10:00am to 11:00am. Learn how to safely maintain your produce from the field all the way to the market. Become familiar with best practices to enhance the safety of produce grown and marketed locally. The class will be held at The Family Tree Garden Center, 1983 Main Street East in Snellville. For more information, contact the [Gwinnett Cooperative Extension Service](#) at 678.377.4010.

**Next Week**

**Financial Lunch and Learn | Free!**

March 21 from 11:00am to 2:00pm. With the confusing investment markets, you may have more questions than answers. Join us for lunch and an informative financial seminar to learn how to navigate these challenging markets and make sense of your investment options. For ages 18 and up. George Pierce Park Community Recreation Center, 55 Buford Highway in Suwanee. Advance registration is required by March 15. For more information, call 678.277.0910.

**Bunny Bash Breakfast**

March 23 from 9:00am to noon. Hop on over for breakfast and pictures with your furry friend, the Easter Bunny! Join us for fun crafts and Easter egg hunts, too. Children must be accompanied by a parent. Admission is free for parents, but there is a charge for parents who wish to eat breakfast. For children ages 3 to 12. Cost: \$5/person. Lucky Shoals Park Community Recreation Center, 4651 Britt Road in Norcross. [Registration is required](#). For more information, call 678.277.0860.

### **CPR/AED Training | Free!**

March 23 from 1:00pm to 4:00pm. Zero Response is an awareness campaign designed to equip Gwinnett County residents with the knowledge and understanding needed during a cardiac emergency. Responsible residents using the lifesaving skills they have been taught will be able to provide immediate assistance, thereby creating the zero response timeframe. Learn how to administer CPR and use an AED. Gwinnett County Fire and Emergency Services Headquarters, 408 Hurricane Shoals Road in Lawrenceville. Registration is required. Email [fireprograms@gwinnettcountry.com](mailto:fireprograms@gwinnettcountry.com) or call 678.518.4850. [Read more.](#)

### **Future Events**

#### **Firearms Safety Seminar**

The Gwinnett County Police Department will host a Firearms Safety Seminar on Thursday, April 4 from 7:00pm to 9:30 pm in the Gwinnett Justice and Administration Center auditorium, located at 75 Langley Drive in Lawrenceville. Personnel from the Gwinnett Police Academy will cover several topics of concern including Georgia carry and deadly force laws, how to obtain a carry permit, personal defense, and types of weapons and their use. Seating will be limited, so please register early. To register, please send your name, address, phone number, and email address to [gunsafety@gwinnettcountry.com](mailto:gunsafety@gwinnettcountry.com). Please do not bring firearms to this event; attendees will pass through a security checkpoint and will not be permitted to bring firearms into the building.

#### **Hatha Yoga**

Mondays and Wednesdays, April 15 to May 22 from 7:00pm to 8:00pm. Class emphasizes fitness, flexibility, strength, mind-body awareness, proper breathing, and relaxation. Appropriate for people of all ages, shapes, and sizes (minors must be accompanied by a registered adult). Cost: \$35 for six weeks. Centerville Community Center, 3025 Bethany Church Road in Snellville. For information, email the instructor at [pattycugnasca@gmail.com](mailto:pattycugnasca@gmail.com). To pre-register, call the community center at 770.985.4713.

[www.gwinnettcountryevents.com](http://www.gwinnettcountryevents.com)

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