

gwinnett LIFE

Leisure is for everyone.™

May - August 2017

Your guide to gwinnettcountry parks & recreation

play * live * learn

July is National Park & Recreation Month

Get your play on!



May is Older American's Month!

OLDER AMERICANS MONTH



AGE OUT LOUD: MAY 2017

Age Out Loud and celebrate what getting older looks like today!
See page 11 for more info.



www.gwinnettparks.com

inside this issue

cover photo: Rabbit Hill Park, page 35

May - August 2017
Volume 22, Issue 3

Mission Statement

In partnership with our citizens, Gwinnett County Parks & Recreation provides high quality, broad-based parks, facilities, programs and services creating a sense of community, enabling a safe and secure environment, and enhancing Gwinnett's quality of life. The department promotes recreational opportunities to improve the quality of life for all citizens in Gwinnett County and makes reasonable modifications to programs, services or activities when necessary to promote participation by persons with disabilities.



SPLOST Success – Pennies for parks

In 2016, Gwinnett County voters approved the renewal of the Special Local Option Sales Tax (SPLOST). First approved in 1996, the one-cent sales tax is essential in preserving green space and natural resources in Gwinnett County. This funding has provided many new trails, playgrounds, sports fields, aquatic centers and gymnasiums to improve the quality of life for Gwinnett's citizens.

Board of Commissioners

Charlotte Nash, Chairman
Jace Brooks, District 1 • Lynette Howard, District 2
Tommy Hunter, District 3 • John Heard, District 4
Glenn Stephens, County Administrator
Phil Hoskins, Deputy County Administrator

Holiday Closings

GCPR facilities will be closed 5/29 and 7/4, with the exception of aquatic centers and pools.

Fee Policy

Non-Gwinnett resident's fee is double for all drop-in activities and activities under \$20, \$20 maximum. All class registrations and rentals will incur a \$1 processing fee.

Disclaimers

Prices, hours, programs, and services are subject to change without prior notice. Gwinnett County Parks & Recreation reserves the right to photograph and videotape all its activities, events, classes, camps, programs, and facilities for promotional purposes.

Refund Policy

No refunds for activities/dates missed by participants. Refunds or credits will only be given for activities cancelled by GCPR prior to the start date. Activities cancelled by GCPR after the start date will be rescheduled.

Withdrawal Policy

Withdrawal requests must be in writing; no refunds will be given for non-written withdrawal requests. Withdrawal requests received 8 days or more prior to the start of an activity/swim lesson will receive a full refund. Withdrawal requests received less than 7 days prior to the start of an activity/swim lesson will be given a refund, less a \$25 withdrawal fee or an amount equal to half the total fee (whichever is less).



Park Prescription, just what the doctor ordered! Be active and fit, look for this logo.

Online Registration

Three easy ways to register



Click In

www.gwinnettparks.com



Call In

See each park page for phone number



Walk In

See park listing on back cover

Frequently Called Numbers

Parks and Recreation Information	www.gwinnettparks.com	770.822.8840
Trails Hotline		770.978.5270
Adult Sports Rainout Information		770.822.8882
Volunteer and Service Project Information		678.277.0900
volunteerinparks@gwinnettcountry.com		
Tina Fleming , Division Director, Parks & Recreation Operations		
tina.fleming@gwinnettcountry.com		770.822.8840
Grant Guess , Division Director, Planning & Project Administration		
grant.guess@gwinnettcountry.com		770.822.8855
David Clark , Deputy Director of Parks Operations		
david.clark@gwinnettcountry.com		770.822.8868
Jim Cyrus , Recreation Aquatics Manager		
jim.cyrus@gwinnettcountry.com		770.564.4686
Eric Horne , Parks Grounds Maintenance Manager		
eric.horne@gwinnettcountry.com		678.277.0950
Mark Patterson , Natural Resources Section Manager		
mark.patterson@gwinnettcountry.com		678.277.0955
John Register , Recreation Manager		
john.register@gwinnettcountry.com		770.822.8819

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MAY

EVENTS



Queen of Hearts Dance • Friday, May 5 • 5:30pm to 8:30pm • Lucky Shoals Park Community Recreation Center **6**

NEW! Just for Mom and her special little man! Take mom out for a date night full of fun dancing, light refreshments and a keepsake photo to be emailed.. Seating is limited. All ages; \$8/person must pre-register by 5/2 online with code: LSP21440 or call 678.277.0860.



Campout with Mom • Friday, May 5 & Saturday, May 6 • 6:00pm to 9:00am Little Mulberry Park, Fence Road entrance **26**

It's an early Mother's Day celebration campout! Enjoy dinner, crafts and music around the campfire. Wake up to tasty breakfast treats the next morning. Bring your tents and camping gear; no individual fires allowed. All ages; \$12/person, with code LMP11401; or \$41/family of 4, with code LMP11402. Must pre-register by 4/29 or call 678.277.0850.

Renovated Rose Garden Tour • Saturday, May 6 • 10:00am to 11:00am • Vines Park **28**

FREE! Join the Master Gardener volunteers at Vines Park in a tour of the renovated Rose Garden. Learn about proper care and growing of roses. Bring your questions. Meet at the parking lot entrance. Rain date 5/13. All ages; for more information call 678.277.0900.



Deep Yoga Workshop • Saturday, May 6 • 1:00pm to 4:00pm • George Pierce Park Community Recreation Center **7**

Take time off your busy schedule to recharge with Sadhvi Prempuja, highly experienced yoga instructor Practice deep relaxation, asanas (postures), breath techniques, and meditation. Healthy snacks will be served. Bring a yoga mat. Ages 18 and up; \$25/person, must pre-register by 5/4 online with code GPP31400 or call 678.277.0910.



Pitch Hit and Run • Saturday, May 6 • 9:00am to 1:00pm • Shorty Howell Park **1**

FREE! Major League Baseball Pitch, Hit and Run is an exciting skills event for boys and girls! Participants compete for the opportunity to advance through four levels including to Team Championship events at all 30 Major League ballparks and at the National Finals at the MLB All-star game! Visit http://www.mlb.com/mlb/kids/mlb_pitch_hit_run.jsp for more information or call 770.978.5271 or 770.471.2212.



Bogan Kid's Club • Friday, May, 12 • 6:00pm to 9:30pm • Bogan Park Aquatic Center **18**

Summer is here! Splish and Splash at our Pool Party Bash. Bogan Kid's Club needs your help to celebrate the arrival of summer vacation. Play water games, do arts and crafts, eat dinner and swim. Bring your swim suit, towel and a change of clothes. Ages 6-12; \$8/person, must pre-register by 5/10 online with code BOP25251 or call 678.277.0853.



Train Day • Saturday, May 13 • 10:00am to 2:00pm • Vines Park **28**

FREE! It's Train Day in the park! The Vines Garden Railroad will celebrate its seasonal opening of the only public G scale garden railroad in the state of Georgia. Activities will include arts, crafts, and games for children. For more information visit www.vinesgardenrailroad.com or call 678.277.0906.

Mommy and Me Tea Party • Sunday, May 14 • 1:30pm to 3:00pm • Gwinnett Historic Courthouse **13**

Honor Mom with a fun elegant afternoon outing just for her with tea, cake and fun activities, dads and grandparents are welcome too. Make a special gift for Mom and take home a keepsake photo. All ages, \$16/person; \$11/person must pre-register by 5/9, pre-register online with activity code GHCI1444 or call 770.822.5450.

Tie-Dye Day • Saturday, May 20 • 1:00pm to 3:00pm • George Pierce Park Community Recreation Center **7**

FREE! Stop by for some good old fashioned tie-dyeing fun to celebrate National Kids to Park Day! You bring the item you want to tie-dye, and we will provide the dye, and assist with patterns. All ages; pre-register by 5/15 online with code GPP31304 or call 678.277.0910.



Family Field Day • Saturday, May 20 • 11:00am to 2:00pm • Pinckneyville Park Community Recreation Center **20**

FREE! It's a great day to get outside and have a Field Day the whole family can get into! Come to the front meadow for lawn games, races and more! Call 678.277.0950 for more information.



SENIORS
Active Adults 50-up

THERAPEUTIC


TENNIS/SPORTS


AQUATICS

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PARK RX

HISTORIC

 **Zumba Party at the Park!** • Saturday, May 20 • 2:00pm to 4:30pm • Bogan Park 18
Get beach body ready! Gather the entire family and head over to the park for a work out! Meet our Zumba instructor and learn about fitness through dance and the health benefits it has to offer. All ages, \$11/person, pre-register by 5/17 online with code BOP31401.

 **Spring Into Summer Wellness Festival** • Saturday, May 20 • 5:00pm • Rhodes Jordan Park 15
FREE! Spring into new, fun and healthy habits this National Kids to Parks Day! Have a blast with kids activities, inflatables, entertainment. Get informed with wellness exhibitors fitness demos and more! Call 770.822.3197 for more information or to become an exhibitor.

1, 2, 3k GLOW Fun Walk/Run • 8:15pm



Get your glow on! Registration includes 1 glow in the dark t-shirt, 2 glow bands and 3k's of fun! All ages, \$10/person must pre-register online at www.runsignup.com by 5/6. Walk-up registration begins at 5:00pm.


Movie on the Lawn • 9:00pm

FREE! Bring your blankets or lawn chairs and watch the movie 'Sing!' under the stars after the 3k GLOW Fun Walk/Run!





JUNE


  **Cardboard Boat Race 4** • Friday, June 9 • 6:30pm to 8:30pm • Collins Hill Park Aquatic Center 12
It's the 4th annual Cardboard Cup! Come construct your best cardboard boat for the race. Admission and pool rules apply. Call 770.237.5647 for more information.


 **Family Night Swim** • Friday June 9 • 6:30pm to 8:30pm • Rhodes Jordan Park Pool 2
Gather the family and drop by for an evening swim. Admission fees and all pool rules apply. Twilight rates do not apply. Call 678.277.0892 for more information.



 **Family Scavenger Hunt** • Saturday, June 10 • 9:00am to 11:00am • Bethesda Park Aquatic Center 17
It's a fun filled scavenger hunt in the park! Wear comfortable clothing but don't forget your swim suit! The hunt ends with a swim and prizes at the pool. All pool rules apply. All ages; \$6/person, ages 2-under are free, must pre-register online by 6/7 with code BEP35100 or call 678.277.0880.

 **Yoga & Herbal Teas** • Saturday, June 10 • 1:00pm to 4:00pm • George Pierce Park Community Recreation Center 17
Join us for a wonderful yoga class and discussion about the beneficial properties of herbal teas by making and sampling a variety. Take home a jar of tea of your choice. Bring yoga mat. Ages 18-up; \$26/person plus \$10 to instructor for supplies, pre-register online by 6/3 with code GPP31401 or call 678.277.0910.

 **Family Night Swim Dip N' Dine** • Tuesday, June 13 • 6:30pm to 8:30pm • Mountain Park Aquatic Center 23
Stop by for an evening swim and dinner, fun for the whole family! Pizza will be available for purchase. Admission fees and pool rules apply. Twilight rates do not apply. Call 678.277.0870 for more information.

 **Princess and Me Father Daughter Dance** • Friday, June 16 • 6:00pm to 7:30pm
Gwinnett Historic Courthouse 13
A favorite father daughter event returns! Spend time with your littlest sweetheart in the lovely Superior Court Ballroom. Dance the night away, play games and enjoy light refreshments. Princesses crowned upon arrival. All ages; \$12/ person. Seating is limited, must pre-register by 6/12, online with code GHCI1420 or call 770.822.5450.

Popcorn and Cornhole with Dad • Saturday, June 17 • 11:00am to 1:00pm • Bogan Park 18
FREE! Have a great day at the park with some tasty popcorn and a game of Cornhole with that special man in your life! All ages. Call 678.277.0850 for more information.

Family Night Swim • Friday June 23 • 6:30pm to 8:30pm • Best Friend Park Pool 2

Bring the whole family and enjoy an evening swim. All ages. Admission fees and all pool rules apply. Twilight rates do not apply. Call 678.407.8801 for more information.

**Treasure Island Family Night • Saturday, June 24 • 6:00pm to 9:30pm
Bogan Park Aquatic Center 18**

NEW! Avast ye matey! Bring your little buccaneers, your swim suits and prepare for a family adventure on the high seas. We will have games, grub, swimming and arts and crafts for everyone. All pool rules apply. All ages; \$8/person, 3 & under are free. Must pre-register by 6/22 online with code BOP25253 or call 678.277.0853.

**Line Dance Marathon • Saturday, June 24 • 6:00pm to midnight
Lucky Shoals Park Community Recreation Center 6**

It's nothing but line dancing! Country, hip-hop and pop music will be played for all skill levels. A beginner line dance will be taught at 6:00pm for newcomers. Ages 18-up; \$5/person (with a dish to share) must pre-register online with code LSP21441 or \$9/person if not bringing a dish, pre-register online with code LSP21442 or call 678.277.0860.

Shark Attack Beach Party • Tuesday, June 27 • 6:30pm to 9:00pm • Mountain Park Aquatic Center 23

NEW! Kick off the summer with a Shark Attack beach party! It'll be a night filled with entertainment, fun games, shark fin races, crafts and some shark bait snacks. All pool rules apply. All ages; \$6/person at the door. Twilight rates do not apply. Call 678.277.0870 for more information.

JULY

**Stars & Stripes Family Night • Monday, July 3 • 7:00pm to 9:00pm • Lenora Park Pool 14**

NEW! Spend the evening with us for a patriotic celebration in the pool. Wear your stars & stripes for a fun night for everyone! Admission fees and pool rules apply. Twilight rates do not apply. Call 770.982.5309 for more information.

**Dance Party Family Night • Thursday, July 6 • 7:00pm to 9:00pm • Bethesda Park Aquatic Center 17**

NEW! It's National Parks & Recreation month, let's celebrate with a Dance Party for the whole family! No registration required. All pool rules and admission fees apply. Twilight rates do not apply. Call 678.277.0880 for more information.

Family Night Swim Dip N' Dine • Tuesday, July 11 • 6:30pm to 8:30pm • Mountain Park Aquatic Center 23

Stop by for an evening swim and dinner, a great time for the whole family. Pizza will be available for purchase. All pool rules and fees apply. Twilight rates do not apply. Call 678.277.0870 for more information.

**Brown Bag Summer Concert • Friday, July 14 • 11:00am to 1:00pm
Gwinnett Historic Courthouse 13**

FREE! Pack a lunch and enjoy the warm days of summer outside as music and entertainment fill the air. Kid's activities include lawn games, face painting, Crazy Hair and crafts. Call 770.822.5450 for more information.

Family Night • Friday, July 14 • 6:30pm to 8:30pm • Collins Hill Park Aquatic Center 17

Come out for a swim under the stars! Regular entry fees and all pool rules apply. Twilight rates do not apply. All ages. Call 770.237.5647 for more information.



Vegetarian Cooking Workshop: Spices and Flavors • Saturday, July 15 • 1:00pm to 4:00pm
George Pierce Park Community Recreation Center 7

Learn a balanced approach and the secrets to cooking delicious vegetarian meals for vitality, strength and overall nutrition needed for good health. Ages 18-up; \$26/person, plus \$10 to instructor for supplies, must pre-register online by 7/8 with code GPP31402 or call 678.277.0910.



Life Size Game Day • Saturday July 15 • 9:30am to 11:30am • West Gwinnett Park Aquatic Center 36

Take the board game to new heights! Join us for some life size games, such as Battleship and Hungry Hungry Hippos. We will also open up our leisure pool for you to relax outside. Prizes awarded. Ages 4 – up Call 678.407.8801 for more information.

Family Fun Day at the Farm • Saturday, July 15 • 10:00am to 2:00pm • McDaniel Farm Park 27

FREE! Get your play on by celebrating both National Parks and Recreation Month and National Hot Dog Day at McDaniel Farm Park! Come out for family fun with food trucks, vendors, hay ride, games and more. Visit the new playground, pavilion and dog park while enjoying the natural beauty and historic heritage of McDaniel Farm. Call 678.277.0900 for more information or visit www.gwinnettparks.com.



Get your Play On! Kid's Night Out • Friday, July 21 • 6:00pm to 9:00pm • Mountain Park Activity Building 23

Kids, come play all your favorite games and chow down on some pizza. Parents, now you can enjoy your night out while the kids are playing with us. Ages 7-13; \$12/child, must pre-register by 7/19 online with code MPA31401 or call 678.277.0179.



Bogan Kids Club – Let The Games Begin! • Friday July 21 • 6:00pm to 9:30pm • Bogan Park Aquatic Center 18

Go for the Gold at Bogan! Come celebrate the real life superhero Olympians of the Rio Olympics with a night of swimming, dinner, games and fun! Bring your swim suit, towel and a change of clothes. All pool rules apply. Ages 6 –12; \$8/person, must pre-register by 7/20 online with code BOP21999 or call 678.277.0853.

Scavenge-ART Hunt • Saturday, July 22 • 11:00am to 2:00pm • Pinckneyville Park Community Recreation Center 20

FREE! Back by popular demand! Experience our scavenger hunt with a twist. After gathering a list of goodies from nature bring them back to the center and build crafty creations to take home. All ages; no cost but please pre-register online with code PVP31425 by 7/12 to ensure that enough supplies are available or call 678.277.0920.

Wild Rumpus Pool Party • Saturday, July 22 • 6:30pm to 8:30pm • Lenora Park Pool 14

NEW! Bring your little Wild Things and join Max and friends for a Wild Rumpus Pool Party, complete with the Gwinnett County Public Library's read of "Where The Wild Things Are", mystical fishing, a treasure hunt, and wild treats. All ages; \$8/person. Kids age 2 and under are free! Must pre-register by 7/14 online with code LEP35102 or call 770.982.5309.



Ahoy! It's Pirate Night • Tuesday, July 25 • 6:30pm to 9:00pm • Mountain Park Aquatic Center 23

NEW! Have a swash-buckling good time searching for treasure on the high seas of the leisure pool. Go on an adventure to find the buried treasure, create a one of a kind eye patch, and then relax with some pirate's booty snacks. All pool rules and admission fees apply. Twilight rates do not apply. Event is \$6/person at the door. Call 678.277.0870 for more information.



Back to School Family Night • Friday, July 28 • 6:30pm to 8:30pm • West Gwinnett Park Aquatic Center 36

Swimming with an Educational twist! Get your math and reading juices flowing with education centered games designed for fun in the water. All pool rules and admission fees apply. Twilight rates do not apply. Call 678.407.8801 for more information.



Pass & Kick • Saturday, July 29 • 9:00am to noon • Rhodes Jordan Park Soccer Fields 15

FREE! NFL's Punt, Pass and Kick is a national competition for boys and girls of all ages. They will compete in punting, passing and kicking. Earn the chance to advance to a regional and state level competition at the Georgia Dome! Ages 6-15; register at www.nflppk.com, call 678.277.0860 for more information.

AUGUST

EVENTS

Soap-Making Workshop • Saturday, August 5 • 1:00pm to 4:00pm George Pierce Park Community Recreation Center **7**

Learn the basics of making soaps from scratch, using a combination of three oils which can be found locally and scented with natural essential oils. Find out how to use the free online soap calculators to make your own recipe. Ages 18-up, \$26/person, plus \$10 to instructor for supplies, must pre-register online by 7/29 with code GPP31403 or call 678.277.0910.



Beat the Heat Indoor Yard Sale • Saturday, August 5 • 9:00am to 2:00pm Bethesda Park Senior Center **17**

FREE ADMISSION! Clear the clutter and make some cool cash at this indoor yard sale. A 6' table and 2 chairs are provided to vendors. Gwinnett County reserves the right to disallow items deemed inappropriate. No food items allowed to be sold. \$21/inside space, must pre-register by 8/3 online with code BEP32914 or call 678.277.0179.



Asian Garden Strolling Path • Saturday, August 5 • 10:00am to 11:00am • Vines Park **28**

FREE! The Master Gardeners will guide you in a tour of the Asian Garden. Learn components of this unique garden and the plants that thrive in the shade of a peaceful strolling path. Q & A after the tour. Meet at the parking lot entrance. Rain date is 8/12. All ages. Call 678.277.0900 for more information.

HOOKED Teen Club Kickoff • Saturday, August 12 • 9:45am to noon • Shorty Howell Activity Building **1**

FREE! Join the HOOKED (Helping Others Organize Kreative Everyday Differences) Teen Club. Be a part of drug and alcohol prevention while earning service hours. Teens are trained to lead and assist with a variety of volunteer opportunities at exciting events. Bring your best attitude and learn to lead! Age 12-18, grades 7-12; register online with code SHP36703 or call 678.277.0903.

Back to School GLOW Party! • Saturday, August 12 • 6:00pm to 9:00pm • Lucky Shoals Park Community Recreation Center **18**

NEW! GLOW to the beat of your favorite music in celebration of back to school! Come in a white shirt or neon colors to glow under black lights, or show up ready to paint yourself and/or your shirt to glow! Drinks and light refreshments will be served. Ages 6-12; \$8/person pre-register online with code LSP21445 or call 678.277.0860 to chaperone or volunteer!

Downtown Dog Day • Saturday, August 19 • 11:00am to 2:00pm • Gwinnett Historic Courthouse **13**

NEW! FREE! Dogs and their humans are invited to enjoy an afternoon together on the Courthouse lawn. There will be rescues, a "flea"-market, games, contests, demonstrations, "doggie"-bags, mock-"tails," a photo opportunity and more! All ages. Call 770.822.5450 for more information.



Family Campout • Friday, August 25 to Saturday, August 26 • 7:00pm to 9:00am • Yellow River Park **19**

Mark the end of summer with a night outdoors! Bring your tents, sleeping bags, and chairs and we will provide a taco/nacho bar dinner, breakfast, and of course-marshmallows for the campfire! Hurry, this event sells out quickly. All ages; \$42/family of four with code YRP31401 or \$12/individual with code YRP31402, must register by 8/23 online or call 678.277.0906.

Park It & Market • Saturday, August 26 • 9:00am to 1:00pm • Bogan Park **18**

FREE TO ATTEND! Drop by this rain or shine yard sale at the park or clear out the clutter and bring it to the yard sale to make some extra cash! A 6' table and 2 chairs will be provided to vendors. Gwinnett County reserves the right to disallow items deemed inappropriate, no food items are allowed to be sold. \$15/vendor; must pre-register online with code BOP31404 or call 678.277.0850 for more information.



Fall Family Open House • Saturday, August 26 • 9:00am to 1:00pm • Bogan Park **18**

FREE TO ATTEND! Visit one of Gwinnett County's award winning facilities, meet our instructors and take a demo class, maybe catch a give-away. See what new and fun activities we will have this fall and experience all our park has to offer. Call 678.277.0850 for more details.



Line Dance Marathon • Saturday, August 26 • 6:00pm to midnight Lucky Shoals Park Community Recreation Center **18**

It's nothing but line dancing! Country, hip-hop and pop music will be played for all skill levels. A beginner line dance will be taught at 6:00pm for newcomers. Ages 18-up; \$5/person (with a dish to share) must pre-register online with code LSP21443 or \$9/person if not bringing a dish, pre-register online with code LSP21444 or call 678.277.0860.

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

SENIOR RECREATION Active Adults 50-up

Laugh Out Loud Movie Matinee Series • Monday, May 1 • 2:00pm to 4:00pm • Bethesda Park Senior Center 17
Monday, May 22

It's a special comedy series for Age Out Loud/ Older American's Month. Bring a friend and take in a movie with popcorn and drink included! \$2/person, must pre-register. Call 678.277.0179 for movie selections and reservations.

Crochet Art Workshop • Tuesday, May 2 • 1:00pm to 3:00pm • Bethesda Park Senior Center 17

Free! Learn to create a crocheted work of art from a photo! Bring your own supplies and enjoy this unique and creative workshop! Space is limited. Must pre-register by 4/25 online with code BEP32906 or call 678.277.0179.

Rite Bite Diabetes Cooking School Series • Monday, May 8 • 10:30am to noon • Bethesda Park Senior Center 17
Monday, May 15
Monday, May 22

Today's seniors are living large and loud as they embrace new healthy living lifestyle. UGA Extension Gwinnett presents a three part diabetes cooking school series with cooking demos and educational presentations. Space is limited. \$12/series, must pre-register by 5/5 online at www.gwinnettparks.com with code: BEP32902 or \$4/class, call 678.277.0179 for more information.

Book Talks with Beth • Mondays, 10:00am • Prime Timers Point at George Pierce Park 7
May 8 • Paranormal Fiction
June 12 • Romantic Suspense
July 10 • Time Travel
August 14 • Gothic Fiction

Free! Like to get lost in a good read? Join Beth from Gwinnett County Public Library to share your book experiences and learn what others are reading. Each meeting will feature a different genre. Refreshments will be served. For more information, call 678.277.0910.



Movin and Groovin Friday Night Dance Party • Friday, May 12 • 6:00pm to 8:00pm • Bethesda Park Senior Center 17

Friday night fun! Socialize with friends or dance to your favorite tunes as DJ John rolls out your favorite oldie hits! Light refreshments will be served. \$10/person in advance, must pre-register by 5/5 online with code BEP32903 or \$12/person at door, call 678.277.0179.

Loud and Proud Cookout • Tuesday, May 16 • 11:30am to 1:00pm • Bethesda Park Senior Center 17

It's Older American's Month, so let's celebrate with a cookout, music and lawn games! Enjoy grilled hot dogs, your favorite cookout sides and dessert! \$6/person, must pre-register by 5/12 online with code BEP32904 or call 678.277.0179.

A Day in Paradise • Friday, May 19 • 11:00am to 1:00pm • Prime Timers Pointe at George Pierce Park 7

We are lei'd back and ready to bring in spring with a luau party! Wear your flowered skirts and shirts, bring your friends for some live music and good food, we'll provide the leis! \$12/person, must pre-register by 5/15 online with code GPP32901 or call 678.277.0910



Dazzlin' Dames Age Out Loud Variety Show • Wednesday, May 24 • 1:00pm to 3:00pm • Bethesda Park Senior Center 17

It's Older Americans Month, be dazzled and inspired by a high energy variety show from the Dazzlin' Dames! Back by popular demand, they exemplify today's active seniors with a show full of comedy, song and dance. Light refreshments will be served. \$8/person, must pre-register by 5/19 online with code BEP32901 or call 678.277.0179.

Monday Movie Matinee • Monday, June 19 • 2:00pm to 4:00pm • Bethesda Park Senior Center 17
Monday, July 17
Monday, August 21

Bring a friend and take in a movie with popcorn and drink included! \$2/person, must pre-register. Call 678.277.0179 for movie selections and reservations.

Luau Beach Party • Tuesday June 20 • 11:00am to 12:30pm • Collins Hill Park Aquatic Center Leisure Pool 12

Kick off summer with a Beach Party at the pool. It will be an event filled with fun games, hula hoop contests, limbo contests, and lei's. Admission fees and pool rules apply. Call 770.237.5647 for more information.

Healthy Lifestyle Habits • Monday, June 26 • 10:30am to 11:30am • Bethesda Park Senior Center 17

UGA Extension Gwinnett present Healthy Lifestyle topic: Being Active with Low Mobility. Get informed, make lifestyle changes and benefit from new ideas about your health. Space is limited. \$3/person, must pre-register by 6/23 online with code BEP32907 or call 678.277.0179.

Watermelon, White, and Blue Berry Blast • Friday, June 30 • 1:00pm to 2:30pm
Prime Timers Pointe at George Pierce Park 7

Celebrate and chill out with us with a patriotic trio of foods! Refreshing watermelon, berries, and ice cream and whipped cream. \$2 per person, pre-register online with code GPP32902 or call 678.277.0910.



Red, White and Blue Musical Celebration • Friday, July 7 • 1:00pm to 2:30pm • Bethesda Park Senior Center 17

Celebrate our great country with a patriotic musical tribute performed by the H2U Singers! Light refreshments will be served. \$6/person, must pre-register by 6/24 online with code BEP32908 or call 678.277.0179.

Tech Wizard • 10:00am to noon • Bethesda Park Senior Center 7**Monday, July 10 • Tablets 101****Tuesday, July 11 • Videos & Photos****Wednesday, July 12 • Video Chatting****Thursday, July 13 • Facebook Basics**

These courses are designed to help you get connected and take control! Bring your tablet or one can be loaned during class. Presented by UGA Extension Gwinnett, in partnership with AARP Mentor Up and 4-H Tech Wizard. Pre-register at kelli.bosler@gwinnettcountry.com or 678.377.4034.

**Healthy Lifestyle Habits • Monday, July 24 • 10:30am to 11:30am • Bethesda Park Senior Center 17**

UGA Extension Gwinnett present Healthy Lifestyle topic: Cooking with Herbs, Spices and Seasonings. Get informed, make lifestyle changes and benefit from new ideas about your health. Space is limited. \$3/person, must pre-register by 7/24 online with code BEP32913 or call 678.277.0179.

Beat the Heat Indoor Yard Sale • Saturday, August 5 • 9:00am to 2:00pm • Bethesda Park Senior Center 17

Free Admission! Clear the clutter and make some cool cash at this indoor yard sale. Vendors have a 6' table and 2 chairs. Gwinnett County reserves the right to disallow items deemed inappropriate. No food items allowed to be sold. \$21/inside space, must pre-register by 8/3 with code BEP32914 or call 678.277.0179.

Beach Blanket BINGO Bash • Thursday, August 11 • 10:00am to 1:00pm • Bogan Park Community Recreation Center 18

New! Show up dressed as Frankie or Annette at this summer BINGO bash this summer BINGO bash dressed as Frankie or Annette. A beach fare lunch will be served. Bring a white elephant gift, grand prizes will be awarded. \$6/person. Pre-register by 8/8 online with code BOP32901, call 678.277.0850 for more information.

**Summer Breeze Dinner & Concert • Friday, August 11 • 5:30pm to 7:30pm
Prime Timers Pointe at George Pierce Park 7**

Beat the heat with the cool sounds of live music, iced lemonade and tasty barbeque. Don't forget to bring all your friends! \$11/person, must pre-register by 8/7 online with code GPP32903 or call 678.277.0910.

Movin and Groovin Friday Night Dance Party • Friday, August 11 • 6:00pm to 8:00pm**Bethesda Park Senior Center 17**

Friday night fun! Socialize with friends or dance to your favorite tunes as DJ John rolls out your favorite oldie hits! Light refreshments, too! Must pre-register by 8/4; \$10/person in advance, online with code: BEP32918 or \$12/person at door, 678.277.0179 for more information.

Healthy Lifestyle Habits • Monday, August 14 • 10:30am to 11:30am • Bethesda Park Senior Center 17

UGA Extension Gwinnett present Healthy Lifestyle topic: At Risk for Foodborne Illness – Food Safety for Mature Adults. Get informed, make lifestyle changes and benefit from new ideas about your health. Space is limited. \$3/person, must pre-register by 8/11 online with code BEP32915 or call 678.277.0179.

Avoid Senior Scams! • Thursday, August 17 • 10:30am to noon • Bethesda Park Senior Center 17

Free! Learn how to recognize and avoid potential fraudulent offers, scams, and identity theft. Sponsored in part by the Gwinnett Council for Seniors. Spaces are limited, register early. Register online with code BEP32916 or call 678.277.0179.

**Caring for a Loved one With Alzheimer's • Tuesday, August 22 • 10:00am to 11:00am
Prime Timers Pointe at George Pierce Park 7**

Free! Because of the changes that this disease causes in the brain, it can be challenging to care for your loved one as they transition through the stages of Alzheimer's. Learn practical tools to provide care to your loved one and to take care of yourself. Register online with code GPP32904 or call 678.277.0910.

**The Rat Pack Tribute Dinner Show • Monday, August 28 • 5:30pm to 8:00pm
Bethesda Park Senior Center 17**

They were the coolest cats of all time, the big three from the 50's & 60's, Sinatra, Davis and Martin, better known as the Rat Pack. Enjoy a delicious dinner and be ready for a Las Vegas styled tribute show! \$15/person, must pre-register by 8/23 online with code BEP32917 or call 678.277.0179.

More activities
can be found in the
Events, Aquatics,
and Recreation
sections!

Senior Trips

Wednesday, May 17 • Monastery of the Holy Spirit and Blue Willow Inn Restaurant

Explore serene Monastery grounds, visit the Abby Church, browse the bonsai and gift shops or enjoy a cup of coffee and reflect at the Monk's Cafe. Then, enjoy old antebellum mansion ambiance and true southern cuisine at the Blue Willow Inn Restaurant and Gift Shop. Pick up at George Pierce Park Community Recreation Center at 8:00am and then pick up at Bethesda Park Senior Center at 8:30am. \$32/person, plus money for shopping; register online with code GPP22790 or call 678.277.0910.

Wednesday, August 16 • Gone with the Wind Experience Tour

Explore all things Gone with the Wind on this 4 hour tour. A costumed docent will join us for a tour of Jonesboro. Next, you will travel to the Road to Tara Museum, browsing artifacts from the Civil War and Margaret Mitchell. The final stop on the journey will be Stately Oaks Plantation where we will indulge in a delicious lunch before exploring this historical house. Pick up at George Pierce Park Community Recreation Center at 8:00am and then pick up at Bethesda Park Senior Center at 8:30am. \$56/person, lunch is included in the price; Must Pre-register by 8/7, register online with code RJP23780 or call 678.277.0890.

AARP Driver Safety

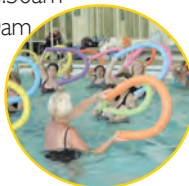
Age 50-up. Pre-registration required, call individual facility. Fee paid to instructor the first day of class. \$15/AARP member or \$20/non-AARP member; plus \$1 processing fee

BEP32721	TH	5/18	9:00am-4:00pm	Bethesda Park Senior Center	17
BEP32722	TH	7/13	9:00am-4:00pm	Bethesda Park Senior Center	17
BOP32601	TH	5/4	9:30am-4:00pm	Bogan Park Community Recreation Center	18
BOP32602	TH	8/3	9:30am-4:00pm	Bogan Park Community Recreation Center	18
GPP32703	TU	5/2	9:30am-4:30pm	George Pierce Park Community Recreation Center	7
GPP32704	TU	8/1	9:30am-4:30pm	George Pierce Park Community Recreation Center	7
LSP32777	M	6/5	9:30am-3:30pm	Lucky Shoals Park Community Recreation Center	6
LSP32778	M	8/7	9:30am-3:30pm	Lucky Shoals Park Community Recreation Center	6
MPA32701	W	5/11	9:00am-4:00pm	Mountain Park Activity Building	23
MPA32702	W	8/10	9:00am-4:00pm	Mountain Park Activity Building	23
RJP12600	SA	7/11	10:30am-5:30pm	Rhodes Jordan Park Community Recreation Center	15

Senior Aquatics

Drop in classes, no registration necessary, but class size is limited, so arrive early!

Water Exercise	M,W	8:00-8:50am	\$2	Bogan Park Aquatic Center	18
Gentle Movement	TU	12:10-1:00pm	\$3	Mountain Park Aquatic Center	23
Water Exercise	M,W	8:00-8:50am, 10-10:50am, 11:10am-noon	\$2	Mountain Park Aquatic Center	23
Water Exercise	F	8-8:50am, 9-9:50am, 10-10:50am, 11-11:30am	\$2	Mountain Park Aquatic Center	23
High Energy	TU,TH	10:00-10:50am, 11:10-noon	\$2	Mountain Park Aquatic Center	23
Water Exercise	M,W	8:00-8:50am, 10:00am-10:50am, 11:10am-noon	\$2	Bethesda Park Aquatic Center	17
Water Exercise	TU,TH	8:00-8:50am, 11:10am-noon, 12:10pm-1:00pm	\$2	Bethesda Park Aquatic Center	17
Water Exercise	F	9:00-9:50am, 10:00am-10:50am	\$2	Bethesda Park Aquatic Center	17
Water Exercise	SA	9:00-9:50am, 10:00-10:50am	\$2	Bethesda Park Aquatic Center	17
Water Exercise	SU	noon-12:50pm	\$2	Bethesda Park Aquatic Center	17
Aqua Fit	M,F	8:10-9:00am	\$2	West Gwinnett Park Aquatic Center	36



Scholarships are available through the Gwinnett Parks Foundation for qualified seniors to take advantage of the recreational classes and programs offered by Gwinnett County Parks & Recreation. Call 678.277.0179 or 678.277.0910 for more information.

Gwinnett Parks Foundation

Established 2011 to Support
Gwinnett County Parks & Recreation

Senior Game Days

Please call the center you are interested in for more information. *\$1.25/person gym fee applies.

Billiards	M-SA	ongoing	678.277.0910	George Pierce Park Community Recreation Center	7
Bingo	2nd TU	1:00pm-2:00pm	678.277.0910	George Pierce Park Community Recreation Center	7
Bingo	3rd W	2:00pm-3:00pm	678.277.0179	Bethesda Park Senior Center	17
Bingo	1st TH	11:00am-noon	678.277.0890	Rhodes Jordan Park Community Recreation Center	15
Bingo	TH	11:00am-noon	678.277.0920	Pinckneyville Park Community Recreation Center	20
Bridge	M-W	10:00am	678.277.0179	Bethesda Park Senior Center	17
Bridge	T	10:00am-2:00pm	678.277.0850	Bogan Park Community Recreation Center	18
Bridge	W/F	10:00am-2:00pm	678.277.0850	Dacula Park Activity Building	4
Bridge	F	10:00am-3:00pm	678.277.0890	Rhodes Jordan Park Community Recreation Center	15
Bridge-Int/Adv	TH	10:00am-2:30pm	678.277.0920	Pinckneyville Park Community Recreation Center	20
Canasta	TH	10:00am-2:00pm	678.277.0850	Bogan Park Community Recreation Center	18
Canasta	T	10:00am-2:00pm	678.277.0850	Dacula Park Activity Building	4
Mahjong	W	10:00am-2:00pm	678.277.0850	Bogan Park Community Recreation Center	18
Shuffle Board	M-SA	ongoing	678.277.0910	George Pierce Park Community Recreation Center	7
Table Tennis	W	1:00pm-3:00pm	678.277.0179	Bethesda Park Senior Center	17
Table Tennis	W	10:00am-1:00pm	678.277.0910	George Pierce Park Community Recreation Center	7
Wii Gaming	TU	1:00pm-2:00pm	678.277.0910	George Pierce Park Community Recreation Center	7
Wii Bowling	M	10:00am	678.277.0179	Bethesda Park Senior Center	17
Wii Sports	M	11:00am-1:00pm	678.277.0920	Pinckneyville Park Community Recreation Center	20



Senior Recreation Clubs

Clubs meet every month and visitors are always welcome!

Best Friend Club	2nd TH	11:30am	678.277.0860	Lucky Shoals Park Community Recreation Center	6
Bogan Gold Wing	2nd W	11:00am	678.277.0850	Bogan Park Community Recreation Center	18
Dacula Rainbow	1st TU	11:30am	678.277.0850	Dacula Park Activity Building	4
Evergreen	4th TU	11:30am	678.277.0179	Mountain Park Activity Building	23
Get Up & Go	2nd TU	11:30am	678.277.0890	Rhodes Jordan Park Community Recreation Center	15
Lawrenceville Fun Time Club	1st F	11:30am	678.277.0179	Bethesda Park Senior Center	17
Shorty Howell Hi-Steppers	1st TH	11:00am	678.277.0910	Shorty Howell Park Activity Building	1
Suwanee Goodtimers	2nd TU	11:00am	678.277.0910	Prime Timers Pointe at George Pierce Park	7

Gwinnett Senior Learning Center

770.564.4699

Fall Registration

Online beginning August 15

Computer Classes for Seniors 50+

Bethesda Park Senior Center | Prime Timers Pointe
September 19 | at George Pierce Park
September 21

10:00am – 11:00am

Computer basics,
email, word processing and more.

For complete class listing visit
www.gsrlc.org

Never Stop Learning

Code

Activity Name-Level

Days

Dates

Time

Fee

Bethesda Park Senior Center 17**225 Bethesda Church Road, Lawrenceville 30044****Hours: M 8:30am-8:00pm****TU-F 8:30am-4:30pm****Info & Rentals: 678.277.0179****ARTS** +additional supplies required

BEP32103	Oil Painting Workshop	M	4/24-5/8	5:30-7:30pm	\$61+	Sullens
BEP32104	Oil Painting Workshop	M	8/7-8/21	5:30-7:30pm	\$61+	Sullens
BEP32105	Oil Painting Workshop	M	8/28-9/11	5:30-7:30pm	\$61+	Sullens
BEP32106	Oil Painting-Beg/Int	TU	4/11-5/16	10:00am-noon	\$76+	Sullens
BEP32107	Oil Painting-Beg/Int	TU	8/8-9/12	10:00am-noon	\$76+	Sullens
BEP32108	Working in Watercolor	TH	6/1-7/6	10:00am-noon	\$78+	Ricketson
BEP32109	Working in Watercolor	TH	7/13-8/17	10:00am-noon	\$78+	Ricketson
BEP32110	Working in Watercolor	TH	8/24-9/28	10:00am-noon	\$78+	Ricketson

**DANCE** (No Class 5/18 or 7/27) *Additional sessions available at www.gwinnettparks.com

BEP32205	Tap- Beg	TU	5/23-6/27	2:00-3:00pm	\$61+	Walker
BEP32206	Tap- Beg	TU	7/11-7/25	2:00-3:00pm	\$31+	Walker
BEP32207	Tap- Performers	TU	5/23-6/27	12:45-1:45pm	\$61+	Walker
BEP32208	Tap- Performers	TU	7/11-7/25	12:45-1:45pm	\$31+	Walker
BEP32209	Tap- Int	TH	5/11-6/22*	12:45-1:45pm	\$61+	Walker
BEP32210	Tap- Int	TH	6/29-7/27*	12:45-1:45pm	\$41+	Walker

**FITNESS** (No class 5/10, 5/18, 5/29, 7/3, 7/20, 7/24, 7/27) +Additional supply fee due.

BEP32301	Chair Yoga	M	5/1-6/19	10:00-10:50am	\$64	Galfas
BEP32302	Chair Yoga	M	6/26-8/28	10:00-10:50am	\$73	Galfas
BEP32304	Yoga	M	5/1-6/19	11:00am-noon	\$64	Galfas
BEP32305	Yoga	M	6/26-8/28	11:00am-noon	\$73	Galfas
BEP32307	Yoga	TH	5/4-6/22	2:00-3:00pm	\$64	Galfas
BEP32308	Yoga	TH	6/29-8/31	2:00-3:00pm	\$73	Galfas
BEP32310	Zumba Gold	W	5/3-5/31	11:00-11:55am	\$29	Soler
BEP32311	Zumba Gold	W	6/21-7/12	11:00-11:55am	\$29	Soler
BEP32312	Zumba Gold	W	7/26-8/23	11:00-11:55am	\$36	Soler
BEP32317	Tai Chi	TH	6/1-7/6	10:00am-11:00am	\$61+	Dice
BEP32318	Tai Chi	TH	7/27-8/24	10:00am-11:00am	\$51+	Dice

SELF HELP (No class 7/3, 7/4) *Additional sessions available at www.gwinnettparks.com

BEP32601	Spanish-Beg	W	5/17-6/21*	10:30-11:30am	\$69	Rodriguez
BEP32602	Spanish-Beg	W	7/5-8/9*	10:30-11:30am	\$69	Rodriguez
BEP32603	Spanish-Beg	W	8/16-9/13*	10:30-11:30am	\$59	Rodriguez
BEP32604	Spanish-Beg/Int	W	5/17-6/21*	1:00-2:00pm	\$69	Rodriguez
BEP32605	Spanish-Beg/Int	W	7/5-8/9*	1:00-2:00pm	\$69	Rodriguez
BEP32606	Spanish-Beg/Int	W	8/16-9/13*	1:00-2:00pm	\$59	Rodriguez
BEP32607	Spanish-Int/Adv	W	5/17-6/21*	11:30am-12:30pm	\$69	Rodriguez
BEP32608	Spanish-Int/Adv	W	7/5-8/9*	11:30am-12:30pm	\$69	Rodriguez
BEP32609	Spanish-Int/Adv	W	8/16-9/13*	11:30am-12:30pm	\$59	Rodriguez
BEP32630	Piano Lesson-Beg/Int	M	6/5-7/10*	1:30-2:00pm	\$81	Stariha
BEP32638	Piano Lesson-Beg/Int	M	7/17-8/28*	1:30-2:00pm	\$97	Stariha
BEP32636	Piano Lesson-Beg/Int	TU	6/6-7/11*	3:00-3:30pm	\$81	Stariha
BEP32644	Piano Lesson-Beg/Int	TU	7/18-8/22*	3:00-3:30pm	\$97	Stariha

INTERESTS +Additional supplies purchased from instructor

BEP32715	Card Making	TH	5/4-5/18	1:00-3:30pm	\$25+	Ms Charlotte
BEP32716	Card Making	TH	6/1-6/15	1:00-3:30pm	\$25+	Ms Charlotte
BEP32717	Card Making	TH	7/6-7/20	1:00-3:30pm	\$25+	Ms Charlotte
BEP32718	Card Making	TH	8/10-8/24	1:00-3:30pm	\$25+	Ms Charlotte
Drop-in	Card Making	TH	dates above	1:00-3:30pm	\$10+	Ms Charlotte

ART SHOW**May 3 – September 6 • Creative Enterprise • A Collection of Works**

Featuring the colorful and energetic artwork from the talented local artists at Creative Enterprise



Prime Timers Pointe Senior Center at George Pierce Park 7

55 Buford Highway, Suwanee 30024

Hours: M-TH 9:00am-8:00pm

F 9:00am-4:00pm

SA 10:00am-6:00pm

Info & Rentals: 678.277.0910

ARTS

Code	Activity Name-Level	Days	Dates	Time	Fee	Instructor
Drop-In	Artist's Group	W	5/3-8/30	10:00am-3:00pm	\$3	



DANCE (No class on 7/4)

GPP32200	Tap Dancing-Beg	TU	5/30-7/11	9:00-10:00am	\$43	Bowman
GPP32201	Tap Dancing-Beg	TU	7/25-8/29	9:00-10:00am	\$43	Bowman
GPP32202	Tap Dancing-Int/Adv	TU	5/30-7/11	10:00-11:00am	\$43	Bowman
GPP32203	Tap Dancing-Int/Adv	TU	7/25-8/29	10:00-11:00am	\$43	Bowman
GPP32204	Tap Dancing-Beg/Int	TU	5/30-7/11	11:00am-noon	\$43	Bowman
GPP32205	Tap Dancing-Beg/Int	TU	7/25-8/29	11:00am-noon	\$43	Bowman
GPP32206	Line Dancing-Int	TU	5/30-7/11	noon-1:00pm	\$43	Bowman
GPP32207	Line Dancing-Int	TU	7/25-8/29	noon-1:00pm	\$43	Bowman
GPP32208	Line Dancing-Beg	TU	5/30-7/11	1:00-2:00pm	\$43	Bowman
GPP32209	Line Dancing-Beg	TU	7/25-8/29	1:00-2:00pm	\$43	Bowman



FITNESS

GPP32300	Senior Fitness	M, W, F	5/8-6/16	10:00-11:00am	\$60	Adams/Hatch
GPP32301	Senior Fitness	M, W, F	6/19-8/4	10:00-11:00am	\$60	Adams/Hatch
GPP32302	Senior Fitness	M, W, F	8/7-9/15	10:00-11:00am	\$60	Adams/Hatch

INTERESTS

Drop-in	Breakfast Club	TU-3rd	Monthly	9:00-11:00am		Suwanee IHOP
Drop-in	Coffee Talk	F	Weekly	9:00-10:00am	Free!	Prime Timers Pointe
Drop-in	Bingo	TU-2nd	Monthly	1:00-2:00pm	Free!	Prime Timers Pointe

ART SHOW

May 1 – June 30 • Steve and Connie White

Rita Frix is back again with her photos of the best of Georgia's Nature. She is an active member of the Georgia's Nature Photographer's Association.

July 1 – September 5 • Kaylee Floyd

A graduate of SCAD, this will be Kaylee's first art show, and it will feature her paintings on a variety of subjects.

Spotlight Older Americans Month

Age Out Loud! Join us as we speak up and out loud this May in celebration of Older American's Month at several locations throughout Gwinnett County!

May 1	2:00pm	Laugh Out Loud Movie Matinee Series at Bethesda Park Senior Center 17
May 2	2:00pm	Older American's Month Resolution Gwinnett Justice and Administration Center; 75 Langley Drive, Lawrenceville
May 5	1:30pm	Tai Chi for Seniors classes, Centerville Community Center
May 8	10:30am	Age Out Loud for Rite Bite Diabetes Cooking School at Bethesda Park Senior Center 17
May 9	10:00am	Senior Art Play at Centerville Community Center
May 12	6:00pm	Movin' & Groovin' Friday Night Dance Party at Bethesda Park Senior Center 17
May 15	10:30am	Age Out Loud for Rite Bite Diabetes Cooking School at Bethesda Park Senior Center 17
May 16	11:30am	Loud and Proud Cookout at Bethesda Park Senior Center 17
May 19	11:00am	A Day in Paradise at Prime Timers Pointe at George Pierce Park 7
May 22	10:30am	Age Out Loud for Rite Bite Diabetes Cooking School at Bethesda Park Senior Center 17
May 22	2:00pm	Laugh Out Loud Movie Matinee Series at Bethesda Park Senior Center 17
May 24	1:00pm	Dazzlin' Dames Age Out Loud Variety Show at Bethesda Park Senior Center 17



Code

Activity Name-Level

Age

Day

Date

Time

Fee

Instructor



THERAPEUTIC RECREATION

Gwinnett County Parks & Recreation believes ALL members of the community should have access to fun, healthy, positive recreation. Therapeutic Recreation offers specialized and inclusive community-based programs for individuals with special needs. We seek to provide residents who have physical, economic and or behavioral challenges the opportunity to participate in competitive sporting events, specialized classes, creative activities and special events.

Therapeutic Recreation exposes participants to new experiences to increase self-esteem and self-confidence and to promote community involvement and independence. That's what Therapeutic Recreation is all about! For more information on Therapeutic Recreation, email cstr@gwinnettcountry.com. For specific accommodations or questions, please contact Janice Rinaldo at janice.rinaldo@gwinnettcountry.com or call 678.277.0907.

Specialized Programs are open to everyone, but are designed to meet the unique needs of individuals with physical, mental and/or emotional disabilities. Programs include sporting activities, adaptive aquatics, arts & crafts and much more!

Inclusive Programs provide reasonable accommodations to people with disabilities upon request. Successful participation and accommodations will only be possible with the commitment of both the recreation staff and the participants. A reasonable accommodation is assistance provided to aid individuals with disabilities with their participation. Some minimum eligibility requirements may be required in order to participate. With a reasonable accommodation, an individual can meet the basic need or essential requirements for participation.

Participants are asked to notify the recreation department regarding any and all accommodations necessary for participation at least two weeks prior to the program start date. If accommodation requests are made less than two weeks in advance, Gwinnett County Parks & Recreation will make every effort to meet the request. If we are unable to meet the request in time, Gwinnett County Parks & Recreation reserves the right to limit or deny registration for the requested session. However, the participant will be eligible to register for another program later in the session. Visit www.gwinnettparks.com for more information on Therapeutic Recreation.

Volunteer Opportunities are available for special needs youth and adult therapeutic recreation programs, park landscaping and park improvement projects. If you are interested in volunteering with Therapeutic Recreation, contact Janice Rinaldo at 678.277.0900 or janice.rinaldo@gwinnettcountry.com.



SUMMER CAMP for Therapeutic Recreation

Singleton Road Activity Building  678.277.0860

Campers will be engaged in fun activities including arts and crafts, games, and cold cooking and learn how to self sooth, temper emotions and build social skills! Participants must be able to function independently in a 1:12 ratio or with a caregiver. Bring towel or yoga mat, lunch, drinks, and snack daily. Ages 6-17, Monday – Friday, 8:00am – 5:00pm.

LSP29311	6/5-6/9	\$100
LSP29312	6/12-6/16	\$100
LSP29313	6/19-6/23	\$100
LSP29314	6/26-6/30	\$100
LSP29315	7/5-7/7	\$66
LSP29316	7/10-7/14	\$100
LSP29317	7/17-7/21	\$100
LSP29318	7/24-7/28	\$100
LSP29319	7/31-8/4	\$100

Daily Payment
options based on
availability
1 Day = \$26
2 Days = \$46
3 Days = \$66



AQUATICS for Therapeutic Recreation

New! Adaptive group swim lessons with a reduced class size. An experienced instructor provides developmentally appropriate instruction of general aquatic movement, leading to greater safety and enjoyment. Please call 678.407.8801 or 678.277.0880 to schedule an evaluation in order to be registered. Call for private adaptive swim lessons.

Saturdays

Bethesda Park Aquatic Center – 8:15-11:15am
West Gwinnett Park Aquatic Center – 2:30-5:30pm

Sundays

West Gwinnett Park Aquatic Center – 1:15-5:45pm

Monday-Wednesday

West Gwinnett Park Aquatic Center – 3:00-6:00pm

West Gwinnett Park Aquatic Center **6** 678.407.8801



SPORTS for Therapeutic Recreation

Location	Contact	Athletic League	Website	Sports Offered
Various Parks	404.625.3988	Gwinnett Masters Special Teams Participants age 16-up	www.gapathways.org	Track & Field, Swimming, Cheerleading, Softball, Bocce, Bowling, Floor Hockey, Basketball, Volleyball
Bay Creek Park 24	770.978.5271	Grayson Athletic Association	www.gaasports.org	Basketball, Cheerleading, Baseball/Softball
Best Friend Park 2	770.399.7588 x131	ALTA Tennis	www.altatennis.org	Tennis
Rabbit Hill Park 21	678.277.0855	Dacula Soccer Club	www.daculasoccer.com	Soccer
Pinckneyville Park 20	678.277.0923	Norcross Soccer Academy	www.norcross.unitedfa.org	TOP Soccer (Youth)



Spotlight Special Needs Playgrounds

We are committed to providing a safe and secure environment to enhance the quality of life for everybody! Our goal is to build self-esteem and self-confidence!

All playgrounds are handicapped accessible and many have special features!

Bay Creek Park **24**
175 Ozora Road, Loganville
Handicapped-accessible ball field
Playground for children with special needs

Peachtree Ridge Park **37**
3117 Suwanee Creek Road, Suwanee
Handicapped-accessible ball field
Playground for children with special needs

Duncan Creek Park **38**
3700 Braselton Highway, Dacula
Playground with handicapped-accessible features



Code

Activity Name-Level

Age

Day

Dates

Time

Fee

TENNIS

Tennis Classes Wear tennis shoes, appropriate clothing for weather conditions, and bring your racket. Classes that are cancelled by GCPR due to weather will be extended. Tennis offerings include league play, junior tournaments, classes, camps, lessons and team coaching. Call 770.417.2210 for information.

Quick Start Tennis is an exciting play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Children must be of age at the time the class begins, tennis shoes required, but rackets and balls are provided.

Red ball=15% larger and travel/bounce 75% slower than regular tennis ball

Orange ball=bounce/travel 50% slower than regular tennis ball

Green ball=bounce/travel 25% slower than regular tennis ball

For court use, "permitted" play takes priority over "walk-up" play. Courts are first come, first served for walk-up play, unless permitted/rented. All facilities offer court rentals, call 770.417.2210 to rent/reserve courts.



Bay Creek Park Tennis Courts 24 (4 lighted courts) 175 Ozora Road, Loganville 30052, 770.417.2210

Dacula Park Tennis Courts 4 (4 lighted courts) 2735 Old Auburn Ave, Dacula 30019, 770.417.2210

DAP29401	Quick Start (Red ball)	5-8	M-TH	5/29-6/1	5:00-6:00pm	\$57
DAP29402	Quick Start (Orange ball)	9-12	M-TH	5/29-6/1	6:00-7:00pm	\$57
DAP29403	Tennis	13-16	M-TH	5/29-6/1	7:00-8:00pm	\$57

E. E. Robinson Park Tennis Center 49 (6 lighted courts) 800 Peachtree Industrial Boulevard, Sugar Hill 30518, 770.417.2210

Graves Park Tennis Courts 33 (2 courts) 1540 Graves Road, Norcross 30093, 770.417.2210

Hudlow Tennis Center at Best Friend Park 2 (17 lighted courts) 6224 Jimmy Carter Blvd, Norcross 30071, 770.417.2210

Office Hours: M-F 9:00am-9:00pm; SA 8:30am-6:00pm; SU 10:00am-6:00pm

Lucky Shoals Park Tennis Courts 6 (2 lighted courts) 4651 Britt Road, Norcross 30093, 770.417.2210

Mountain Park Tennis Center 5 (6 lighted courts) 5050 Five Forks-Trickum Road, Lilburn 30047, 770.564.4651 or 770.417.2210

Office Hours: M-F 9:00am-noon; M-TH 4:00-8:00pm; SA 8:30am-4:00pm; SU 11:00am-5:00pm

MPP29404	Quick Start (Red ball)	5-8	M-TH	6/5-6/8	9:00-10:00am	\$57
MPP29405	Quick Start (Red ball)	5-8	M-TH	6/12-6/15	9:00-10:00am	\$57
MPP29406	Quick Start (Red ball)	5-8	M-TH	6/19-6/22	9:00-10:00am	\$57
MPP29407	Quick Start (Red ball)	5-8	M-TH	7/10-7/13	6:00-7:00pm	\$57
MPP29408	Quick Start (Red ball)	5-8	M-TH	7/17-7/20	6:00-7:00pm	\$57
MPP29409	Quick Start (Red ball)	5-8	M-TH	7/24-7/27	6:00-7:00pm	\$57
MPP29410	Quick Start (Orange ball)	9-12	M-TH	6/5-6/8	10:00-11:00am	\$57
MPP29411	Quick Start (Orange ball)	9-12	M-TH	6/12-6/15	10:00-11:00am	\$57
MPP29412	Quick Start (Orange ball)	9-12	M-TH	6/19-6/22	10:00-11:00am	\$57
MPP29413	Quick Start (Orange ball)	9-12	M-TH	7/10-7/13	7:00-8:00pm	\$57
MPP29414	Quick Start (Orange ball)	9-12	M-TH	7/17-7/20	7:00-8:00pm	\$57
MPP29415	Quick Start (Orange ball)	9-12	M-TH	7/24-7/27	7:00-8:00pm	\$57
MPP29416	Tennis	13-16	M-TH	6/5-6/8	11:00-noon	\$57
MPP29417	Tennis	13-16	M-TH	6/12-6/15	11:00-noon	\$57
MPP29418	Tennis	13-16	M-TH	6/19-6/22	11:00-noon	\$57
MPP29419	Tennis	13-16	M-TH	7/10-7/13	8:00-9:00pm	\$57
MPP29420	Tennis	13-16	M-TH	7/17-7/20	8:00-9:00pm	\$57
MPP29421	Tennis	13-16	M-TH	7/24-7/27	8:00-9:00pm	\$57

Rhodes Jordan Park Tennis Center 15 (8 lighted courts) 100 East Crogan Street, Lawrenceville 30046 770.237.5642 or 770.471.2210

Office Hours: M-TH 4:00-8:00pm; SA 8:30am-4:00pm; SU 11:00am-5:00pm

RJP29422	Quick Start (Red ball)	5-8	M-TH	6/19-6/22	5:00-6:00pm	\$57
RJP29423	Quick Start (Orange ball)	9-12	M-TH	6/19-6/22	6:00-7:00pm	\$57
RJP29424	Tennis	13-16	M-TH	6/19-6/22	7:00-8:00pm	\$57

Rock Springs Park Tennis Center 39 (6 lighted courts) 500 Rock Springs Road, Lawrenceville 30043 770.904.3996 or 770.417.2210

Office Hours: TU & TH 9:00am-noon; M-TH 4:00-8:00pm; SA 8:30am-4:00pm; SU 11:00am-5:00pm

RSP29425	Quick Start (Red ball)	5-8	M-TH	6/5-6/8	9:00-10:00am	\$57
RSP29426	Quick Start (Red ball)	5-8	M-TH	6/12-6/15	9:00-10:00am	\$57
RSP29427	Quick Start (Red ball)	5-8	M-TH	7/10-7/13	6:00-7:00pm	\$57
RSP29428	Quick Start (Red ball)	5-8	M-TH	7/17-7/20	6:00-7:00pm	\$57
RSP29429	Quick Start (Red ball)	5-8	M-TH	7/24-7/27	6:00-7:00pm	\$57
RSP29430	Quick Start (Orange ball)	9-12	M-TH	6/5-6/8	10:00-11:00am	\$57
RSP29431	Quick Start (Orange ball)	9-12	M-TH	6/12-6/15	10:00-11:00am	\$57
RSP29432	Quick Start (Orange ball)	9-12	M-TH	7/10-7/13	7:00-8:00pm	\$57
RSP29433	Quick Start (Orange ball)	9-12	M-TH	7/17-7/20	7:00-8:00pm	\$57
RSP29434	Quick Start (Orange ball)	9-12	M-TH	7/24-7/27	7:00-8:00pm	\$57
RSP29435	Tennis	13-16	M-TH	6/5-6/8	11:00-noon	\$57
RSP29436	Tennis	13-16	M-TH	6/12-6/15	11:00-noon	\$57
RSP29437	Tennis	13-16	M-TH	7/10-7/13	8:00-9:00pm	\$57
RSP29438	Tennis	13-16	M-TH	7/17-7/20	8:00-9:00pm	\$57
RSP29439	Tennis	13-16	M-TH	7/24-7/27	8:00-9:00pm	\$57

Sweet Water Park Tennis Courts 34 (2 courts) 800 Bethesda School Road, Lawrenceville 30044, 770.417.2210

ALTA and USTA Teams Tennis Court Rentals Schedule your ALTA and/or USTA team to play at one of our convenient tennis facilities. Practice times are included in the rental fee! Call the Hudlow Tennis Center at 770.417.2210 to find out about fees, locations and court availability.



Adult Team Sports



All leagues register by team only. For a complete list of league rules and leagues offered, visit www.gwinnettparks.com, then click Adult Athletics. Call 678.277.0891 for more information.

Softball is offered four seasons per year and games are played at Best Friend Park ² Bethesda Park ¹⁷ E. E. Robinson Park ⁴⁹ and George Pierce Park ⁷. All leagues will consist of a ten game schedule. All softball seasons are \$480/team. In the spring season, a county softball tournament is offered for \$120/team.

Coed Volleyball is offered for three seasons (spring, fall and winter) and all games are played on Sundays at Rhodes Jordan Park Gym ¹⁵. Each season consists of ten games, plus a single elimination tournament. Spring volleyball \$300/team.

Flag Football is offered for two seasons (spring and fall) and all games are played at Bethesda Park Football Field ¹⁹. Each season consists of seven games, plus a single elimination tournament for the top eight teams. Spring flag football \$440/team.

Companies can reach the largest Adult Sports Leagues in the county through various sponsorship opportunities; contact Stacy.Fowler@gwinnettcountry.com or call Adult Athletics at 678.277.0891.

Advertise with us!

Scoreboards

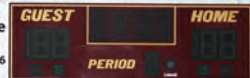
Adult Athletic Fields

Bethesda Park
George Pierce Park

Gymnasiums

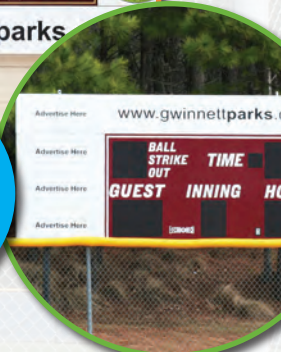
Bogan Park • Lenora Park
Lucky Shoals Park • Rhodes Jordan Park

Advertise Here
770.822.8866



www.gwinnettparks.com

50% OFF
Multiple
Locations



770.822.8866

email: parks@gwinnettcountry.com

Spotlight

Spring Into Summer



Spring Into Summer • Saturday, May 20 • 5:00pm • Rhodes Jordan Park ¹⁵

Free! Wellness Festival: Spring into new, fun and healthy habits this National Kids to Parks Day! Have a blast with kids activities, inflatables and entertainment. Get informed with wellness exhibitors fitness demos and more! Call 770.822.3197 for more information or to become an exhibitor.

1, 2, 3k GLOW Fun Walk/Run • 8:15pm

Get your glow on! All ages, \$10/person, includes 1 glow in the dark t-shirt, 2 glow bands and 3k's of fun! Pre-register online at runsignup.com by 5/6. Walk-up registration begins at 5:00pm.

Movie on the Lawn • 9:00pm

Free! Bring your blankets or lawn chairs and watch the movie 'Sing!' under the stars after the 3k GLOW Fun Walk/Run!





Partners in our Recycling Program. Call 678.277.0900 for more information.

Non-Gwinnett resident fees are \$90 per child, per sport, per season plus the registration fee.



Youth Sports Leagues

Gwinnett County Parks & Recreation is proud to work with local volunteer Gwinnett County athletic (sports) associations to form youth sports leagues. Participants in these sports teams register directly with the local association at various times and locations. For more information, visit the association website or call the Area Facilitator listed below.

Location	Facilitator	Youth Athletic League	Website	Sports Offered
Bay Creek Park 24	770.978.5271	Grayson Athletic Association	www.gaasports.org	Baseball/Softball, Football, Lacrosse, Special Needs, Basketball, Cheerleading
Bethesda Park 19	770.978.5271	Brookwood Athletics	www.baabonline.com www.brookwoodbasketball.com www.bfabroncos.com www.broncolax.com www.georgiafc.com	Baseball/Softball Basketball Football, Cheerleading Lacrosse
Bethesda Park 19	770.978.5271	Georgia Futbol Club	www.georgiafc.com	Soccer
Bogan Park 18	678.277.0855	Mill Creek Athletic Assn.	www.millcreekaa.net	Baseball/Softball, Basketball, Lacrosse, Football, Cheerleading
Duncan Creek Park 38				
Bryson Park 46	678.277.0222	Bryson Park Youth Athletic Assn.	www.brysonparktitans.com www.brysonparksc.com	Football, Cheerleading Soccer
Cemetery Field 10	678.277.0222	Norcross Football Assn.	www.norcrossfootball.com	Football, Cheerleading, Flag Football
Collins Hill Park 12	678.277.0855	Collins Hill Athletic Assn.	www.chaasports.com	Baseball/Softball, Basketball
Rock Springs Park 39				Football, Cheerleading, Lacrosse
Dacula Park 4	678.277.0855	Dacula Athletic Assn.	www.dacula.com	Baseball/Softball, Football, Cheerleading, Basketball, Lacrosse
George Pierce Park 7	678.277.0855	North Gwinnett Athletics	www.ngbsa.org www.ngfa.com www.ngbasketball.org www.ngbulldoglax.com	Baseball/Softball Football, Cheerleading Basketball Lacrosse
George Pierce Park 7	678.277.0855	Atlanta Fire United Soccer	www.atlantaunitedsoccer.com	Soccer
Harbins Park 42	770.978.5271	Archer Athletic Assn.	www.playaaasports.org	Football, Basketball, Cheerleading Baseball/Softball, Lacrosse, Soccer
Jones Bridge Park 3	678.277.0222	Peachtree Boosters	www.pbcsports.org	Soccer, Basketball
Pinckneyville Park 20	678.277.0222			Roller Hockey
Lenora Park 14	770.978.5271	Shiloh Athletic Assn.	www.saa-youth.org	Baseball/Softball, Football, Flag Football, Cheerleading and Basketball
E. E. Robinson Park 49	678.277.0855	Lanier Athletic Assn.	www.lanieraa.com	Baseball/Softball, Football, Cheerleading, Basketball
Lions Club Park 29	770.978.5271	Greater Lilburn Athletic Assn.	www.glaasports.org	Baseball/Softball
Lucky Shoals Park 6	678.277.0860	Mustang Athletics	www.mustangyouthathletics.com	Basketball, Cheerleading
Mountain Park Park 5	770.978.5271	Mountain Park Athletic Association	www.plaympaa.com	Baseball/Softball, Football, Cheerleading, Basketball, Lacrosse
JB Williams Park 48				
Peachtree Ridge Park 37	678.277.0222	Peachtree Ridge Youth Athletic Assn.	www.pryaa.com	Baseball/Softball, Football, Cheerleading Basketball, Soccer, Lacrosse
Pinckneyville Park 20	678.277.0222	Norcross Youth Baseball/Softball	www.norcrossbaseballsoftball.com	Baseball/Softball
Pinckneyville Park 20	678.277.0222	Norcross Soccer Assn.	www.norcross.unitedfa.org	Soccer
Pinckneyville Park 20	678.277.0222	Peachtree Boosters	www.pbcsports.org	Roller Hockey
Rabbit Hill Park 21	678.277.0855	Dacula Soccer Club Mountain View Athletic Assn.	www.daculasoccer.com www.mvaasports.org	Soccer, Special Needs Football, Basketball, Cheerleading Baseball/Softball, Lacrosse
Rhodes Jordan Park 15	678.277.0855	Lawrenceville Youth Athletic Assn.	www.playlyasports.com	Baseball/Softball, Football, Flag Football Basketball, Cheerleading
Shorty Howell Park 1	678.277.0222	Duluth Athletic Assn.	www.duluthyouth.com	Baseball/Softball, Football Cheerleading, Basketball, Lacrosse
South Gwinnett Park 30	770.978.5271	South Gwinnett Athletic Assn.	www.sgaasports.com	Baseball/Softball, Football, Cheerleading, Basketball, Roller Hockey



EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

AQUATICS

Visit one of our award-winning aquatic centers or water parks for a wet, splash filled time! We offer a wide range of aquatic activities including swim lessons, water exercise, lifeguard training and even Scuba lessons!

Gwinnett County Parks & Recreation operates 9 state-of-the-art indoor pools year-round and 7 inviting outdoor pools during the Summer season between Memorial Day and Labor Day. The Aquatic Centers indoor facilities offer a variety of lap pools, instructional pools, diving wells and spectator seating. The Leisure Play Pools are overflowing with lots of fun features such as beach entry, water play structures, giant water slides, picnic areas and more! Visit www.gwinnettparks.com for details on the specific amenities and hours of operation at each location.

Rent a pool for your next event! (call facility)



EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC



Daily Admission* Fees

	Gwinnett Resident	Non-Gwinnett Resident
Ages 3-under	\$3.25	\$6.25
Ages 4-10	\$4.25	\$8.25
Ages 11-49	\$5.50	\$10.50
Ages 50-up	\$3.25	\$6.25

Fees include Sales Tax. ID must be presented at admission.



Get discounted admission fees (sales tax applies) with a year-round, seasonal, 10-visit, or Senior Weekday **FUNCARD!** Visit www.gwinnettparks.com for more information!

Birthday Parties

For a splash-splashing good time, ask about our daytime birthday parties!

Rent a room adjacent to the water park for two hours for your birthday party, your guests and your goodies!

- Best Friend Park Pool 678.277.0224
- Bethesda Park Aquatic Center 678.277.0880
- Bogan Park Aquatic Center 678.277.0853
- Collins Hill Park Aquatic Center 770.237.5647
- Lenora Park Pool 770.564.4650

- Mountain Park Aquatic Center 678.277.0870

- West Gwinnett Park Aquatic Center 678.407.8801

Reserve your party today! Contact facilities for specific availability.



Aquatics Guidelines

- Children 10 and under must be accompanied by a paying adult (18-up) in a swimsuit.
- Children 6 and under must be accompanied by an adult (18-up) in a swimsuit in the water and within arms reach of the child(ren).
- Children who are not potty trained must wear plastic or vinyl training pants over their swim diapers.
- All patrons who enter a facility must pay admission fee (even if not swimming).
- There is no re-entry.
- Swimsuits are required to swim.
- Groups with children 7-10 years of age must have one adult in a swimsuit for every 10 children.
- Groups with children 6 years of age and under must have one adult (18-up) in a swimsuit and in the water for every three children.

For capacity reasons, all out-of-county inclusive groups are only allowed admittance to Gwinnett County Parks & Recreation Aquatic facilities after 4:00pm.

Aquatic Safety Rules and Swimwear Guidelines For a complete list of rules visit www.gwinnettparks.com. Contact Individual facilities for site specific rules.

Closings All Gwinnett County pools and aquatic facilities are subject to close without notice for maintenance/repairs. **All pools will be closed 5/19-5/26 and 9/5-9/10 for routine maintenance.**

Senior Aquatics Drop-in class offered at several facilities. (page 9)

Year-Round Employment & Training Opportunities


for lifeguards and swim instructors. Email lifeguard@gwinnettcountry.com or call 770.237.5652.

Visit www.gwinnettparks.com for a complete list of leadership classes. As required by Official Code of Georgia § 50-36-1(1), any adult (18 and above) applicant for an Adult Education Course must execute an affidavit certifying legal presence in the United States, and attach a front and back copy of one secure and verifiable document for identification.



Withdrawal Policy

Individuals who register for multiple/incorrect swim lesson levels will be charged a \$25 minimum withdrawal fee and removed from the class.

Swim Lessons  Gwinnett County residents can register beginning 4/1, \$51. Non-Gwinnett residents can register beginning 4/3, \$71 (\$20 additional fee for non-Gwinnett residents). Classes for ages six months and up and meet for 30 minutes, four times a week (M-TH) for two weeks. Class times vary. Saturday lessons are available at select locations and meet for 40-50 minutes, once a week for 6 weeks. Each person may only register for or be registered for one session and class at a time. GCPR reserves the right to change class times and offerings prior to registration due to instructor and facility availability.

Swim Lesson Sessions

Session 1	6/5-6/15	
Session 2	6/19-6/29	
Session 3	7/10-7/20	
Session 4	7/24-8/3	
Session 5	8/7-8/31	Bethesda Park Aquatic Center • Bogan Park Aquatic Center (M,W or TU,TH for 4 weeks) Collins Hill Park Aquatic Center • Mountain Park Aquatic Center • West Gwinnett Park Aquatic Center
Saturday Session 1	6/3-7/15	West Gwinnett Park
(no class 7/1)	6/3-6/24	Mountain Park
Saturday Session 2	7/22-8/26	West Gwinnett Park
	7/8-7/29	Mountain Park
Saturday Session 3	8/5-8/26	Mountain Park

Group Swim Lessons

Lessons available at all pool facilities.



Parent Assist 1 • Ages 6 months – 2 years

Water orientation class for younger children. Parents (one adult per child) required to be in water with children. Skills include breath control, floating, kicking and games.

Parent Assist 2 • Ages 2 – 3 years

Advanced water orientation for toddlers. Parents (one adult per child) required to be in water with children. Skills include water entries/exits, front kicks, blowing bubbles, breath control, underwater exploration, front/back glide, coordinated arm strokes, kicks and coordinated arm strokes on back, introduction to lifejackets and pool rules.

Preschool 1 (No water experience) • Ages 4 – 5 years

Child will become familiar with the water without the parent. Skills include introduction to front kicks, blowing bubbles, breath control, underwater exploration, front/back glide, coordinated arm strokes, kicks and arm strokes on back, short breaths of air, introduction to lifejackets and pool rules. (Exit Skills: Child must have the correct kick with legs extended behind them, attempted coordinated arm stroke and take at least three breaths of air to be in this class.)

Preschool 2 (Intermediate Preschool) • Ages 4 – 5 years • Must pass Preschool 1

Skills include front/back kicks, under water exploration, front/back glide, coordinated arm strokes, arm strokes on back, rhythmic breathing, and elementary backstroke. (Exit Skills: Child must be able to swim five yards with coordinated arm stroke and rhythmic breathing, and five yards on back to be considered for the next level.)

Preschool 3 (Advanced Preschool) • Ages 4 – 5 years • Must pass Preschool 2

Skills include treading water using arms and legs for 15 seconds, changing direction of swimming while on front or back and rhythmic breathing for the front crawl. (Exit Skills: Child must be able to push off and swim using combined arm and leg action on front for 5 body lengths, roll to back, float for 15 seconds, roll to front then continue swimming for 5 body lengths to be considered for the next level.)

Level 1, 2 (Fundamental Aquatic Skills) • Ages 6 – 12 • No water skills necessary

Learn basics of swimming including entering/exiting the water; holding your breath underwater; supported and unsupported front/back float, flutter kicking, alternating arm strokes front/back, submerging in chest deep water; coordinated arm stroke front/back, explore deep water. (Exit Skills: 1. Move into a front float and hold for 5 seconds, roll to a back float position for five seconds and return to standing position. 2. Push off and swim using a combination of arm/leg actions for 15 feet on the front; push off and swim using a combination of arm and leg actions for 15 feet on the back.)



Level 3 (Stroke Development) • Must pass Level 1, 2

Skills include jumping in deep water; head-first entries, retrieving an object from the bottom, rotary breathing, front/back glide for distance, treading water for 30 seconds, changing body position in deep water; front/back crawl, and butterfly kick. (Exit Skills: 1. Jump into deep water; swim front crawl for 15 yards with face in water and rotary breathing, maintain position by treading water or floating for 30 seconds and swim back crawl for 15 yards. 2. Elementary backstroke arms 15 feet.)

Level 4, 5 (Stroke Improvement and Stroke Refinement) • Must pass Level 3

Skills include diving from side, long shallow dive and glide, swimming underwater; floating for time, open turns and flip turns from wall, treading water for time, front/back crawl, breaststroke, butterfly, elementary backstroke, swimming underwater; surface dives, survival swimming for time, swim all strokes for distance. (Exit Skills: 1. Perform a shallow dive into deep water; swim front crawl for 50 yards, tread water for two minutes and swim elementary backstroke for 25 yards. 2. Swim breaststroke for 25 yards, tread water for two minutes and swim back crawl for 50 yards.)

Level 6 (Basic Water Safety and Lifeguard Readiness) • Must pass Level 4, 5

Skills include swimming all strokes for distance, open/flip turns, surface dives, basic water safety, various training techniques. (Exit Skills: 1-Swim 500 yards continuously using front crawl 100 yards; back crawl 100 yards; breaststroke 50 yards; elementary backstroke 50 yards; sidestroke 50 yards; butterfly 50 yards; and your choice of stroke 100 yards. 2-Swim 20 yards to a depth of 7-10 feet, retrieve a 10-pound object, return to the surface and swim 20 yards to the starting point while holding onto the object.)

Stroke Clinic 1 • Must pass Level 4, 5

Participants will do technique work on kicks, arm strokes, rhythmic breathing, practice flip turns, butterfly, breaststroke and starts necessary to be a competitive swimmer. (Exit Skills: Swim 300 yards continuously using the 4 competitive stroke in the following order: butterfly 50 yards, front crawl 100 yards, back crawl 100 yards, breaststroke 50 yards. Perform shallow dive from the block and demonstrate front flip turn.)



Adult Group Swim Lessons

Lessons available at all year-round pool facilities.

Adult Classes (Ages 13 - up with little or no water experience.)

American Red Cross Adult Swim is intended for teens and adults who wish to improve their knowledge and skill for many reasons. It may be to overcome their fear of the water and to learn the basic skills and achieve a minimum level of water competency to improve their skill and technique either to increase their level of safety to improve their health and fitness or to perhaps compete in triathlons or to join a master's team.

Adult 1 (Learning the Basics Intro to Water Skills) • Ages 13 – up • Little or no water experience

Skills include holding your breath underwater; bobbing in chest-deep water; supported and unsupported front/back kicks, supported and unsupported front/back glides, floating, elementary backstroke, breaststroke, front/back crawl, front/back glide. (Exit Skills: 1-Flutter kick and rhythmic breathing with kickboard 10 yards. 2-Swim on front 10 yards using either a front crawl or breaststroke. 3-Swim on back using either back crawl or elementary backstroke.)

Adult 2 (Improving Skills and Swimming Stroke Development) • Ages 13 – up • Must pass Adult 1

Skills include treading water; front/back coordinated arm stroke, rhythmic breathing, elementary backstroke, breaststroke, sidestroke, endurance, and swimming in deep water.

Adult 3 (Swimming for Fitness) • Ages 13 – up • Must pass Adult 2

Skills include refinement of front crawl, back crawl, and breaststrokes. Gain proficiency open and flip turns and to build endurance. Teaches skills and concepts needed to stay safe in, on, and around the water.

Spotlight

May is National Water Safety Month!

Join us in promoting the safe enjoyment of the water!
Learn how to stay safe while enjoying the water this summer.

Our aquatic centers will be providing water safety tips, safe swimmer pledges, swimming lessons and more for every one of all ages!

For more info on all we have planned, see pages 20-23 for your local Gwinnett County aquatic center.



Code

Activity Name - Level

Age

Days

Dates

Time

Fee

Best Friend Park Pool 2

6224 Jimmy Carter Boulevard, Norcross 30071 • 678.277.0224

Hours 5/27-8/6Monday-Saturday
Sunday**Outdoor Leisure Pool**noon-6:00pm
1:00pm-6:00pmClosed
for
Season
8/6**Swim Lessons**

Group swim lessons are available at Best Friend Park Pool. Please call 678.277.0224 or visit our website for details.

Bethesda Park Aquatic Center 17

225 Bethesda Church Road, Lawrenceville 30044 • 678.277.0880

Hours 5/27-8/6Monday, Wednesday
Tuesday, Thursday
Friday, Saturday
Sunday**Indoor Instructional Pool**1:00-6:00pm, *8:00-9:00pm
1:00-6:00pm, *8:00-9:00pm
11:00am-6:00pm
1:00-6:00pm**Indoor Leisure Play Pool**11:00am-6:00pm, *8:20pm-9:00pm
11:00am-6:00pm, *7:00pm-9:00pm
11:00am-6:00pm
1:00-6:00pm

*Lap swimming & exercise only (Not on 7/6 due to Family Night event)

Leisure pool hours vary beginning 8/8. Visit our website or call 678.277.0880 for details.

**FITNESS**

BEP35300	Shallow Water Aerobics	15-up	M, W	6/5-6/28	7:10-8:00pm	\$37
BEP35301	Shallow Water Aerobics	15-up	M, W	7/10-8/2	7:10-8:00pm	\$37
BEP35302	Shallow Water Aerobics	15-up	M, W	8/14-8/30	7:10-8:00pm	\$28
BEP35306	Aqua Zumba	15-up	TU, TH	6/6-6/29	7:10-8:00pm	\$37
BEP35307	Aqua Zumba	15-up	TU, TH	7/11-8/3	7:10-8:00pm	\$37
BEP35308	Aqua Zumba	15-up	TU, TH	8/15-8/31	7:10-8:00pm	\$28
Drop-In	Boot Camp Aerobics	15-up	SU	on-going	noon-12:50pm	\$2/class
BEP35303	River Boot Camp Challenge	15-up	M, W	6/5-6/28	7:30-8:20pm	\$37
BEP35304	River Boot Camp Challenge	15-up	M, W	7/10-8/2	7:30-8:20pm	\$37
BEP35305	River Boot Camp Challenge	15-up	M, W	8/14-8/30	7:30-8:20pm	\$28

Bogan Park Aquatic Center 18

2723 North Bogan Road, Buford 30519 • 678.277.0853

Hours 5/27-8/6Monday, Wednesday
Tuesday, Thursday**Indoor Lap Pool**6:00-7:50am*
11:00am-6:00pm*
7:10-8:30pm***Indoor Leisure Play Pool**11:00am-6:00pm
11:00am-6:00pm**Indoor Lap Pool (8/7-9/4)**6:00-8:50am*
11:00am-6:00pm*
7:10-8:30pm***Indoor Leisure Play Pool (8/7-9/4)**3:00-6:00pm
3:00-6:00pm

Friday

Saturday

Sunday

9:00am - 6:00pm

noon-6:00pm

1:00-6:00pm

11:00am-6:00pm

noon-6:00pm

1:00-6:00pm

9:00am-6:00pm

noon-6:00pm

1:00-6:00pm

3:00-6:00pm

noon-6:00pm

1:00-6:00pm

*Diving Boards closed 6:00-7:50am, 11:00am-noon and 7:10-8:30pm.

FITNESS

Drop-In	River Walking	15-up	TU, TH	on-going	9:00-9:40pm	\$3/class
BOP35300	Get Wet & Sweat	15-up	M, W	6/5-8/2	7:10-8:00pm	\$73
BOP35301	Get Wet & Sweat	15-up	M, W	8/14-8/30	7:10-8:00pm	\$31
BOP35303	Aqua Attitude	15-up	TU, TH	8/16-9/1	10:00-10:50am	\$31

TRAINING *Contact facility to register:

BOP35211	Try SCUBA	10-up	SU	5/28	12:30-2:30pm	\$16
BOP35212	Try SCUBA	10-up	SU	6/25	12:30-2:30pm	\$16
BOP35213	Try SCUBA	10-up	SU	7/30	12:30-2:30pm	\$16
BOP35214	Try SCUBA	10-up	SU	8/27	12:30-2:30pm	\$16
BOP35215	SCUBA	10-up	TU, TH	6/6-6/22	6:00-8:30pm	\$136
BOP35216	SCUBA	10-up	TU, TH	7/11-7/27	6:00-8:30pm	\$136
BOP35217	SCUBA	10-up	TU, TH	8/1-8/17	6:00-8:30pm	\$136
BOP35103	Lifeguard Training*	15-up	F, SA, SU	5/05, 5/13, 5/14	varies	\$176
BOP35106	Lifeguard Instructor*	17-up	SA, SU, TU	5/6, 5/7, 5/9	varies	\$236

Bogan Kids Club • Friday, May, 12 • 6:00pm to 9:30pm

Come join the cool kids at the pool for a night of swimming, games, crafts and food. Be a part of the fun, bring your friends and make some new ones. Send your parents out for a night on the town while you come to play around! Call 678.277.0853 for more information.

Kayak Roll Practice: Indoor group led kayak roll practice is held Tuesdays and Thursdays from 7:10pm-8:30pm. This is a great opportunity to practice your roll, work on your off side roll, teach a fellow paddler to roll, or work on other techniques such as wet exits, hand rolls, deep water reentries. All pool rules and general admission fees apply. Call 678.277.0853 for more information.

Code	Activity Name - Level	Age	Days	Dates	Time	Fee	Instructor
Collins Hill Park Aquatic Center 12 2200 Collins Hill Road, Lawrenceville 30043 • 770.237.5647							
Hours 5/27-8/6		Indoor Lap Pool		Outdoor Leisure Play Pool			
Monday, Wednesday, Friday	1:00am-1:00pm (lap swim)				1:00-6:00pm		
Tuesday, Thursday	1:00-6:00pm (open swim)				1:00-6:00pm		
Saturday, Sunday	Diving Board closed all day				1:00-6:00pm		
	6:00-8:45am; 1:00am-1:00pm & 7:10-9:00pm (lap swim only)						
	1:00-6:00pm (open swim)						
	1:00-6:00pm				1:00-6:00pm		
Lap and Leisure pool hours vary beginning 8/7. Visit our website or call 770.237.5647 for details.							



FITNESS

CHP35300	Get Wet & Sweat Combo	15-up	TU,TH	6/6-8/3	8:00-8:50am	\$73
CHP35301	Get Wet & Sweat Combo	15-up	TU,TH	6/6-8/3	7:10-8:00pm	\$73
CHP35302	Get Wet & Sweat 4X	15-up	TU,TH	6/6-8/3	8:00&7:10pm	\$129
CHP35303	Get Wet & Sweat Combo	15-up	TU,TH	8/15-8/31	9:00-9:50am	\$31
CHP35304	Get Wet & Sweat Combo	15-up	TU,TH	8/15-8/31	7:10-8:00pm	\$31
CHP35305	AquaPlay (drop-in)	18m-5	SA	6/4-8/6	11:30am-12:15pm	\$8

Drop In River Walking 15-up M-W various 11:00-11:40am \$3
Cool off your workout! Beat the summer heat by walking your workout in the swimming pool river! Call 678.277.0853 for dates.

TRAINING +AAU annual \$14 fee is required with registration; renewable on 8/31; AAU team code: WW6ATB.

CHP35706	F.O.C.A.S.	6-18	SA	6/3-7/1	4:00-5:50pm	\$76
CHP35707	F.O.C.A.S.	6-18	SA	6/3-7/1	5:00-5:50pm	\$76
CHP35708	F.O.C.A.S.	6-18	SA	7/15-8/19	4:00-4:50pm	\$76
CHP35709	F.O.C.A.S.	6-18	SA	7/15-8/19	5:00-5:50pm	\$76
CHP32200	AAU Springboard Diving	8-up	M,W	6/5-6/28	7:00-9:00pm	\$136
CHP32201	AAU Springboard Diving	8-up	M or W	6/5-6/28	7:00-9:00pm	\$61
CHP32202	AAU Springboard Diving	8-up	M,W	7/10-7/31	7:00-9:00pm	\$121
CHP32203	AAU Springboard Diving	8-up	M or W	7/10-7/31	7:00-9:00pm	\$61
CHP32204	AAU Springboard Diving	8-up	M,W	8/7-8/30	5:00-7:00pm	\$121
CHP32205	AAU Springboard Diving	8-up	M or W	8/7-8/31	5:00-7:00pm	\$61
CHP32206	Youth Water Polo	10-14	SA	7/15-8/5	6:30-8:30pm	\$76
CHP35103	Lifeguard Training	15-up	Fr, S-Su	5/12, 5/26-27	varies	\$211



Closed for Season 8/6

Dacula Park Pool 4 205 Dacula Road, Dacula 30019 • 770.822.5410

Hours 5/27-8/6 Outdoor Leisure Play Pool

Monday-Saturday noon-6:00pm
Sunday 1:00-6:00pm

Daily Admission* Fees

	Gwinnett Resident	Non-Gwinnett Resident
Ages 3-under	\$3.25	\$6.25
Ages 4-49	\$4.25	\$8.25
Ages 50-up	\$3.25	\$6.25

Swim Lessons

Group swim lessons are available at Dacula Park Pool. Visit www.gwinnettparks.com or call 770.822.5410 for details.

Lenora Park Pool 14 4315 Lenora Church Road, Snellville 30039 • 770.982.5309

Hours 5/27-8/6* Outdoor Leisure Play Pool

Monday-Saturday noon-6:00pm
Sunday 1:00-6:00pm
*Weekends only 8/7 - 9/4 • Open Labor Day!

Weekends only 8/7-9/4 Open 9/5

Daytime, poolside rental area! Only \$180/two hours for up to 25 people; call 770.982.5309 or 678.277.0880



Drop In River Walking

15-up M-W various 9:00am-11:00am Regular admission fees
Cool off your workout! Beat the summer heat by walking your workout in the swimming pool river! Call 770.982.5309 for dates.

Code	Activity Name - Level	Age	Days	Dates	Time	Fee	Instructor
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Mountain Park Aquatic Center ²³ 1063 Rockbridge Road, Stone Mountain 30087 • 678.277.0870

Hours 5/27-8/6 **Indoor Lap Pool** **Indoor Instructional Pool** **Outdoor Leisure Play Pool** **Outdoor Leisure Play Pool** (8/7-9/4)

Monday, Wednesday	6:00-1:00pm* 1:00-6:00pm	1:00-6:00pm			noon-6:00pm	3:00-6:00pm	
Tuesday, Thursday	9:00am-1:00pm* 1:00-6:00pm 7:00-9:00pm*	1:00-6:00pm			noon-6:00pm	3:00-6:00pm	
Friday	8:00-1:00pm* 1:00pm-6:00pm	1:00-6:00pm			noon-6:00pm	3:00-6:00pm	
Saturday	noon-6:00pm	noon-6:00pm			noon-6:00pm	noon-6:00pm	
Sunday	1:00-6:00pm	1:00-6:00pm			1:00-6:00pm	1:00-6:00pm	

*Lap swim only



FITNESS

MPA35300	Pick 2 classes*	15-up	see below	6/5-8/4	see below	\$75	
MPA35301	Pick 3 classes*	15-up	see below	6/5-8/4	see below	\$112	
MPA35302	Pick 4 classes*	15-up	see below	6/5-8/4	see below	\$140	
MPA35304	Pick 2 classes*	15-up	see below	8/14-9/1	see below	\$25	
MPA35305	Pick 3 classes*	15-up	see below	8/14-9/1	see below	\$36	

*Pick from Deep Water, Aqua Cross (deep and shallow, additional \$10 fee per registration) Z20, Aqua Surprise Party, Deep Interval Insanity, Aqua Basic Deep, Aqua Boot Camp, Aqua Gym, Aqua Mix or Aqua Basic Shallow.

Days/times: M-F at 9:00am; M-TH at 7:10pm; or M-TH at 8:10pm. Call 678.277.0870 for more information.

TRAINING +AAU annual \$14 fee is required with registration. Renewable 8/31. AAU team code: WW6ATB. Contact facility to register.

MPA35221	Springboard Diving-Beg	8-18	M	6/5-6/26	6:00-7:30pm	\$60	Price-Kerr
MPA35225	Springboard Diving-Beg	8-18	M	7/10-7/31	6:00-7:30pm	\$60	Price-Kerr
MPA35229	Springboard Diving-Beg	8-18	M	8/7-8/28	6:00-7:30pm	\$60+	Price-Kerr
MPA35223	Springboard Diving-Beg	8-18	W	5/31-6/28	6:00-7:30pm	\$75	Price-Kerr
MPA35227	Springboard Diving-Beg	8-18	W	7/12-8/2	6:00-7:30pm	\$60	Price-Kerr
MPA35231	Springboard Diving-Beg	8-18	W	8/9-8/30	6:00-7:30pm	\$60+	Price-Kerr
MPA35222	Springboard Diving-Adv	8-18	M	6/5-6/26	7:00-9:00pm	\$60	Price-Kerr
MPA35226	Springboard Diving-Adv	8-18	M	7/10-7/31	7:00-9:00pm	\$60	Price-Kerr
MPA35230	Springboard Diving-Adv	8-18	M	8/7-8/28	7:00-9:00pm	\$60+	Price-Kerr
MPA35224	Springboard Diving-Adv	8-18	W	5/31-6/28	7:00-9:00pm	\$75	Price-Kerr
MPA35228	Springboard Diving-Adv	8-18	W	7/12-8/2	7:00-9:00pm	\$60	Price-Kerr
MPA35232	Springboard Diving-Adv	8-18	W	8/9-8/30	7:00-9:00pm	\$60+	Price-Kerr
MPA35106	Lifeguard Training*	15-up	F,S,A,SU	5/5, 5/13, 5/14	varies	\$211	
MPA35108	Water Safety Instructor*	16-up	M,W,TH,F	5/25, 5/31, 6/1, 6/2	varies	\$236	Groth

Swim Team Readiness: New! Swim-versity Get summer swim league ready now! Our swim university program strengthens all competitive strokes, competition skills, and increases overall endurance and precision.

MPA35991	Swim-versity 7-15		T,TH,SA	4/11-5/6	7:00-8:15pm	\$187	Lanier
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Splash University Swim Camp: New! This splash university program strengthens your competitive strokes, competition skills, increase overall endurance and precision. This fun camp will include training both dry land and in water.

MPA35992	Splash University	7-15	M-TH	6/5-6/15	11:00am-1:00pm	\$125	Lanier
MPA35993	Splash University	7-15	M-TH	6/19-6/29	11:00am-1:00pm	\$125	Lanier
MPA35994	Splash University	7-15	M-TH	7/10-7/20	11:00am-1:00pm	\$125	Lanier
MPA35995	Splash University	7-15	M-TH	7/24-8/3	11:00am-1:00pm	\$125	Lanier



Rhodes Jordan Park Pool ¹⁵ 100 East Crogan Street, Lawrenceville 30046 • 678.277.0892

Hours 5/27-8/6 **Outdoor Leisure Play Pool**

Monday-Saturday noon-6:00pm
Sunday 1:00-6:00pm

*Weekends only 8/7-9/4, open 9/4 noon-6:00pm • Open Labor Day!

Weekends only
8/7-9/4
Open 9/5

Swim Lessons

Group swim lesson are available at Rhodes Jordan Pool. Visit www.gwinnettcountry.com or call 678.277.0892.

Code

Activity Name - Level

Age

Days

Dates

Time

Fee

Instructor

West Gwinnett Park Aquatic Center ³⁶ 4488 Peachtree Industrial Blvd. Berkeley Lake, GA 30071 • 678.407.8801

Hours 5/27-8/6

Indoor Lap Pool

Indoor Instructional Pool

Outdoor Leisure Play Pool

Monday, Wednesday
Tuesday, Thursday
Friday
Saturday
Sunday

8:00am-9:00pm**
6:00am-9:00pm**
8:00am-6:00pm**
noon-6:00pm
1:00-6:00pm

11:00am-6:00pm*
11:00am-6:00pm*
noon-6:00pm*
noon-6:00pm
1:00-6:00pm

Leisure pool hours vary beginning 8/7
noon-6:00pm
noon-6:00pm
noon-6:00pm
1:00-6:00pm

*11:00am-noon therapy use only

**TU & TH 6:00am-noon & M-TH 6:00pm-9:00pm lap swim and water exercise only; limited space available



FITNESS

WGP35303	Aqua Melt	15-up	M	6/5-8/1	7:10-8:00pm	\$37	
WGP35313	Aqua Melt	15-up	M	8/7-10/2	7:10-8:00pm	\$37	
WGP35302	Deep Water After Work	15-up	M	6/5-8/1	6:10-7:00pm	\$37	
WGP35312	Deep Water After Work	15-up	M	8/7-10/2	6:10-7:00pm	\$37	
WGP35301	River Walk	15-up	M, F	6/5-8/4	10:10-11:00am	\$73	
WGP35310	River Walk	15-up	M, F	8/7-9/1	10:10-11:00am	\$37	
WGP35300	Deep Tabata Total Body	15-up	M, F	6/5-8/4	9:10-10:00am	\$73	
WGP35308	Deep Tabata Total Body	15-up	M, F	8/7-10/6	9:10-10:00am	\$73	

Class creation will continue as Instructors are found and contracted.

TRAINING *Contact facility to register

WGPI5221	Springboard Diving-Adv	8-21	TU	4/11-5/16	7:00-9:00pm	\$91	Price-Kerr
WGPI5222	Springboard Diving-Adv	8-21	TH	4/13-5/18	7:00-9:00pm	\$91	Price-Kerr
WGPI5223	Springboard Diving-Beg	8-21	TH	4/13-5/18	6:00-7:30pm	\$91	Price-Kerr
WGP25221	Springboard Diving-Adv	8-21	TU	5/30-6/27	7:00-9:00pm	\$76	Price-Kerr
WGP25222	Springboard Diving-Adv	8-21	TH	6/01-6/29	7:00-9:00pm	\$76	Ranney
WGP25223	Springboard Diving-Beg	8-21	TU	6/01-6/29	6:00-7:30pm	\$76	Ranney
WGP25224	Springboard Diving-Adv	8-21	TU	7/11-8/01	7:00-9:00pm	\$76	Price-Kerr
WGP25225	Springboard Diving-Adv	8-21	TH	7/13-8/03	7:00-9:00pm	\$61	Ranney
WGP25226	Springboard Diving-Beg	8-21	TH	7/13-8/03	6:00-7:30pm	\$61	Price-Kerr
WGP25227	Springboard Diving-Adv	8-21	TU	8/8-8/29	7:00-9:00pm	\$61	Price-Kerr
WGP25228	Springboard Diving-Adv	8-21	TH	8/10-8/31	7:00-9:00pm	\$61	Price-Kerr
WGP25229	Springboard Diving-Beg	8-21	TH	8/10-8/31	6:00-7:30pm	\$61	Price-Kerr
WGP35100	Lifeguard Training*	15-up	F, SA, SU	5/13, 5/25, 5/26	Varies	\$210	
WGP35101	Lifeguard Training*	15-up	F, SA, SU	6/2, 6/3, 6/4	Varies	\$210	



THERAPEUTIC AQUATIC

Adaptive group swim lessons and more Therapeutic Recreation programs on page 13.

Swim Team Readiness Program Strengthen all competitive strokes, competition skills, increase overall endurance and precision. All first time participants must be assessed prior to registration. Call 678.407.8801 for session dates, times and private/semi-private coaching sessions.

Swim Team Readiness Conditioning Camps This program focuses on strength and endurance components of competitive swimming along with stroke development. Training will be both dry land in water. Bring a lunch.

WGP35577	STR Conditioning Camp	7-15	M-F	6/5-6/9	9:00-1:00pm	\$100	Levy
WGP35578	STR Conditioning Camp	7-15	M-F	6/12-6/16	9:00-1:00pm	\$100	Levy
WGP35579	STR Conditioning Camp	7-15	M-F	6/19-6/23	9:00-1:00pm	\$100	Levy
WGP35680	STR Conditioning Camp	7-15	M-F	6/26-6/30	9:00-1:00pm	\$100	Levy
WGP35680	STR Conditioning Camp	7-15	M-F	7/10-7/14	9:00-1:00pm	\$100	Levy
WGP35680	STR Conditioning Camp	7-15	M-F	7/17-7/21	9:00-1:00pm	\$100	Levy
WGP35680	STR Conditioning Camp	7-15	M-F	7/24-7/28	9:00-1:00pm	\$100	Levy

Gwinnett Aquatic Club USMS Fun and fitness for competitive swimmers, triathletes, and fitness swimmers. Practice 4 days each week with the group during structured workout times and/or practice on your own with emailed workouts. Age 16-up; M,W noon-1:00pm and TU,TH 6:15-7:15am. Flexible registration! \$50/month, \$240/semi-annual or \$480/annual.

Water Polo This is a team sport similar to soccer with players treading in water. Goals are at opposite ends of the pool for teams to attempt scoring against a goalie. Come join our reigning State Champion Blue Devils! Call 678.407.8801 for fees, dates and times.

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Alexander Park 41

800 Old Snellville Highway, Lawrenceville 30044

Hours: Sunrise until sunset
unless posted otherwise

Info & Rentals: 678.277.0890

Disc Golf Course Rentals: 678.277.0900

- 18-hole disc golf course • Playground • Lake • Lakeview piers • Pavilions • Outdoor Classroom
- Horseshoe Pit • Restrooms • 1.7-mile paved trail • 1-mile nonpaved trail • Grill • Fishing



Bay Creek Park 24

175 Ozora Road, Loganville 30052

Hours: Sunrise until 11:00pm
unless posted otherwise

Youth Sports (page 16) and Pavilion Rental Info: 770.978.5271

Tennis Info (page 14): 770.417.2210

- Handicapped-accessible ball field and playground for children with special needs • Seven baseball/softball fields • Football/multi-purpose field with lighted walking track • Playgrounds • Restrooms • Pavilion • Grill
- 1-mile trail • Lighted skate complex • 4 lighted tennis courts • Basketball courts

Best Friend Park 2

6224 Jimmy Carter Boulevard, Norcross 30071

Park Hours: Sunrise until 11:00pm
unless posted otherwise

Gym Office Hours: M-F 1:00pm-9:00pm; SA 10:00am-6:00pm

Gym, Info & Pavilion Rentals: 678.277.0222

Adult Sports Info (page 15): 678.277.0891

Hudlow Tennis Center & Rentals (page 14): 770.417.2210

Seasonal Pool Info & Rental (page 20): 678.277.0224

- Two outdoor leisure play pools (seasonal) • Hudlow Tennis Center (17 lighted tennis courts) • Gymnasium • Three indoor badminton courts • Two indoor volleyball courts • Outdoor basketball courts • Jessie Marie Scott Pavilion • Playground
- Baseball/Softball fields • Restrooms • .75-mile paved trail • Grill • Classroom



Gwinnett Senior Softball League

A fun and competitive way to stay fit! All skill levels welcome; women 40-up and men 45-up. Practice SA; games TU. Call Doris Warpole at 770.447.8592 or visit www.atlantaseniorsoftball.com.

Bethesda Park 17

Info & Rentals: 678.277.0179

Park Entrance: 225 Bethesda Church Road, Lawrenceville 30044

Bethesda Park Senior Center (page 10): 678.277.0179

Aquatic Center & Rentals (page 20): 678.277.0880

Youth Sports Info (page 16): 770.978.5271

- Bethesda Park Senior Center • Gwinnett SenioR Learning Center • Seven baseball/softball fields • Football/multi-purpose field with lighted walking track • Six soccer fields • Restrooms • Playgrounds • Walking trail around a lake • Indoor aquatic center with leisure play and instructional pools • 1.5-mile paved trail • Pavilions • Grill • Horseshoe pit • Fishing

Adult Softball Entrance: 220 Bethesda Church Rd, Lawrenceville 30044

Adult Sports Info & Rentals (page 17): 678.277.0891

- Adult softball complex with three fields • Outdoor basketball courts

Hours: Sunrise until 11:00pm unless posted otherwise

Hours: M 8:30am-8:00pm, TU-F 8:30am-4:30pm

Hours: Varies, page 20

Hours: Sunrise until 11:00pm unless posted otherwise



Code

Activity Name - Level

Age

Days

Dates

Time

Fee

Instructor

Bogan Park Community Recreation Center 18

2723 North Bogan Road, Buford 30519

Park Hours: Sunrise until 11:00pm
unless posted otherwise**Center Hours:** M-TH 10:00am-9:00pm, F 10:00am-6:00pm, SA 10:00am-6:00pm**Gym Hours:** M-SA 10:00am-6:00pm (Open gym hours may be limited, call for specific times.)**Info & Rentals:** 678.277.0850**Aquatic Center and Pool Rental (page 20):** 678.277.0853**Gym, Field Rentals & Youth Sports (page 16):** 678.277.0855

- Indoor aquatic center with competition and leisure play pools • Double gymnasium • Indoor badminton courts • Grill
- Outdoor basketball courts • Dance studio • Classroom • Seven field baseball/softball complex • Football/multi-purpose field
- Sand volleyball courts • Pavilions • Playgrounds • Restrooms • 1.25 mile paved trail • 0.75 mile nonpaved trail • Indoor shuffleboard • Art studio

**DANCE**

BOP36201	Tiny Ballerina & Me	2 & parent	SA	6/10-7/15	10:00-10:30am	\$39	GA Dance Unlimited
BOP36202	Tiny Ballerina & Me	2 & parent	SA	7/22-8/26	10:00-10:30am	\$39	GA Dance Unlimited
BOP36203	Hip Hop Tumbling Tots	3-5	SA	6/10-7/15	10:30-11:00am	\$39	GA Dance Unlimited
BOP36204	Hip Hop Tumbling Tots	3-5	SA	7/22-8/26	10:30-11:00am	\$39	GA Dance Unlimited
BOP36205	Ballet/Tap/Tumbling	3-5	SA	6/10-7/15	11:00-11:45am	\$54	GA Dance Unlimited
BOP36206	Ballet/Tap/Tumbling	3-5	SA	7/22-8/26	11:00-11:45am	\$54	GA Dance Unlimited
BOP36207	Ballet/Tap/Jazz	6-10	SA	6/10-7/15	11:45am-12:45pm	\$67	GA Dance Unlimited
BOP36208	Ballet/Tap/Jazz	6-10	SA	7/22-8/26	11:45am-12:45pm	\$67	GA Dance Unlimited
BOP36209	Hip Hop Divas & Dudes	6-10	SA	6/10-7/15	12:45-1:00pm	\$54	GA Dance Unlimited
BOP36210	Hip Hop Divas & Dudes	6-10	SA	7/22-8/26	12:45-1:00pm	\$54	GA Dance Unlimited

MARTIAL ARTS (No class 5/29) *Additional session dates available at www.gwinnettparks.com.

BOP36501	Tae Kwon Do	3.5-4.5	SA	5/13-6/3*	10:15-10:45am	\$46	Minter
BOP36502	Tae Kwon Do	3.5-4.5	SA	6/10-7/1*	10:15-10:45am	\$46	Minter
BOP36505	Tae Kwon Do-Beg	5-up	M	5/8-5/31*	6:00-6:50pm	\$50	Minter
BOP36507	Tae Kwon Do-Beg	5-up	M	6/5-6/26*	6:00-6:50pm	\$50	Minter
BOP36506	Tae Kwon Do-Beg	5-up	M, SA	5/8-6/3*	6:00-6:50pm	\$65	Minter
BOP36508	Tae Kwon Do-Beg	5-up	M, SA	6/5-7/1*	10:30am/6:00pm	\$65	Minter
BOP36513	Tae Kwon Do-All Belts	5-up	SA	5/13-6/3*	10:30-11:20am	\$46	Minter
BOP36514	Tae Kwon Do-All Belts	5-up	SA	6/10-7/1*	10:30-11:20am	\$46	Minter
BOP36517	Tae Kwon Do-Adv	7-up	M	5/8-5/31*	6:50-7:40pm	\$50	Minter
BOP36519	Tae Kwon Do-Adv	7-up	M	6/5-6/26*	6:50-7:40pm	\$50	Minter
BOP36518	Tae Kwon Do-Adv	7-up	M, SA	5/8-6/3*	10:30am/6:50pm	\$65	Minter
BOP36520	Tae Kwon Do-Adv	7-up	M, SA	6/5-7/1*	10:30am/6:50pm	\$65	Minter

FITNESS**Zumba Cards only \$56 for 10 classes!**

Drop-In	Drop-In Zumba	13-up	M & W	5/1-8/30	6:30-7:30pm	\$8/class	Hale
Zumba Card	Zumba 10 Class Card	13-up	days above	dates above	times above	\$56	Hale

SELF HELP *Self-Defense Awareness & Familiarization Exchange or Parents Reducing Injuries and Driver Error

BOP36601	P.R.I.D.E.*	14-16	TU	5/11	6:30-8:30pm	Free!	GCPD
BOP36602	P.R.I.D.E.*	14-16	TU	7/13	6:30-8:30pm	Free!	GCPD
BOP36603	S.A.F.E.*	14-16	TH	6/8	6:30-8:30pm	Free!	GCPD
BOP36604	S.A.F.E.*	14-16	TH	8/10	6:30-8:30pm	Free!	GCPD

SPORTS

BOP36405	Shooting Camp	5-11	TU	8/1-8/22	6:00-8:00pm	\$116	Just Skills of ATL
BOP36406	Shooting Camp	12-15	TH	8/3-8/24	6:00-8:00pm	\$116	Just Skills of ATL

INTEREST

BOP36605	Cloth Diaper Workshop	14-up	SA	6/17	6:30-7:30pm	Free!	C4EB
BOP36606	Cloth Diaper Workshop	14-up	F	7/21	10:00-11:30am	Free!	C4EB
BOP36607	Cloth Diaper Workshop	14-up	TU	8/15	6:30-7:30pm	Free!	C4EB

Bryson Park 46

5075 Lawrenceville Highway, Lilburn 30047

Hours: Sunrise to 11:00pm
unless posted otherwise**Info & Pavilion Rentals:** 678.277.0860**Youth Sports & Field Rental Info:** (page 16): 678.277.0222

- Football/multi-purpose field with lighted track • Two youth soccer fields • Sand volleyball court • Outdoor basketball courts • Playground • Pavilion • .5-mile paved trail • Grill



Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor



Cemetery Field 10

211 Cemetery Street, Norcross 30071

Hours: Sunrise until sunset
unless posted otherwise

Field Rentals: 678.277.0222

Youth Sports Info (page 16): 678.277.0923

• Football/multi-purpose field • Concession/restrooms

Club Drive Park 40

3330 Club Drive, Lawrenceville 30043

Hours: Sunrise until sunset
unless posted otherwise

Info: 678.277.0179

• Outdoor basketball courts • Playground • Fishing lake • Pavilion • Restrooms
• 0.3-mile paved trail • Grill



Collins Hill Park 12

Info & Pavilion Rentals: 678.277.0850

Park Entrance: 2225 Collins Hill Road, Lawrenceville 30043

Field Rentals & Youth Sports Info (page 16): 678.277.0855

• 1.5-mile nonpaved trail • Seven baseball/softball fields
• Lighted basketball courts • Sand volleyball courts • Playgrounds • Fishing lake • Restrooms • Pavilion • Grill

Hours: Sunrise to 11:00pm
unless posted otherwise

Aquatic Center Entrance: 2200 Collins Hill Road, Lawrenceville 30043

Hours: Varies, page 21

Aquatic Center Info & Rentals (page 21): 770.237.5647

• Aquatic center with outdoor leisure play and indoor competition pools • 1.2 mile paved trail



Dacula Park 4

Info & Rentals: 678.277.0850

Park Entrance: 205 Dacula Road, Dacula 30019

Hours: Sunrise until 11:00pm
unless posted otherwise

Seasonal Pool Info & Rentals (page 21): 770.822.5410

Youth Sports Info (page 16): 678.277.0855

• Outdoor pool • Football/multi-purpose field • Seven youth baseball/softball fields • Playgrounds • Pavilion
• Outdoor classroom • Sand volleyball court • Restrooms • Grill • 1.75-mile paved trail • Pond

Activity Building Entrance: 2735 Old Auburn Avenue, Dacula **Hours:** W & F 9:00am – 5:00pm

Tennis Info (page 14): 770.417.2210

• Activity building (classes/rentals) • Large community room and classroom • Tennis courts



MARTIAL ARTS

DAP36603	Karate-Beg	5-up	TU	5/9-8/30	6:30-7:20pm	\$50	Minter
DAP36604	Karate-Beg	5-up	TU	8/8-8/29	6:30-7:20pm	\$50	Minter
DAP36601	Karate-Adv	7-up	TU	5/9-5/30	7:20-8:10pm	\$50	Minter
DAP36602	Karate-Adv	7-up	TU	8/8-8/29	7:20-8:10pm	\$50	Minter

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

DeShong Park 35

2859 North DeShong Road, Stone Mountain 30087

Hours: Sunrise until sunset
unless posted otherwise

Info & Pavilion Rentals: 678.277.0900

- Horseshoe pits • Chess/checker tables • Teen area with two half-court basketball courts and skate complex
- Playground • Restrooms • Pavilions • 1.5-mile paved trail • Grill



Duncan Creek Park 38

3700 Braselton Highway, Dacula 30019

Hours: Sunrise until 11:00pm
unless posted otherwise

Info & Rentals: 678.277.0855

Youth Sports Info (page 16): 678.277.0855

- Lighted skate complex • Four lighted basketball courts • Three lighted sand volleyball courts • Restrooms
- Grill • Playground with handicap-accessible features • Pavilion • Football/multi-purpose field with lighted walking track



E. E. Robinson Park 48

Info & Pavillion Rentals: 678.277.0910

Field Rentals & Youth Sports Info (page 16): 678.277.0855

Tennis Info (page 14): 770.417.2210

Hours: Sunrise until 11:00pm
unless posted otherwise

Football Entrance: 650 Peachtree Industrial Boulevard, Sugar Hill 305187

- Interactive fountain • Playground • Restrooms • Connie Wiggins Pavilions • Football/multi-purpose field with lighted track
- Tennis Center with six lighted tennis courts with Pickleball overlay • .95-mile paved trail with bridge • Meadow • Grill

Baseball/Softball Entrance: 885 Level Creek Road, Sugar Hill 30518

Hours: Sunrise until 11:00pm
unless posted otherwise

- Seven baseball/softball fields • Two sand volleyball courts
- Two tennis courts • Covered playground • Pavilions • Restrooms



Spotlight

Atlanta Kids Triathlon!

Sunday, August 27

West Gwinnett Park & Aquatic Center 36

Bike, Swim, and Run in this course designed just for kids with a special focus on safety. Registered kids also get a cool swag bag, colorful t-shirt, finisher medals. After the race there is a super fun post-race party!

To get more information and to register, visit www.atlantakidstriathlon.org or call 904.448.2114. **Register today, spaces are limited!**

FREE triathlon training clinics at these locations:

Bogan Park Aquatic Center 18

June 25, July 22, 1:00 – 4:00pm

West Gwinnett Aquatic Center 36

July 1, 1:00pm – 4:00pm;

July 16, August 13, 2:00pm – 5:00pm

Mountain Park Aquatic Center 23

July 8, 1:00 – 4:00pm; August 6, 2:00 – 5:00pm

Collins Hill Aquatic Center 12

July 15, 1:00pm – 4:00pm



EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

George Pierce Park Community Recreation Center 7

55 Buford Highway, Suwanee 30024

Park Hours: Sunrise until 11:00pm
unless posted otherwise

Center and Gym Hours: M-TH 9:00am-8:00pm, F. 9:00am-4:00pm, SA 10:00am-6:00pm

Info & Rentals: 678.277.0910

Adult Sports Info (page 15): 678.277.0891

Youth Sports Info (page 16): 678.277.0855

- Prime Timers Pointe Senior Recreation Wing • Gwinnett Senior Learning Center • Double gymnasium
- Outdoor basketball courts • Playground • Five soccer fields • Football/multi-purpose field • Seven youth baseball/softball fields • Two adult softball fields • Pavilions • Restrooms • Shuffleboard Courts • 2.6-mile paved trail • Pond • Grill • Ivy Creek Greenway Trailhead 1.25-mile paved trail • 1.2 mile nonpaved trail



DANCE *Additional session dates available at www.gwinnettparks.com. **Parent Participation Required.

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
GPP36200	Tiny Ballerina & Me*	2	M	6/5-7/10*	5:15-5:45pm	\$39	Ga. Dance Unlimited
GPP36202	Ballet/Tap/Tumble	3-5	M	6/5-7/10*	4:30-5:15pm	\$54	Ga. Dance Unlimited
GPP36204	Ballet/Tap/Jazz	5-8	M	6/5-7/10*	5:45-6:45pm	\$67	Ga. Dance Unlimited
GPP36206	Hip Hop Divas & Dudes	6-10	M	6/5-7/10*	6:45-7:30pm	\$54	Ga. Dance Unlimited
GPP36208	Hip Hop Divas & Dudes	11-up	M	6/5-7/10*	7:30-8:15pm	\$54	Ga. Dance Unlimited
Drop-In	Line Dance-Int	18-up	M	5/1- 8/28	6:45-8:10pm	\$10/class	Lessard



FITNESS (No Zumba class 7/5) *Additional session dates available at www.gwinnettparks.com.

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
GPP36300	Yoga	13-up	M,W	5/8-6/14*	9:00-10:30am	\$91	Yoga in Daily Life
GPP36301	Yoga	13-up	M	5/8-6/14*	9:00-10:30am	\$61	Yoga in Daily Life
GPP36302	Yoga	13-up	W	5/8-6/14*	9:00-10:30am	\$61	Yoga in Daily Life
GPP36306	Yoga	13-up	M,W	5/8-6/14*	6:00-7:30pm	\$91	Yoga in Daily Life
GPP36304	Yoga	13-up	M	5/8-6/14*	6:00-7:30pm	\$61	Yoga in Daily Life
GPP36305	Yoga	13-up	W	5/8-6/14*	6:00-7:30pm	\$61	Yoga in Daily Life
GPP36303	Yoga	13-up	SA	5/13-6/17*	11:15am-12:15pm	\$43	Yoga in Daily Life
GPP36309	Zumba	16-up	W	6/7-7/19*	6:30-7:30pm	\$26	Middleton

INTERESTS *Additional session dates available at www.gwinnettparks.com.

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
GPP36700	Fencing	13-up	W	5/10-5/31	6:30-8:00pm	\$86	Terris

SELF HELP

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
GPP36600	Vision Board Workshop	16-up	SA	6/3	1:00-4:00pm	\$11	Spoonful LLC
GPP36601	Vision Board Workshop	16-up	SA	6/24	1:00-4:00pm	\$11	Spoonful LLC
GPP36602	Healthy Grocery Shopping	18-up	W	5/3	9:00am-noon	\$11	Spoonful LLC
GPP36603	Healthy Grocery Shopping	18-up	W	6/7	6:00-8:30pm	\$11	Spoonful LLC
GPP36604	Healthy Grocery Shopping	18-up	SA	7/29	1:00-4:00pm	\$11	Spoonful LLC

MARTIAL ARTS (No class 4/3-4/7) *Additional session dates available at www.gwinnettparks.com.

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
GPP36100	Karate-Beg	5-up	TU,SA	5/9-6/3*	6:15-7:05pm	\$65	Minter
GPP36101	Karate-Beg	5-up	TU	5/9-5/30*	6:15-7:05pm	\$50	Minter
GPP36108	Karate-Beg	5-up	SA	5/13-6/3*	10:00-10:50am	\$50	Minter
GPP36124	Karate-Beg	13-up	TU,SA	5/9-6/3*	7:55-8:45pm	\$65	Minter
GPP36125	Karate-Beg	13-up	TU	5/9-5/30*	7:55-8:45pm	\$50	Minter
GPP36112	Karate-Adv	7-up	TU,SA	5/9-6/3*	7:05-7:55pm	\$65	Minter
GPP36113	Karate-Adv	7-up	TU	5/9-5/30*	7:05-7:55pm	\$50	Minter
GPP36120	Karate-Beg/Adv	7-up	SA	5/13-6/3*	10:55-11:45am	\$50	Minter

Indoor Beach Party Bash

Thursday, July 20, 10:30am – 1:00pm
Presented by Gwinnett Council for Seniors

Enjoy a picnic style lunch, beach themed music and other fun filled activities!

\$10/person, call 770.676.0580

 to purchase tickets or additional information or visit
www.gwinnettcouncilforseniors.org

 Bethesda Park Senior Center 17
 225 Bethesda Church Road, Lawrenceville

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor



Graves Park 33

1540 Graves Road, Norcross 30093


Hours: Sunrise to sunset
unless posted otherwise

Info & Rentals: 678.277.0860

Tennis Info (page 14): 770.417.2210

- Two tennis courts • Sand volleyball court • Playground • Dog park area • 1.25-mile paved trail
- Pavilion • Grill • Restrooms

HELP LOCATORS

In an emergency on a trail, give 911 your closest HELP LOCATOR number. 

Voted Best
Local Park
by Gwinnett
Magazine!



Harbins Park 42

Info & Rentals: 678.277.0890

Race Rentals: 678.277.0900

Youth Sports Info (page 16): 770.978.5271

Park Entrance: 2995 Luke Edwards Road, Dacula 30019

- Playground • Pavilions • Grills • Restrooms • 4.3-mile, paved multi-purpose trail • Nonpaved trails for equestrian (7-mile), mountain biking (13-mile), and hiking (4.5-mile)

Hours: Sunrise until sunset

unless posted otherwise

Equestrian Entrance: 2405 Indian Shoals Road, Dacula 30019

Hours: Sunrise to sunset unless posted otherwise

Football/Multi Entrance: 2550 Indian Shoals Road, Dacula 30019

- Football/multi-purpose field with lighted track • Restrooms • Dog park area
- Pavilion • Grill • River channel • Playground • Lake • 1.5-mile, paved trail

Hours: Sunrise until 11:00pm

unless posted otherwise

Baseball/Softball Entrance: 3200 New Hope Road, Dacula 30019

- Seven-field baseball/softball complex • Restrooms • Playground • 1-mile paved trail

Hours: Sunrise until 11:00pm unless posted otherwise



Harmony Grove Soccer Complex 8

119 Harmony Grove Road, Lilburn 30047

Hours: Sunrise to sunset

unless posted otherwise

Info & Rentals: 678.277.0222

- Three full-sized soccer fields • Restrooms

Holcomb Bridge Park 31

4300 Holcomb Bridge Road, Peachtree Corners 30092

Hours: Sunrise to sunset

unless posted otherwise

No amplified sound permitted.

Info & Rentals: 678.277.0920

- Two river overlooks • Pavilion • Playground • Wooden amphitheatre • 0.25-mile nonpaved trail
- Restrooms • Grill • Fishing



Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

Ivy Creek Greenway ³²

Hours: Sunrise until sunset

Gwinnett Greenways are corridors of greenspace that feature trails for recreation, fitness, transportation (non-motorized), conservation and economic benefit for all to enjoy! Through Gwinnett Greenways our residents enjoy scenic views, improved water quality and protected wildlife habitats.

Ivy Creek Greenway is the inaugural greenway trail in a growing system. Visit www.gwinnettparks.com for complete greenway rules and map.

Two trailheads:

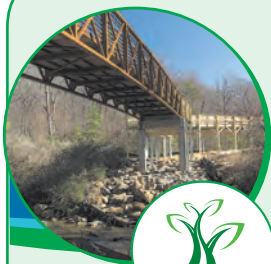
2020 Clean Water Drive, Buford GA 30519

- near the corner of Buford Drive and Mall of Georgia Boulevard, Buford GA
- 2-mile paved trail • 1.4-mile nonpaved trail • connects to Mall of Georgia area and trails at the Gwinnett Environmental & Heritage Center (page 44) • Pedestrian bridge over Ivy Creek
- View of the historic Woodward Mill site.

George Pierce Park, 55 Buford Hwy, Suwanee GA 30024

HELP LOCATORS

In an emergency on a trail, give 911 your closest HELP LOCATOR number.



J.B. Williams Park ⁴⁹

4935 Five Forks-Trickum Road, Lilburn 30047

Park Hours: Sunrise until 11:00pm unless posted otherwise

Info & Rentals: 678.277.0179

Youth Sports Info (page 16): 770.978.5271

- Levegood Pavilion • Grill • Playground • Restrooms • Dog park area • Baseball/softball field with lighted track
- Skate complex • .75-mile paved trail • Meadow



Jones Bridge Park ³

4901 East Jones Bridge Road, Peachtree Corners 30092

Park Hours: Sunrise until sunset unless posted otherwise

Youth Sports Info (page 16): 678.277.0222

Pavilion & Good Age Community Room Rentals: 678.277.0920

- Pavilions • Playground • Good Age Community Room • Sand volleyball court • Three soccer fields
- Restrooms • River overlook areas for fishing • Grill • Fishing • Meadow

Before you go, check the flow. For Chattahoochee River water release information, call 770.945.1466 or tune in to AM Radio 1610.



Under Construction

Spotlight

Gwinnett Area Disc Golf League



New! Gwinnett Area Disc Golf League (GADGL) is a competitive disc golf league and tournament.

The annual fee covers membership and allows the ability to play in up to eight (8) tournaments and sixteen (16) weeks of league play at four disc golf courses:

Alexander Park, Lenora Park, Little Mulberry Park and Suwanee Creek Park.

All ages; register at www.gwinnettparks.com.

Call 770.513.7722 or 678.277.0900 for more information. Upcoming dates can be found on the league website at <http://gadgl.com>.



Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Lenora Park 14**Info, Rentals & Youth Sports Info:** 770.978.5271

2.38 mile paved trail

Gym & Disc Golf Entrance: 4515 Lenora Church Road, Snellville 30039

Open gym hours: M-F 1:00pm - 5:00pm (Hours may be limited, call for specific times)

• Gymnasium • Pavilion • Playground • Restrooms • Grills • Fishing lake • Dog park area

• 18-hole Disc Golf Course-rules, scorecards, discs, and disc bags (rent/sale) at gym • Seven baseball/softball fields

Hours: Sunrise until 11:00pm unless posted otherwise**Office Hours:** M-F 1:00pm-9:00pm; SA 10:00am-6:00pm**Football/Multi Entrance:** 4500 Lenora Church Road, Snellville

• Football/multi-purpose field with lighted walking track • 1 mile nonpaved trail

Hours: Sunrise until 11:00pm

unless posted otherwise

Pool Entrance: 4315 Lenora Church Road, Snellville**Seasonal Pool Info & Rentals** (page 21): 770.982.5309

• Outdoor leisure play pool • Meadow

Hours: Varies, page 21**DANCE** *Additional session dates available at www.gwinnettparks.com.

LEP36201	Majorettes/Drill Team	4-9	M	5/1-5/29*	6:00-7:00pm	\$86	GA Stars Dance Acad.
LEP36202	Majorettes/Drill Team	10-up	M	5/1-5/29*	7:00-8:00pm	\$86	GA Stars Dance Acad.
LEP36205	Hip Hop	5-9	W	5/3-5/31*	7:00-8:00pm	\$57	GA Stars Dance Acad.
LEP36203	Hip-Hop	10-up	M	5/1-5/29*	8:00-9:00pm	\$57	GA Stars Dance Acad.
LEP36204	Ballet & Jazz	4-9	W	5/3-5/31*	6:00-7:00pm	\$70	GA Stars Dance Acad.
LEP36206	Ballet & Jazz	10-up	W	5/3-5/31*	8:00-9:00pm	\$70	GA Stars Dance Acad.

SPORTS *Parent/guardian participation required.

LEP36401	Start Smart Basketball*	3-7	TU	5/9-6/13	6:30-7:30pm	\$61	Athletic Specialist Staff
LEP36402	Start Smart Multi-Sport*	3-7	TH	5/11-6/15	6:30-7:30pm	\$61	Athletic Specialist Staff
LEP36403	Basketball Shooting Camp 5-11		M	7/31-8/21	6:00-8:00pm	\$116	Just Skills of Atlanta
LEP36404	Basketball Shooting Camp 12-15		F	8/4-8/25	6:00-8:00pm	\$116	Just Skills of Atlanta

MARTIAL ARTS *Additional session dates available at www.gwinnettparks.com.

LEP36502	Kempo Karate (Holistic)	6-up	TH/SA	5/4-5/27*	6:00pm/11:00am	\$58	Kokoro-Bushi-Do
Drop-in	Kempo Karate Drop-in	6-up	TH/SA	Dates Above	Times Above	\$8/class	Kokoro-Bushi-Do
LEP36501	Karate-Beg/Adv	5-up	SA	5/10-6/4*	10:00-10:50am	\$51	Minter

Coming
Soon!**Lilburn Activity Building** 50

788 Hillcrest Road, Lilburn 30047

Hours: As reserved**Info & Rentals:**

Activity building (classes/rentals) • Large Community Room • Classroom • Dance Studio • Kitchen

Lions Club Park 29

5500 Rockbridge Circle, Lilburn 30047

Hours: Sunrise until 11:00pm
unless posted otherwise**Info & Pavilion Rentals:** 678.277.0860**Youth Sports** (page 16): 770.978.5271

• Five baseball/softball fields • Restrooms • Playground • Pavilion • Grill • Camp Creek Greenway railhead

• 0.8-mile, paved multi-purpose loop trail with 0.4-mile paved connection to Camp Creek Greenway



Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Little Mulberry Park 26**Info & Rentals:** 678.277.0850**Race & Disc Golf Course Rentals:** 678.277.0900

5.5-miles of paved trails for hiking (2-mile) and nonpaved trails for equestrian (5-mile)

Fence Road Entrance: 3855 Fence Road, Auburn 30011

• Pavilion • Playground • Lake • Overlook area at one of highest elevations in Gwinnett • Restrooms • Grill

Hours: Sunrise until sunset unless posted otherwise**Disc Golf Entrance:** 3800 Hog Mountain Road, Dacula 30019

• 18-hole disc golf course • Pavilion • Grill • Playground • Restrooms

Hours: Sunrise until sunset unless posted otherwise**Disc Golf Course Rentals:** 678.277.0900**Hog Mountain Road Entrance:** 3900 Hog Mountain Road, Dacula 30019

• Fishing Lake • Karina Miller Nature Preserve • Restrooms • Lakeview pier

Hours: Sunrise until sunset unless posted otherwise**Equestrian Entrance:** 1300 Mineral Springs Road, Dacula 30019**Hours:** Sunrise until sunset unless posted otherwise**HELP LOCATORS**

In an emergency on a trail, give 911 your closest HELP LOCATOR number.



Voted Best Local Park by Gwinnett Magazine!

**Lucky Shoals Park Community Recreation Center** 6

4651 Britt Road, Norcross 30093

Park Hours: Sunrise until 11:00pm unless posted otherwise**Center and Gym Hours:** M-TH 9:00am-9:00pm, F 9:00am-6:00pm, SA 9:00am-5:00pm, SU 1:00pm-6:00pm
Open gym hours may be limited, call for specific times.**Gym, Youth Sports, Info & Rentals:** 678.277.0860**Tennis Info (page 14):** 770.417.2210

- Three indoor basketball courts • Indoor badminton courts • Outdoor basketball courts
- Five multi-purpose fields • Two lighted tennis courts • Pavilions • Playground • Restrooms • Grill
- 1.14-mile paved trail • Indoor walking track

**DANCE**

LSP36230	Ballet & Tap	5-13	SA	4/29-5/27	2:00-2:55pm	\$45	Ashley Hamilton
LSP36231	Ballet & Tap	5-13	SA	6/3-7/8	9:30-10:25am	\$45	Ashley Hamilton
LSP36232	Ballet & Tap	5-13	SA	7/15-8/19	9:30-10:25am	\$45	Ashley Hamilton
LSP36300	Hip Hop Fitness	9-17	TU	5/9-6/27	6:00-7:00pm	\$46	Dance Appeal LLC
LSP36301	Hip Hop Fitness	9-17	TU	7/11-8/22	6:00-7:00pm	\$41	Dance Appeal LLC
LSP36200	ZUMBA	18-up	TU	5/9-6/27	7:00-8:00pm	\$46	Dance Appeal LLC
LSP36201	ZUMBA	18-up	TU	7/11-8/22	7:00-8:00pm	\$41	Dance Appeal LLC

MARTIAL ARTS *Additional session dates available at www.gwinnettparks.com.

LSP36552	Karate Little Dragons	5-6	TH	5/11-6/1*	6:30-7:20pm	\$51	Minter
LSP36557	Karate Little Dragons	5-6	TH	6/8-6/29*	6:30-7:20pm	\$51	Minter
LSP36551	Karate-Beg	7-up	TU	5/9-5/30*	6:30-7:20pm	\$51	Minter
LSP36556	Karate-Beg	7-up	TU	6/6-6/27*	6:30-7:20pm	\$51	Minter
LSP36550	Karate-Beg	7-up	TU,TH	5/9-6/1*	6:30-7:20pm	\$66	Minter
LSP36555	Karate-Beg	7-up	TU,TH	6/6-6/29*	6:30-7:20pm	\$66	Minter
LSP36554	Karate-Adv	7-up	TU	5/9-5/30*	7:20-8:10pm	\$51	Minter
LSP36559	Karate-Adv	7-up	TU	6/6-6/27*	7:20-8:10pm	\$51	Minter
LSP36553	Karate-Adv	7-up	TU,TH	5/9-6/1*	7:20-8:10pm	\$66	Minter
LSP36558	Karate-Adv	7-up	TU,TH	6/6-6/29*	7:20-8:10pm	\$66	Minter
LSP36530	Kempo Karate (Holistic)	6-12	M,W	5/1-5/24*	6:00-7:00pm	\$58	Kokoro-Bushi-Do
LSP36531	Kempo Karate (Holistic)	6-12	M,W	5/29-6/21*	6:00-7:00pm	\$58	Kokoro-Bushi-Do
Drop-In	Kempo Karate Drop-In	6-12	M or W	dates above	times above	\$8/class	Kokoro-Bushi-Do
LSP36540	Kempo Karate (Holistic)	12-up	M,W	5/1-5/24*	7:00-8:00pm	\$58	Kokoro-Bushi-Do
LSP36541	Kempo Karate (Holistic)	12-up	M,W	5/29-6/21*	7:00-8:00pm	\$58	Kokoro-Bushi-Do
Drop-In	Kempo Karate Drop-In	12-up	M or W	dates above	times above	\$8/class	Kokoro-Bushi-Do

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Mountain Park Park 5

5050 Five Forks-Trickum Road, Lilburn 30047

Hours: Sunrise until 11:00pm
unless posted otherwise**Youth Sports Info** (page 16): 770.978.5271**Depot Rental:** 678.277.0179**Tennis Info/Court Rentals** (page 14): 770.417.2210 or 770.564.4651

- Skate complex • Seven baseball/softball fields • Football field overlay • Restrooms • Six lighted tennis courts
- Playgrounds • Pavilion • Nonpaved trail • 1-mile paved trail • Grill • Sand volleyball court

**Mountain Park Activity Building & Aquatic Center** 23

1063 Rockbridge Road, Stone Mountain 30087

Park Hours: Sunrise until sunset
unless posted otherwise**Info & Rentals:** 678.277.0179**Aquatic Center and Pool Rental** (page 22): 678.277.0870

- Aquatic center with indoor competition/lap pool, indoor instructional pool and outdoor leisure play pool
- Activity building (classes/rentals) • 1-mile paved trail

**DANCE** (No class 7/21) *Additional session dates available at www.gwinnettparks.com.

MPA36210	Ballet-Beg	4-6	F	6/2-6/23*	5:30-6:15pm	\$37	Ellis
MPA36212	Ballet-Beg	4-6	F	7/7-7/28*	5:30-6:15pm	\$37	Ellis
MPA36214	Ballet-Beg	4-6	TU	8/8-8/29*	4:15-5:00pm	\$37	Ellis
MPA36213	Ballet-Beg	7-9	F	7/7-7/28*	6:15-7:00pm	\$28	Ellis
MPA36211	Ballet-Beg	7-9	F	6/2-6/23*	6:15-7:00pm	\$37	Ellis
MPA36215	Ballet-Beg	7-9	TU	8/8-8/29*	5:00-5:45pm	\$37	Ellis

FITNESS *Additional session dates available at www.gwinnettparks.com.

MPA36308	Zumba Kids	7-12	TH	5/4-5/25	6:00-7:00pm	\$33	Soler
MPA36306	Zumba Kids	7-12	TH	8/17-9/21	6:00-7:00pm	\$41	Soler
MPA36301	Yoga	16-up	TU,TH	6/1-6/29*	6:30-7:30pm	\$68	Lee
MPA36302	Yoga	16-up	TU,TH	7/11-8/17*	6:30-7:30pm	\$90	Lee

MARTIAL ARTS (No class 4/3-4/8) *Additional session dates available at www.gwinnettparks.com.

MPA36509	Karate-Little Dragons	5-6	SA	5/13-6/3*	10:30-11:15am	\$50	Minter
MPA36510	Karate-Little Dragons	5-6	SA	6/10-7/1*	10:30-11:15am	\$50	Minter
MPA36501	Karate-Beg	5-up	M	5/8-5/31*	6:30-7:20pm	\$50	Minter
MPA36502	Karate-Beg	5-up	M	6/5-6/26*	6:30-7:20pm	\$50	Minter
MPA36505	Karate-Beg	5-up	M/SA	5/8-6/3*	6:30pm/10:30am	\$65	Minter
MPA36506	Karate-Beg	5-up	M/SA	6/5-7/1*	6:30pm/10:30am	\$65	Minter
MPA36513	Karate	7-up	SA	5/13-6/3*	10:30-11:30am	\$50	Minter
MPA36514	Karate	7-up	SA	6/10-7/1*	10:30-11:30am	\$50	Minter
MPA36517	Karate-Adv	7-up	M	5/8-5/31*	7:20-8:10pm	\$50	Minter
MPA36518	Karate-Adv	7-up	M	6/5-6/26	7:20-8:10pm	\$50	Minter
MPA36521	Karate-Adv	7-up	M/SA	5/8-6/3*	7:20pm/10:30am	\$65	Minter
MPA36522	Karate-Adv	7-up	M/SA	6/5-7/1*	7:20pm/10:30am	\$65	Minter
MPA36550	Capoeria New!	7-up	TH	4/27-6/1	7:15-8:15pm	\$81	Murray
MPA36551	Capoeria New!	7-up	TH	6/29-8/3	7:40-8:40pm	\$81	Murray
MPA36552	Capoeria New!	7-up	TH	8/17-9/21	7:15-8:15pm	\$81	Murray

Peachtree Ridge Park 37

3170 Suwanee Creek Road, Suwanee 30024

Hours: Sunrise until 11:00pm
unless posted otherwise**Info & Rentals:** 678.277.0910**Youth Sports Info** (page 16): 678.277.0222

- Handicap accessible ball field and playground for children with special needs • Three baseball/softball fields • Football/multi-purpose field with lighted walking track • Two soccer fields
- Outdoor basketball courts • Playground • Pavilion • 1-mile paved trail • Restrooms • Grill



Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor



Pinckneyville Park Community Recreation Center ²⁰

4650 Peachtree Industrial Boulevard, Berkeley Lake 30071

Hours: M-TH 10:00am-9:00pm, F 10:00am-4:00pm; SA 9:00am-5:00pm

Info & Rentals: 678.277.0920

• Pottery studio • Dance/aerobics room • Large community room with catering kitchen • Five indoor meeting rooms • Hidden courtyard • Walking trail connects to Pinckneyville Park and Soccer Complex

ARTS +\$20 for bag of clay required, additional supplies may be purchased.

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
PVP26120	Wheel	16-up	M	5/1-6/5	6:30-9:00pm	\$121+	Hudson
PVP26121	Wheel	16-up	M	7/3-8/7	6:30-9:00pm	\$121+	Hudson
PVP26122	Wheel-Adv	16-up	TU	5/2-6/6	6:30-9:00pm	\$121+	Hudson
PVP26123	Wheel-Adv	16-up	TU	7/11-8/15	6:30-9:00pm	\$121+	Hudson
PVP26124	Wheel/Handbuilding	16-up	W	5/3-6/7	10:30am-1:00pm	\$121+	Hudson
PVP26125	Wheel/Handbuilding	16-up	W	7/5-8/9	10:30am-1:00pm	\$121+	Hudson
PVP26126	Handbuilding	16-up	TH	5/4-6/8	6:30-9:00pm	\$121+	Hudson
PVP26127	Handbuilding	16-up	TH	7/6-8/10	6:30-9:00pm	\$121+	Hudson

Pottery Independent Study Open studio session for individual pottery artists. Includes glazes, firings (see posted firing chart), tools, week day and weekend hours. \$100/six week session. Open Studio for registered class participants is \$30/six week session. First session is 5/1-7/1; second session is 7/3-9/2. Pottery studio hours and dates of availability are subject to change without notice.

INTERESTS +Additional supply fee

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
PVP26701	Chess-Beg	6-up	SA	6/3-7/15	2:00-3:00pm	\$51	Emch
PVP26702	Chess-Int	6-up	SA	7/22-8/26	2:00-3:30pm	\$61	Emch

MARTIAL ARTS

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
PVP26501	Karate	5-up	TU,TH	6/6-6/29	6:15-7:00pm	\$66	Hammond
PVP26502	Karate	5-up	TU,TH	7/10-8/3	6:15-7:00pm	\$66	Hammond
PVP26503	Karate	5-up	TU,TH	8/8-8/31	6:15-7:00pm	\$66	Hammond
PVP26506	Karate	5-up	SA	6/3-6/24	10:00-10:45am	\$41	Hammond
PVP26507	Karate	5-up	SA	7/8-7/29	10:00-10:45am	\$41	Hammond
PVP26508	Karate	5-up	SA	8/5-8/26	10:00-10:45am	\$41	Hammond

DANCE (No class 9/2) *You must be enrolled in the Ballet-Adv class to take the Ballet-Int & Adv class.

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
PVP26201	Ballet-Preschool	3-4	SA	6/3-6/24	10:00-10:45am	\$37	Ellis
PVP26202	Ballet-Preschool	3-4	SA	7/8-7/29	10:00-10:45am	\$37	Ellis
PVP26203	Ballet-Preschool	3-4	SA	8/12-9/9	10:00-10:45am	\$37	Ellis
PVP26204	Ballet-Beg	5-8	TH	6/1-6/22	6:15-7:00pm	\$37	Ellis
PVP26205	Ballet-Beg	5-8	TH	7/6-7/27	6:15-7:00pm	\$37	Ellis
PVP26206	Ballet-Beg	5-8	TH	8/10-8/31	6:15-7:00pm	\$37	Ellis
PVP26207	Ballet-Beg	5-9	SA	6/3-6/24	12:30-1:15pm	\$37	Ellis
PVP26208	Ballet-Beg	5-9	SA	7/8-7/29	12:30-1:15pm	\$37	Ellis
PVP26209	Ballet-Beg	5-9	SA	8/12-9/9	12:30-1:15pm	\$37	Ellis
PVP26213	Ballet-Int	6-11	SA	6/3-6/24	11:45am-12:30pm	\$37	Ellis
PVP26214	Ballet-Int	6-11	SA	7/8-7/29	11:45am-12:30pm	\$37	Ellis
PVP26215	Ballet-Int	6-11	SA	8/12-9/9	11:45am-12:30pm	\$37	Ellis
PVP26216	Ballet-Adv	9-13	SA	6/3-6/24	9:15-10:00am	\$37	Ellis
PVP26217	Ballet-Adv	9-13	SA	7/8-7/29	9:15-10:00am	\$37	Ellis
PVP26218	Ballet-Adv	9-13	SA	8/12-9/9	9:15-10:00am	\$37	Ellis
PVP26231	Ballet-Int & Adv	13-up	TH	6/1-6/22	7:00-7:45pm	\$11*	Ellis
PVPI6232	Ballet-Int & Adv	13-up	TH	7/6-7/27	7:00-7:45pm	\$11*	Ellis
PVPI6233	Ballet-Int & Adv	13-up	TH	8/10-8/31	7:00-7:45pm	\$11*	Ellis
PVP26219	Ballet-Adv/Pointe	13-up	TH / SA	6/1-6/24	7:45pm / 10:45am	\$44	Ellis
PVP26220	Ballet-Adv/Pointe	13-up	TH / SA	7/6-7/29	7:45pm / 10:45am	\$44	Ellis
PVP26221	Ballet-Adv/Pointe	13-up	TH / SA	8/10-9/9	7:45pm / 10:45am	\$44	Ellis
PVP26225	Bboy & Bgirl	8-18	SA	6/3-6/24	1:15-2:00pm	\$37	Ellis, A.
PVP26226	Bboy & Bgirl	8-18	SA	7/8-7/29	1:15-2:00pm	\$37	Ellis, A.
PVP26227	Bboy & Bgirl	8-18	SA	8/12-9/9	1:15-2:00pm	\$37	Ellis, A.
PVP26228	Bboy & Bgirl	8-18	SA	6/3-6/24	2:30-3:15pm	\$37	Ellis, A.
PVP26229	Bboy & Bgirl	8-18	SA	7/8-7/29	2:30-3:15pm	\$37	Ellis, A.
PVP26230	Bboy & Bgirl	8-18	SA	8/12-9/9	2:30-3:15pm	\$37	Ellis, A.

FITNESS

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
PVP26310	Hula Hoop Sculpt	13-up	W	5/10-6/14	6:30-7:30pm	\$49	Hamilton
PVP26311	Hula Hoop Sculpt	13-up	W	6/28-7/2	6:30-7:30pm	\$49	Hamilton

SELF HELP

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Instructor
PVP36641	Pet First Aid and CPR	13-up	S	6/17	1:00-4:00pm	\$51	Hurston

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Pinckneyville Park Community Recreation Center *continued*

CLUBS AND GROUPS

Atlanta Hobby Robot Club – Educating the public about robots! The 3rd SA of every month; 10:00am-noon.

Writers' Group – Drop-in and make new friends who share a love of writing! Critique format; all genres; Every M; 1:30-3:30pm

Chess Club – Drop-in and challenge yourself to a game of chess. All ages and skill levels welcome. Every SA 6/3 – 8/26, 10:30am – 2:00pm.

Hot'lanta Gourd Group – Drop-in and get creative as you learn new ways to create art out of gourds. All ages and skill levels; second SA of each month, 10:00am-2:00pm.

Kid's Birthday Parties! Have your child's next Birthday Party with us and let us do all the work. Specialized themes for art-crazed kids because sometimes making a mess is fun! We'll plan your party for an affordable price, decorate the room, lead guests in exciting projects and activities, and supply goody bags for your event. Please call at least three weeks in advance to 678.277.0920.



ART SHOW

March 16 – May 25, 2017 • Ingrid Bolton & Friends • "For the Love of Painting"

Margaret Masak, Zarin Pejman, Susan Alien, Maryann Sloviaczek, Hanna Marx, Janina Ridgeway and Ingrid Bolton are exhibiting their original landscape, floral and abstract pastel and oil paintings in this show. Their art works give testimony to their devotion, patience, drive for perfection and love of painting.

July 31 – October 12, 2017 • Southern Colors Art Association • "Favorite Places/Favorite Things"

Southern Colors Art Association is an active group of Georgia artists who met through a mutual interest in art. From just two artists painting together in 1995, they have evolved to a larger group that now meets weekly at Kudzu Art Zone in Old Norcross, GA. Member artists paint in various mediums and many styles with each member contributing their own unique creative ability to the group. Their exhibition will feature paintings each one has chosen to represent themselves in a variety of mediums, such as oil, pastel, acrylic, watercolor and collage.

Pinckneyville Park & Soccer Complex 20

Info & Rentals: 678.277.0920

Youth Sports Info (page 16): 678.277.0222

Park Entrance: 4758 South Old Peachtree Road, Norcross 30071

Hours: Sunrise until 11:00pm

Medlock Corporate Pavilion Rental: 678.277.0920 unless posted otherwise

• Seven-field baseball/softball complex • Dog park area • Playgrounds • Restrooms • Grill
• Danny Cochran Pavilion • Roller hockey rink • Free-skate area • Medlock Corporate Pavilion,
5,000 square-feet with catering kitchen and large grills • Meadow • Pond

Soccer Entrance: 4707 South Old Peachtree Road, Norcross, GA 30071

• Soccer Complex with five soccer fields • Pavilion • Playgrounds • Restrooms • Grill • Pond • 2.4 mile paved trail



Rabbit Hill Park 21

Info, Rentals, & Youth Sports Info (page 16): 678.277.0855

Park Entrance: 401 Rabbit Hill Road, Dacula 30019

Hours: Sunrise until 11:00pm unless posted otherwise

• Football/multi-purpose field with lighted walking track • Seven baseball/softball fields • Playground
• Pavilion • Grill • Restrooms • Outdoor basketball court • 1.5-mile paved trail • Pond

Soccer Entrance: 400 Rabbit Hill Road, Dacula 30019

Hours: Sunrise until 11:00pm unless posted otherwise

• Soccer complex with eight youth soccer fields • Dog park area • Playground • Pavilion • Restrooms • Grill
• River channel • Sand volleyball courts • Pond • 3-mile paved trail



Code

Activity Name - Level

Age

Days

Dates

Time

Fee

Instructor

Rhodes Jordan Park Community Recreation Center ¹⁵

100 East Crogan Street, Lawrenceville 30046

Park Hours: Sunrise until 11:00pm
unless posted otherwise

Center and Gym Hours: M-TH 10:00am-9:00pm; F & SA 10:00am-6:00pm
Open gym hours may be limited, call for specific times.

Gym, Info & Rentals: 678.277.0890**Horseshoe Info/Rentals:** 678.277.0890**Adult Sports Info (page 15):** 678.277.0891**Tennis Info/Court Rentals (page 14):** 770.417.2210**Youth Sports Info (page 16):** 678.277.0855**Seasonal Pool Info & Rentals (page 22):** 678.277.0892

- Community room with catering kitchen • Classrooms • Dance/aerobics room • Clarence Haney Pavilion • Stanley R. Gunter Pavilion
- Fishing lake • Playgrounds • Seven baseball/softball fields • Football field overlay • Outdoor leisure play pool • Double gymnasium
- Tennis center with eight lighted courts • 1.9-mile paved trail • Restrooms • Grill • Horseshoe pits
- Outdoor basketball courts • Three soccer fields



DANCE *Requires active parent assistance.

Code	Activity Name - Level	Age	Days	Dates	Time	Fee	Instructor
RJP36200	Tiny Ballerina & Me*	2	SA	6/10-7/15	10:00-10:30am	\$39	Ga. Dance
RJP36201	Tiny Ballerina & Me*	2	SA	7/22-8/26	10:00-10:30am	\$39	Ga. Dance
RJP36204	Ballet/Tap/Tumbling	3-5	SA	6/10-7/15	11:00-11:45am	\$54	Ga. Dance
RJP36205	Ballet/Tap/Tumbling	3-5	SA	7/22-8/26	11:00-11:45am	\$54	Ga. Dance
RJP36208	Ballet/Tap/Jazz	6-10	SA	6/10-7/15	12:30-1:30pm	\$54	Ga. Dance
RJP36209	Ballet/Tap/Jazz	6-10	SA	7/22-8/26	12:30-1:30pm	\$54	Ga. Dance
RJP36202	Hip Hop Tumbling Tots	3-5	SA	6/10-7/15	10:30-11:00am	\$39	Ga. Dance
RJP36203	Hip Hop Tumbling Tots	3-5	SA	7/22-8/26	10:30-11:00am	\$39	Ga. Dance
RJP36206	Hip Hop Divas & Dudes	6-10	SA	6/10-7/15	11:45am-12:30pm	\$67	Ga. Dance
RJP36207	Hip Hop Divas & Dudes	6-10	SA	7/22-8/26	11:45am-12:30pm	\$67	Ga. Dance

SELF HELP

Code	Activity Name - Level	Age	Days	Dates	Time	Fee	Instructor
RJP36600	Magazine Writing	8-up	F	5/12	7:00-8:45pm	\$15	Goodwin
RJP36601	Magazine Writing	8-up	F	6/9	7:00-8:45pm	\$15	Goodwin
RJP36602	Magazine Writing	8-up	F	7/14	7:00-8:45pm	\$15	Goodwin
RJP36603	Magazine Writing	8-up	F	8/11	7:00-8:45pm	\$15	Goodwin
RJP36642	Pet First Aid and CPR	13-up	SA	7/22	1:00-4:00pm	\$51	Hurston



FITNESS

Code	Activity Name - Level	Age	Days	Dates	Time	Fee	Instructor
RJP36300	Yoga	13-up	TU	5/2-6/6	6:15-7:15pm	\$51	Brown

MARTIAL ARTS (No Class 7/4) *Additional session dates available at www.gwinnettparks.com.

**Last day of session will be Wednesday, 5/31.

Code	Activity Name - Level	Age	Days	Dates	Time	Fee	Instructor
RJP36500	Kempo Karate Holistic	6-up	TU,TH	5/2-5/25	6:30-7:30pm	\$58	Kokoro-Bushi-Do
RJP36501	Kempo Karate Holistic	6-up	TU,TH	5/30-6/22	6:30-7:30pm	\$58	Kokoro-Bushi-Do
RJP36502	Kempo Karate Holistic	6-up	TU,TH	6/27-7/20	6:30-7:30pm	\$58	Kokoro-Bushi-Do
RJP36503	Kempo Holistic Self-Protection	6-up	TU,TH	7/25-8/17	6:30-7:30pm	\$58	Kokoro-Bushi-Do
Drop-in	Kempo Karate Holistic	6-up	TU,TH	dates above	6:30-7:30pm	\$8/class	Kokoro-Bushi-Do
RJP36504	Karate-Beg	5-up	M	7/10-7/31*	6:30-7:20pm	\$50	Minter
RJP36505	Karate-Beg	5-up	M / SA	7/10-8/5*	6:30pm/10:30am	\$65	Minter
RJP36508	Karate-Beg	5-up	SA	5/13-6/3*	10:30-11:20am	\$50	Minter
RJP36520	Karate-Beg**	5-12	M	5/8-5/31*	6:30-7:20pm	\$50	Minter
RJP36522	Karate-Beg	5-12	M / SA	6/5-7/1	6:30pm/10:30am	\$65	Minter
RJP36523	Karate-Beg	7-up	M / SA	5/8-6/3	6:30pm/10:30am	\$65	Minter
RJP36529	Karate-Beg	13-up	M / SA	5/8-6/3*	7:30pm/10:30am	\$65	Minter
RJP36512	Karate-Adv**	5-up	M	5/8-5/31*	6:30-7:30pm	\$50	Minter
RJP36513	Karate-Adv	5-up	M / SA	5/8-6/3*	6:30pm/11:25am	\$65	Minter
RJP36524	Karate-Adv	7-up	SA	5/13-6/3*	11:25am-12:15pm	\$50	Minter
RJP36528	Karate-All Belts**	13-up	M	5/8-5/31*	7:30-8:20pm	\$50	Minter
RJP36530	Karate-All Belts	13-up	M	6/5-6/26	7:30-8:20pm	\$50	Minter

These Karate classes will be held at Minter Studios, 2260 Oak Road, Snellville (No class 5/30, 7/4 - 7/10)

Code	Activity Name - Level	Age	Days	Dates	Time	Fee	Instructor
RJP36536	Karate-Beg	4-6	SA	5/13-6/3*	10:00-10:45am	\$50	Minter
RJP36540	Karate-Beg	5-6	W	5/10-5/31*	5:30-6:15pm	\$50	Minter
RJP36544	Karate-Beg	5-6	TH	5/11-6/1*	6:30-7:15pm	\$50	Minter
RJP36548	Karate-Beg	5-6	F	5/12-6/2*	6:30-7:15pm	\$50	Minter
RJP36552	Karate-Beg	7-up	W	5/10-5/31*	5:30-6:15pm	\$50	Minter
RJP36556	Karate-Beg	7-up	TH	5/11-6/1*	6:30-7:15pm	\$50	Minter
RJP36560	Karate-Beg	7-up	F	5/12-6/2*	6:30-7:15pm	\$50	Minter
RJP36564	Karate-Beg	7-up	SA	5/13-6/3*	10:45-11:30am	\$50	Minter

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Rock Springs Park 39

Info & Rentals: 770.417.2210

Park Entrance: 550 Rock Springs Road, Lawrenceville 30043

Info, Tennis & Pavilion Rentals: 770.417.2210 or 770.904.3996

• Tennis Center with six lighted tennis courts • Playground • Pavilion • Grill • Restrooms • 2-mile paved trail

Football/Multi Entrance: 2950 Spriggs Road, Lawrenceville 30043

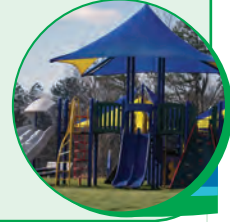
Youth Sports & Field Rentals (page 16): 678.277.0855

• Football/multi-purpose field with lighted walking track

HELP LOCATORS

In an emergency on a trail, give 911 your closest HELP LOCATOR number.

Hours: Sunrise until 11:00pm unless posted otherwise



Ronald Reagan Park 25

2777 Five Forks-Trickum Road, Lawrenceville 30044

Hours: Sunrise until sunset unless posted otherwise

Info: 678.277.0179

• Dog park area • Horseshoe pits • Small skate area • Playground • Pavilions
• Two half-basketball courts • Bocce ball courts • .75-mile paved trail • Restrooms • Pond



Settles Bridge Park 43

380 Johnson Road, Suwanee 30024

Hours: Sunrise until sunset unless posted otherwise

Info & Rentals: 678.277.0910

• Skate complex • Outdoor basketball courts • Dog park area • Playground • Pavilions • Restrooms
• 1.6-mile paved trail • 2.9-mile nonpaved trail • Grill

HELP LOCATORS

In an emergency on a trail, give 911 your closest HELP LOCATOR number.



Spotlight National Park & Recreation Month

Throughout the month of July celebrate National Park and Recreation Month and check out what fun stuff is going on at your award winning gwinnettcountry parks & recreation!

June 28	2:00pm	National Park and Recreation Month Resolution Gwinnett Justice and Administration Center, 75 Langley Drive, Lawrenceville
July 3	7:00pm	Stars & Stripes Family Night at Lenora Park Pool 14
July 6	7:00pm	Dance Party Family Night at Bethesda Park Aquatic Center 17
July 11	6:30pm	Family Night Swim Dip N' Dine at Mountain Park Aquatic Center 23
July 14	11:00am	Brown Bag Summer Concert at Gwinnett Historic Courthouse 13
July 14	6:30pm	Family Night at Collins Hill Park Aquatic Center 17
July 15	9:30am	Life Size Game Day at West Gwinnett Park Aquatic Center 36
July 15	10:00am	Family Fun Day at the Farm at McDaniel Farm Park 27
July 21	6:00pm	Get Your Play On! Kid's Night Out at Mountain Park Activity Building 23
July 21	6:00pm	Bogan Kids Club-Let the Games Begin! at Bogan Park Aquatic Center 18
July 22	11:00am	Scavenge-ART Hunt at Pinckneyville Park Community Recreation Center 20
July 22	6:30pm	Wild Rumpus Pool Party, Lenora Pool 14
July 25	6:30pm	Ahoy! It's Pirate Night at Mountain Park Aquatic Center 23
July 28	6:30pm	Back to School Family Night at West Gwinnett Park Aquatic Center 36
July 30	9:00am	Punt, Pass, Kick at Rhodes Jordan Park Soccer Fields 15



EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Shorty Howell Park 

2750 Pleasant Hill Road, Duluth 30096

Activity Building Hours: Call for appointment**Info & Rentals:** 678.277.0900**Youth Sports Info** (page 16): 678.277.0222**Volunteer Resources Office:** 678.277.0900 volunteerinparks@gwinnettcountry.com

- Activity building (classes/rentals) • Seven lighted youth baseball/softball fields • Pavilion • Restrooms
- Football/multi-purpose field with lighted walking track • Playgrounds • Large Community room and classroom
- Lake • 1.25-mile paved trail • Grill

Park Hours: Sunrise until 11:00pm
unless posted otherwise**DANCE** (No class on 7/4)

SHP36210	Kids Hip-Hop	6-11	TH	6/1-7/6	6:00-7:00pm	\$36	Dance Appeal
SHP36211	Kids Hip-Hop	6-11	TH	7/20-8/24	6:00-7:00pm	\$36	Dance Appeal
SHP36212	Teen Hip-Hop	12-17	TH	6/1-7/6	7:00-8:00pm	\$36	Dance Appeal
SHP36213	Teen Hip-Hop	12-17	TH	7/20-8/24	7:00-8:00pm	\$36	Dance Appeal
SHP36214	Soul Line Dance-Beg	18-up	TU	6/13-7/18	7:00-8:00pm	\$49	Tina T.
SHP36215	Soul Line Dance-Beg	18-up	TU	8/1-9/5	7:00-8:00pm	\$49	Tina T.
SHP36216	Soul Line Dance-Int	18-up	TU	6/13-7/18	8:00-9:00pm	\$49	Tina T.
SHP36217	Soul Line Dance-Int	18-up	TU	8/1-9/5	8:00-9:00pm	\$49	Tina T.
Drop-In	Soul Line Dance	18-up	TU	dates above	times above	\$10/class	Tina T.
Drop-In	Soul Line Dance	18-up	TU,TH	dates above	times above	\$15	Tina T.

**FITNESS** (No class on 7/4)

SHP36301	Positive Body Image	10-13	TU	5/9-6/13	5:45-6:45pm	\$41	Lady Butterflies
SHP36302	Positive Body Image	10-13	TU	6/27-8/8	5:45-6:45pm	\$41	Lady Butterflies
SHP36303	Positive Body Image	10-13	TU	8/22-9/26	5:45-6:45pm	\$41	Lady Butterflies
SHP36304	Zumba	13-up	F	5/5-6/9	7:00-8:00pm	\$36	Canty
SHP36305	Zumba	13-up	F	6/23-7/28	7:00-8:00pm	\$36	Canty
SHP36306	Zumba	13-up	F	8/11-9/15	7:00-8:00pm	\$36	Canty
Drop-In	Zumba Drop-In	13-up	F	dates above	times above	\$8/class	Canty

MARTIAL ARTS (No class on 5/29, 9/4 and 9/6)

SHP36501	Aikido for Kids	6-11	W	5/24-6/28	5:45-6:30pm	\$36	Giles
SHP36502	Aikido for Kids	6-11	W	7/12-8/16	5:45-6:30pm	\$36	Giles
SHP36503	Aikido for Kids	6-11	W	8/23-10/4	5:45-6:30pm	\$36	Giles
SHP36504	Aikido	12-up	W	5/24-6/28	6:30-8:30pm	\$36	Giles
SHP16505	Aikido	12-up	W	7/12-8/16	6:30-8:30pm	\$36	Giles
SHP16506	Aikido	12-up	W	8/23-10/4	6:30-8:30pm	\$36	Giles
SHP36507	Swordsmanship	12-up	M	5/22-6/26	6:30-8:30pm	\$31	Giles
SHP36508	Swordsmanship	12-up	M	7/10-8/14	6:30-8:30pm	\$36	Giles
SHP36509	Swordsmanship	12-up	M	8/21-10/2	6:30-8:30pm	\$36	Giles

**SELF HELP** (No class on 6/19 and 6/26)

SHP36601	Group Piano-Beg	5-12	M	6/5-7/10	6:30-7:15pm	\$50	Justice Music School
SHP36602	Group Piano-Beg	5-12	M	7/24-8/28	6:30-7:15pm	\$56	Justice Music School
SHP36603	Group Piano-Int	5-12	M	6/5-7/10	7:15-8:00pm	\$50	Justice Music School
SHP36604	Group Piano-Int	5-12	M	7/24-8/28	7:15-8:00pm	\$56	Justice Music School
SHP36640	Pet First Aid & CPR	13-up	SA	5/6	1:00-4:00pm	\$51	Hurston
SHP36643	Pet First Aid & CPR	13-up	SA	8/12	1:00-4:00pm	\$51	Hurston

CLUBS AND GROUPS**Free! HOOKED: Helping Others Organize Kreative Everyday Differences.**

Teens can make a difference! Join the club and be the change. Teens will participate in drug and alcohol prevention in partnership with GUIDE, Inc. (Gwinnett United In Drug Education). Youth in grades 7-12 are invited to serve as leaders in their community by participating in a variety of volunteer activities and events throughout Gwinnett County. Bring your best attitude and learn to lead! Teens are able to earn service hours toward high school requirements and for college applications. General club meetings monthly on the 2nd and 4th Saturdays 9:45-noon during the school year, with volunteer opportunities throughout the year. Ages 12-18; call 678.277.0906 for more information or to register.



Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor



Simpsonwood Park 47

4511 Jones Bridge Circle, Peachtree Corners 30092

Hours: Sunrise until sunset
unless posted otherwise

Info, Rentals, Races & Group Camping: 678.277.0900

Chapel Rentals: 770.822.5450

Trail Info: 770.978.5270

• Pavilion • Grills • Chapel • 3.1-mile nonpaved trail • Sand volleyball court • Group camping • Meadow • Restrooms



*The Chapel
at Simpsonwood Park*

Booking Now!

Wedding
Packages are
available!

770.822.5450
www.gwinnettparks.com

Singleton Road Activity Building 9

5220 Singleton Road, Norcross 30092

Hours: As reserved

Info & Rentals: 678.277.0860

• Activity building (classes/rentals) • Kitchen • Community room



South Gwinnett Park 30

Info: 770.978.5271

Football/Multi Entrance: 2015 McGee Road, Snellville 30078 **Hours:** Sunrise until 11:00pm unless posted otherwise
• Baseball/softball fields • Football/multi-purpose field • Restrooms • Playground • Grill • 0.6 mile paved trail

Baseball Entrance: 2115 McGee Road, Snellville 30078
Baseball/softball fields

Hours: Sunrise until 11:00pm unless posted otherwise

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Instructor

Sweet Water Park 34

800 Bethesda School Road, Lawrenceville 30044

Hours: Sunrise until sunset
unless posted otherwise

Info & Rentals: 678.277.0179

Tennis Info (page 14): 770.417.2210

- Pavilion/plaza area • Two half-court basketball courts • Two tennis courts • Horseshoe pits
- Sand volleyball court • Playground • Restrooms • 0.5-mile paved trail • Grill



Tribble Mill Park 16

2125 Tribble Mill Parkway, Lawrenceville 30045
(off of New Hope Road)

Playground
under
renovation

Hours: Sunrise until sunset
unless posted otherwise

Info & Rentals: 678.277.0890

Race & Group Camping Rentals: 678.277.0900

Trail Info: 770.978.5270

- Fishing lake (non-motorized boats allowed) • Boat ramp • Ozora Meadows, accommodates up to 3,500 people for large events • Playground • Pavilions • 3.4-mile paved trail
- Nonpaved trails for equestrian, mountain biking and hiking • Restrooms • Grill • Cross Country Course



Vines Park 28

3500 Oak Grove Road, Loganville 30052

Hours: Sunrise until sunset
unless posted otherwise

Info: 678.277.0890

Pavilion & Vines Mansion Rentals: 770.554.2284 www.vinesmansion.com

- Lake • 0.5-mile paved trail • Restrooms • Pavilion
- Garden Railroad (for info, tours and schedule visit www.vinesgardenrailroad.com)



West Gwinnett Park & Aquatic Center 36

4488 Peachtree Industrial Boulevard, Berkeley Lake 30071

Park Hours: Sunrise until 11:00pm
unless posted otherwise

Aquatic Center and Pool Rental Info (page 23): 678.407.8801

Field Rental Info: 678.277.0222

- Aquatic center with indoor competition/lap pool, indoor instructional pools, outdoor leisure play pool • Two lighted Football/multi-purpose field with lighted walking track
- 0.25-mile paved trail



Yellow River Park 19

3232 Juhon Road, Stone Mountain 30087

Hours: Sunrise until sunset
unless posted otherwise

Info & Rentals: 678.277.0900

Race & Group Camping Rentals: 678.277.0900

Trail Info: 770.978.5270

- Pavilion • 12-mile nonpaved trail for mountain biking, hiking and equestrian • Fishing
- 1-mile paved trail • Restrooms • Grill • Equestrian trailer parking • River • Playground



EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

Summer Camps



Adventure Camps

Full day recreation camps with a thematic twist!

Sports Camps

A variety of fun camps led by athletic coaches.



Special Interest Camps

Partial day camps led by specialized instructors.

Register today!

www.gwinnettparks.com

Convenient Camp Locations

Best Friend Park Gym
Norcross * 678.277.0222

Bogan Park Community Recreation Center
Buford * 678.277.0850

Collins Hill Park
Lawrenceville * 678.277.0855

Dacula Park Activity Building
Dacula * 678.277.0850

Duncan Creek Park
Dacula * 678.277.0855

George Pierce Park Community Recreation Center
Suwanee * 678.277.0910

Jones Bridge Park Good Age Building
Peachtree Corners * 678.277.0920

Lenora Park Gym
Snellville * 770.978.5271

Lucky Shoals Park Community Recreation Center
Norcross * 678.277.0860

Mountain Park Park Depot Building
Lilburn * 678.277.0179

Mountain Park Activity Building
Stone Mountain * 678.277.0179

Pinckneyville Park Community Recreation Center
Berkeley Lake * 678.277.0920

Rhodes Jordan Park Community Recreation Center
Lawrenceville * 678.277.0890

Shorty Howell Park Activity Building
Duluth * 678.277.0900





Progress never stops and neither do we.

As one of the leading health systems in Georgia, Gwinnett Medical Center continues to make advanced technology and the highest level of care available right here in our community. From groundbreaking cardiac and cancer care to a Level II trauma center, we are pushing the boundaries of technology and helping shape the future of medicine.

This is Gwinnett Medical Center. This is now.



Gwinnett
Medical Center

Lawrenceville • Duluth

Transforming Healthcare

Code

Activity Name – Level

Age

Days

Dates

Time

Fee

Location/Instructor



PARK RX

The Park Rx Program is increasing active programming and events for those who play, live and learn in the Gwinnett community! Park Rx gives residents the resources to maintain active lifestyles, improve wellness knowledge, experience fitness programs and connect with others in their community who want to make healthy lifestyle choices.

The community partners of Live Healthy Gwinnett engage residents through active programs and events which focus around four areas of wellness: Be Active, Eat Healthy, Get Checked and Be Positive.

Check out ongoing programs, events and sign up for Live Healthy Gwinnett's monthly e-newsletter at www.livehealthygwinnett.com. Be sure to like and follow Live Healthy Gwinnett on Facebook, Twitter and Instagram!



@LHGwinnett



@livehealthygwinnett



Pre-register online at
www.gwinnettparks.com
or call 770.822.3197

Code	Activity Name – Level	Age	Days	Dates	Time	Fee	Location/Instructor
FITNESS Walk the Talk: Enjoy an easy and informative walk with knowledgeable health and wellness professionals to help improve your health!							
GPP37504	Salude: Physical Fitness	All	SA	5/13	9:00-10:00am	Free!	George Pierce Park 7
GPP37505	Walk the Talk	All	SA	6/17	9:00-10:00am	Free!	George Pierce Park
GPP37506	Walk the Talk	All	SA	7/8	9:00-10:00am	Free!	George Pierce Park
GPP37507	Walk the Talk	All	SA	7/15	9:00-10:00am	Free!	George Pierce Park
GPP37508	Walk the Talk	All	SA	7/22	9:00-10:00am	Free!	George Pierce Park
AXP37500	Walk the Talk	All	SA	8/19	9:00-10:00am	Free!	Alexander Park 41
AXP37501	Walk the Talk	All	SA	8/26	9:00-10:00am	Free!	Alexander Park
Zumba: Get moving in this one of a kind, Latin flavored dance aerobics class with Certified Zumba Instructors who make being active fun!							
SWP37504	Zumba in the Park	All	W	5/3	5:30-6:30pm	Free!	Sweet Water Park 34
SWP37502	Zumba in the Park	All	W	5/10	5:30-6:30pm	Free!	Sweet Water Park
LSP37501	Zumba in the Park	All	W	5/17	5:30-6:30pm	Free!	Lucky Shoals Park 6
LSP37502	Zumba in the Park	All	W	5/24	5:30-6:30pm	Free!	Lucky Shoals Park
SHP37501	Zumba in the Park	All	W	6/7	5:30-6:30pm	Free!	Shorty Howell Park 1
SHP37502	Zumba in the Park	All	W	6/14	5:30-6:30pm	Free!	Shorty Howell Park
SHP37503	Zumba in the Park	All	W	6/16	5:30-6:30pm	Free!	Shorty Howell Park
GRP37501	Zumba in the Park	All	W	6/21	5:30-6:30pm	Free!	Graves Park 33
GRP37502	Zumba in the Park	All	W	6/28	5:30-6:30pm	Free!	Graves Park
JWP37501	Zumba in the Park	All	W	7/5	5:30-6:30pm	Free!	J.B. Williams Park 49
JWP37502	Zumba in the Park	All	W	7/12	5:30-6:30pm	Free!	J.B. Williams Park
BCP37501	Zumba in the Park	All	W	7/19	5:30-6:30pm	Free!	Bay Creek Park 24
BCP37502	Zumba in the Park	All	W	7/26	5:30-6:30pm	Free!	Bay Creek Park
LSP37503	Zumba in the Park	All	W	8/2	5:30-6:30pm	Free!	Lucky Shoals Park 6
LSP37504	Zumba in the Park	All	W	8/9	5:30-6:30pm	Free!	Lucky Shoals Park
SWP37502	Zumba in the Park	All	W	8/16	5:30-6:30pm	Free!	Sweet Water Park 34
SWP37503	Zumba in the Park	All	W	8/23	5:30-6:30pm	Free!	Sweet Water Park
LSP37505	Zumba in the Park	All	W	8/30	5:30-6:30pm	Free!	Lucky Shoals Park 6
Yoga in the Park: Experience nature, joy and become more centered. Bring a mat, towel and water bottle.							
LEP37553	Yoga in the Park	All	SA	5/13	9:00-10:00am	Free!	Lenora Park 14
LEP37551	Yoga in the Park	All	SA	6/3	9:00-10:00am	Free!	Lenora Park
LEP37555	Yoga in the Park	All	SA	6/17	9:00-10:00am	Free!	Lenora Park
LEP37554	Yoga in the Park	All	SA	7/29	9:00-10:00am	Free!	Lenora Park
LEP37552	Yoga in the Park	All	SA	8/12	9:00-10:00am	Free!	Lenora Park
LEP37550	Yoga in the Park	All	SA	8/26	9:00-10:00am	Free!	Lenora Park
SELF HELP							
Walk with Ease: Suffering from Chronic Pain? Walk with Ease can help relieve your symptoms and support your health care needs!							
AXP37503	Walk with Ease	18-up	M,W,F	5/15-6/23	9:30-10:30am	Free!	Alexander Park 41
Camine con Gusto: Motívese y empiece programa de caminata para mejorar su salud y condición física, y reducir el dolor.							
LSP37506	Camine con Gusto	18-up	T,W,TH	6/27-8/3	9:30-10:30am	Free!	Lucky Shoals Park 6
LSP37507	Camine con Gusto	18-up	M,W,F	8/14-9/18	9:30-10:30am	Free!	Lucky Shoals Park
Heartfulness Meditation: 3 part workshop series. Register for all three or individual classes within each workshop. Develop clarity of mind, self-confidence, empathy, awareness and focus.							
RJP37501	Guided Relaxation	16-up	SA	5/13 - 5/20	10:00-11:00am	Free!	Rhodes Jordan Park 15
RJP37502	Rejuvenation	16-up	SA	5/27 - 6/3	10:00-11:00am	Free!	Rhodes Jordan Park
RJP37503	Contemplation	16-up	SA	6/10 - 6/17	10:00-11:00am	Free!	Rhodes Jordan Park
RJP37504	Guided Relaxation	16-up	SA	7/1 - 7/8	10:00-11:00am	Free!	Rhodes Jordan Park
RJP37505	Rejuvenation	16-up	SA	7/15 - 7/22	10:00-11:00am	Free!	Rhodes Jordan Park
RJP37506	Contemplation	16-up	SA	7/29 - 8/5	10:00-11:00am	Free!	Rhodes Jordan Park
RJP37507	Guided Relaxation	16-up	SA	8/12 - 8/19	10:00-11:00am	Free!	Rhodes Jordan Park
RJP37508	Rejuvenation	16-up	SA	8/26 - 9/2	10:00-11:00am	Free!	Rhodes Jordan Park
RJP37509	Contemplation	16-up	SA	9/9 - 9/16	10:00-11:00am	Free!	Rhodes Jordan Park
Meditación Guiada: Incrementa tu felicidad y tu salud, Incrementa la memoria y mejora la atención. Aprende técnicas de relajamiento.							
BFP37501	Meditación en Español	16-up	Martes	4/18 - 5/16	6:30pm-7:30pm	Free!	Best Friend Park 2
BFP37502	Meditación en Español	16-up	Martes	5/30 - 6/27	6:30pm-7:30pm	Free!	Best Friend Park
BFP37503	Meditación en Español	16-up	Martes	7/4 - 7/25	6:30pm-7:30pm	Free!	Best Friend Park
BFP37504	Meditación en Español	16-up	Martes	8/1 - 8/29	6:30pm-7:30pm	Free!	Best Friend Park

Fallen Heroes Memorial

75 Langley Drive, Lawrenceville 30046

Info: 770.822.8840

Gwinnett's Fallen Heroes Memorial pays tribute to all Gwinnett residents who died in the line of duty. Their names, in random order and without rank, are carved on 13 black granite markers that are nine feet tall and weigh almost four tons each.



Memorial Day Ceremony at the Fallen Heroes Memorial

Monday, May 29

1:00pm

Everyone is invited to this annual ceremony to honor the county's past and present military heroes and public service personnel. Call 770.822.7135 for more information



Freeman's Mill Park 44

1401 Alcovy Road, Lawrenceville 30045

Hours: Sunrise until sunset
unless posted otherwise

Park Info: 770.822.8840

Historic Info: 770.904.3500

• Restored historic gristmill • Playground • 0.5-mile paved trail • Restrooms

The mill was built on the Alcovy River between 1868 and 1879 by brothers John Griffin and Levi J. Loveless and was one of 1,262 water-powered mills in the state during that time. After the Loveless brothers ran the mill, W. Scott Freeman and his son, Winfield, owned it until it was purchased in 1915 by Newt Pharr. By 1996, it was said to be one of only 15 mills in the state in working order and the only one in Gwinnett County. The county purchased the mill from the Pharr family in 2001 and in 2009 restored the mill and surrounding 12 acres for education and recreational use.



Gwinnett Environmental & Heritage Center 32

2020 Clean Water Drive, Buford 30519
770.904.3500 www.gwinnettEHC.org

Hours: M-SA 9:00am-4:00pm

Info & Rentals: 770.904.3500

Trail and greenway hours are from dawn until dusk unless posted otherwise

• Interactive, hands-on science exhibits • Cultural and natural history exhibits
• U.S. Green Building Council Design strategies • Outdoor classrooms • Pavilion • Nature trails and Ivy Creek Greenway (page 30) • Facility rental • Chesser-Williams Historic House



EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

HISTORIC

Gwinnett Historic Courthouse 13

185 Crogan Street, Lawrenceville 30046
On the Square in downtown Lawrenceville

Hours: M-F 10:00am-4:00pm
SA 10:00am-2:00pm

Info & Rentals: 770.822.5450

- Listed on the National Register of Historic Places
- Open for self-guided walking tours
- Free art exhibits
- Rental available of courtroom, meeting rooms or gazebo for meetings, weddings, and other events.

Built in 1885, the Gwinnett Historic Courthouse is listed on the National Register of Historic Places. It was renovated in 1992 and currently houses the Gwinnett Veterans Memorial Museum, the Gwinnett Historical Society as well as other special exhibits. The courthouse and landscaped grounds are open for self-guided walking tours.

The courthouse features a large outdoor gazebo on the picturesque grounds, newly remodeled catering kitchen, 24-foot ceilings and beautiful mantels and hardwood floors. It's a classic setting ideal for business meetings, workshops, conferences, banquets, weddings and receptions. The building even features the original turret perfect for tossing a bouquet!



Gwinnett Veterans Memorial Museum Free! The exhibit is a tribute to the brave men and women who have defended our land and liberties from the War of 1812 to present. Exhibits located on the Gwinnett Historic Courthouse first floor, compiled by the Gwinnett Veteran's Council. Open during Courthouse operating hours during the week, Saturday 10:00am-2:00pm and for special Veteran's exhibits. Guided tours available, visit www.vetmemorialmuseum.tripod.com or call for appointment.

Gwinnett Historical Society Located on the second floor of the Gwinnett Historic Courthouse, the Gwinnett Historical Society's objectives are to collect, preserve, and perpetuate the historic heritage of the county through the records of the early settlers, church, schools and other institutions; create love for local history; support investigation, study and research; publish historical information and encourage preservation of historic sites. For research assistance, genealogy or more information, call 770.822.5174 or visit www.gwinnetths.org.

SPECIAL EVENTS

Mommy and Me Tea Party • Sunday, May 14 • 1:30pm to 3:00pm

Honor Mom with a fun elegant afternoon outing just for her with tea, cake and fun activities, dads and grandparents are welcome too. Make a special gift for Mom and take home a keepsake photo. All ages; \$16/person, \$12/person. Must pre-register by 5/9, pre-register online with activity code GHCI1444 or call 770.822.5450.



Princess and Me Father Daughter Dance • Friday, June 16 • 6:00pm to 7:30pm

A favorite father daughter event returns! Spend time with your littlest sweetheart in the lovely Superior Court Ballroom. Dance the night away, play games and enjoy light refreshments. Princesses crowned upon arrival. All ages; \$12/ person. Seating is limited, must pre-register by 6/12, online with code GHCI1420 or call 770.822.5450.

Brown Bag Summer Concert • Friday, July 14 • 11:00am to 1:00pm

Free! Pack a lunch and enjoy the warm days of summer outside as music and entertainment fill the air. Kid's activities include lawn games, face painting, Crazy Hair and crafts. Call 770.822.5450 for more information.



Downtown Dog Day • Saturday, August 19 • 11:00am to 2:00pm

New! Free! Dogs and their humans are invited to enjoy an afternoon together on the Courthouse lawn. There will be a "flea"-market, games, contests, demonstrations, "doggie"-bags, mock-"tails," a photo opportunity and more! All ages. Call 770.822.5450 for more information.

ART SHOW

April 11 - August 13 • Paper Dresses • Bree Sauers

Artist Bree Sauers, of the Tannery Row Artist Colony, continues her exhibit at the Courthouse with her show titled Paper Dresses. Bree's mixed media artwork features beautiful dresses that highlight a multitude of mediums in unexpected combinations.



Lawrenceville Female Seminary 11

Home of the Gwinnett History Museum

455 South Perry Street, Lawrenceville 30046

Historic & Program * Info: 770.822.5178

Rental Info: 770.904.3500

Office Hours: call 770.904.3500 for hours

*Visit www.gwinnettEHC.org for program info

• Listed on the National Register of Historic Places • Isaac-Adair Historic House • Museum featuring Gwinnett County historical artifacts

Originally built in the 1830s, this historic building was first used as a finishing school for the county's young women. A fire destroyed the original structure and a new building was constructed in 1855. Later the Female Seminary was converted into a "civic center" for community activities, meetings, clubs, seminars, and at one time even housed a local radio station! It houses the **Gwinnett History Museum**, interpreting life in early Gwinnett County with exhibits relating to farming, textiles, religion, schools and more



McDaniel Farm Park 27

3251 McDaniel Road, Duluth 30096

Park & Trails Info: 770.822.8840

Historic Info* & Rentals: 770.904.3500

Pavilion Rentals: 678.277.0900

- McDaniel Farm is restored to depict a typical 1930's farm in Gwinnett County • Furnished farmhouse • Barn
- Blacksmith shed • Carriage house • Tenant house • Tours • Pavilion • 3-miles of paved, nonpaved trails
- Restrooms • Grill

This former cotton farm is relatively unchanged since its drawing in the 1820 land lottery. In the early 1900's, it was a thriving farm. In later years the farm housed sharecroppers and experienced the struggles of the Great Depression and the boll weevil. This story comes to life in the property's original barn, well house, chicken coup, blacksmith shed and restored tenant farmer house.

HELP LOCATORS

In an emergency on a trail, give 911 your closest HELP LOCATOR number.



Park Hours: Sunrise to sunset unless posted otherwise

*Visit www.gwinnettEHC.org for program info

Yellow River Post Office 22

3519 Five Forks-Trickum Road, Lilburn 30047

Park Info: 770.822.8840

Historic Info* & Tours: 770.904.3500

- Listed on the National Register of Historic Places • Restored historic post office and Hudson-Nash Farm slave quarters, circa 1840 • Barn and wash house, circa 20th century • Restrooms • Picnic area
- 0.3-mile nonpaved trail • Group Camping

Park Hours: Sunrise to sunset unless posted otherwise

*Visit www.gwinnettEHC.org for program info



Exhibitor
Opportunity

Save The Date!

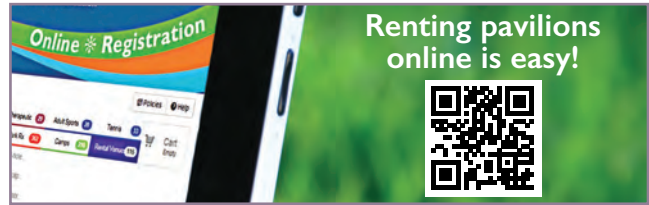
Fall Into Health
Senior Wellness Fair

Friday, October 27 * Bethesda Park Senior Center

678.277.0179 * www.gwinnettparks.com



gwinnettcounty parks facility & pavillion rentals



Rental Space	Room Size	Hourly Rates, 2 hour minimum			Amenities & Additional Fees
		Resident	Non-Resident	Nonprofit	
Community Room	Full room capacity: 200 people (seated/no tables)	Holiday & Weekends \$115 Weekday (M-TH) \$90	\$165	\$90	Kitchen with warming oven, microwave, ice maker and sink. Damage Deposit \$200
	Half room or Dance Studio capacity: 100 people (seated/no tables)	Holiday & Weekends \$65 Weekday (M-TH) \$55	\$90	\$55	Kitchen with warming oven, microwave, ice maker and sink for first reserved. Damage Deposit \$100
Meeting Room Large/Small	Capacity: 60-100 people (seated/no tables)	Holiday & Weekends \$65/\$50 Weekday (M-TH) \$55/\$45	\$90/\$70	\$55/\$45	Damage Deposit \$100
Pavilions Large/Small	Capacity: Varies	Holiday & Weekends \$60/\$35 Weekday (M-TH) \$60/\$35	\$90/\$45	\$45/\$30	



Visit www.gwinnettparks.com and click Rental Venues for a complete list of gyms, pools, tennis courts, pavilions, meadows, rooms, and sports fields for your next event!

Special Fees

- Time for decorating, vendor delivery, entertainment set-up, and clean up must be in the rental times.
- Public Safety Officers are required for teen rental events and may be required for other rental events. Renter is responsible for scheduling and paying officer(s).
- Alcohol is allowed by permit only at the Gwinnett Historic Courthouse and Pinckneyville Park Community Recreation Center. Alcohol is not allowed at any other facilities.

Premier Facilities

- Prime Timers Pointe • 678.277.0910
- Medlock Corporate Pavilion • 678.277.0920
- Bethesda Park Senior Center • 678.277.0179
- Gwinnett Historic Courthouse • 770.822.5450
- The Chapel at Simpsonwood Park • 770.822.5450
- Pinckneyville Park Community Recreation Center • 678.277.0920



Special stipulations and rates apply for these facilities. Call for information.

EVENTS

SENIORS
Active Adults 50+up

THERAPEUTIC

TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

RENTALS



Park Amenities

UC=Under Construction

			Acre	Base/Softball	Basketball	Disc Golf	Dog Park	Facilities/Rooms	Fishing	Football/Multi	Grill	Gymnasium	Historical	Horseshoe Pt	Lake/Pond/River	Pavilion	Playground	Pool-Indoor	Pool-Outdoor	Roller Hockey Rink	Sand Volleyball	Shuffle Board	Skate	Soccer	Tennis	Trail-Equestrian	Trail-Mountain Bike	Trail-Paved/Nonpaved	Walking Track-Lighted
1	Shorty Howell Park & Activity Bldg.	2750 Pleasant Hill Road, Duluth	67	•																									
2	Best Friend Park	6224 Jimmy Carter Blvd, Norcross	43	•																									
3	Jones Bridge Park	4901 E. Jones Bridge Road, Peachtree Corners	30					UC	UC		UC				UC	UC	UC				UC							UC	
4	Dacula Park & Activity Building	205 Dacula Road, Dacula 2735 Old Auburn Ave, Dacula	76	•					•	•	•				•	•	•												
5	Mountain Park Park	5050 Five Forks-Trickum Road, Lilburn	44	•						•						•	•												
6	Lucky Shoals Park	4651 Britt Road, Norcross	68	•						•	•	•				•	•												
7	George Pierce Park	55 Buford Highway, Suwanee	304	•	•				•	•	•				•	•	•												
8	Harmony Grove Soccer Complex	119 Harmony Grove Road, Lilburn	18																										
9	Singleton Road Activity Building	5220 Singleton Road, Norcross	2							•																			
10	Cemetery Field	211 Cemetery St, Norcross	6																										
11	Lawrenceville Female Seminary	455 South Perry St, Lawrenceville	1							•				•															
12	Collins Hill Park & Aquatic Center	2200 Collins Hill Road, Lawrenceville	95	•	•					•	•				•	•	•											•	
13	Gwinnett Historic Courthouse	185 West Crogan St, Lawrenceville	2							•																			
14	Lenora Park	4515 Lenora Church Road, Snellville	178	•	•	•			•	•	•	•				•	•											•	
15	Rhodes Jordan Park	100 East Crogan St, Lawrenceville	164	•	•				•	•	•	•			•	•	•											•	
16	Tribble Mill Park	2125 Tribble Mill Pkwy, Lawrenceville	713						•	•	•					•		UC								•	•	•	
17	Bethesda Park	225 Bethesda Church Road, Lawrenceville	159	•	•				•	•	•	•		•														•	
18	Bogan Park	2723 North Bogan Road, Buford	83	•	•				•	•	•	•				•	•					•	•					•	
19	Yellow River Park	3232 Juhan Road, Stone Mountain	691							•	•				•	•	•									•	•	•	
20	Pinckneyville Park Community Recreation Center	4650 Peachtree Ind. Blvd, Berkeley Lake	15						•																			•	
20	Pinckneyville Park & Soccer Complex	4758 South Old Peachtree Road, Norcross	93	•						•	•				•	•	•				•		•	•				•	
21	Rabbit Hill Park	400 Rabbit Hill Road, Dacula	200	•	•		•			•	•				•	•	•					•		•				•	
22	Yellow River Post Office	3519 Five Forks-Trickum Road, Lilburn	5											•														•	
23	Mountain Park Aquatic Center & Activity Building	1063 Rockbridge Road, Stone Mountain	18						•											•	•							•	
24	Bay Creek Park	175 Ozora Road, Loganville	154	•	•					•	•					•	•	•										•	
25	Ronald Reagan Park	2777 Five Forks-Trickum Road, L'ville	25	•		•								•	•	•	•											•	
26	Little Mulberry Park	3855 Fence Road, Auburn	892			•			•	•	•				•	•	•											•	
27	McDaniel Farm Park	3251 McDaniel Road, Duluth	134				•			•	•				•	•	•											•	
28	Vines Park	3500 Oak Grove Road, Loganville	79												•	•	•											•	
29	Lions Club Park	5500 Rockbridge Circle, Lilburn	51	•						•	•					•	•	•										•	
30	South Gwinnett Park	2115 McGee Road, Snellville	23	•						•	•						•											•	
31	Holcomb Bridge Park	4300 Holcomb Bridge Road, Peachtree Corners	12							•	•				•	•	•											•	
32	Gwinnett Environmental & Heritage Center	2020 Clean Water Dr, Buford	233						•																			•	
32	Ivy Creek Greenways	2020 Clean Water Dr, Buford																										•	
33	Graves Park	1540 Graves Road, Norcross	70				•				•				•	•	•					•		•				•	
34	Sweet Water Park	800 Bethesda School Road, Lawrenceville	25	•							•			•	•	•	•					•		•				•	
35	DeShong Park	2859 North DeShong Road, Stone Mountain	208	•										•	•	•	•											•	
36	West Gwinnett Park & Aquatic Center	4488 Peachtree Industrial Blvd, Berkeley Lake	23							•	•																	•	
37	Peachtree Ridge Park	3170 Suwanee Creek Road, Suwanee	154	•	•					•	•					•	•	•										•	
38	Duncan Creek Park	3700 Braselton Highway, Dacula	110	•						•	•				•	•	•											•	
39	Rock Springs Park	550 Rock Springs Road, Lawrenceville	120													•	•	•										•	
40	Club Drive Park	3330 Club Drive, Lawrenceville	25	•						•	•				•	•	•											•	
41	Alexander Park	800 Old Snellville Highway, Lawrenceville	91			•				•	•			•	•	•	•											•	
42	Harbins Park	2995 Luke Edwards Road, Dacula	1960	•			•			•	•					•	•	•										•	
43	Settles Bridge Park	380 Johnson Road, Suwanee	268	•			•				•				•	•	•											•	
44	Freeman's Mill Park	1401 Alcovy Road, Lawrenceville	12											•														•	
45	Collins Hill Golf Course	585 Camp Perrin Road, Lawrenceville																										•	
46	Bryson Park	5075 Lawrenceville Highway, Lilburn	72							•	•						•											•	
47	Simpsonwood Park	4511 Jones Bridge Circle, P'tree Corners	223							•	•			•	•	•	•											•	
48	E. E. Robinson Park	885 Level Creek Road, Sugar Hill 650 Peachtree Industrial Boulevard, Sugar Hill	115	•						•	•						•											•	
49	J.B. Williams Park	4935 Five Forks-Trickum Road, Lilburn	25	•			•									•	•	•										•	
50	Lilburn Activity Building	788 Hillcrest Road, Lilburn	2																									•	

EVENTS

SENIORS
Active Adults 50-up

THERAPEUTIC

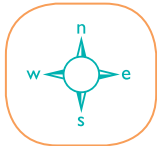
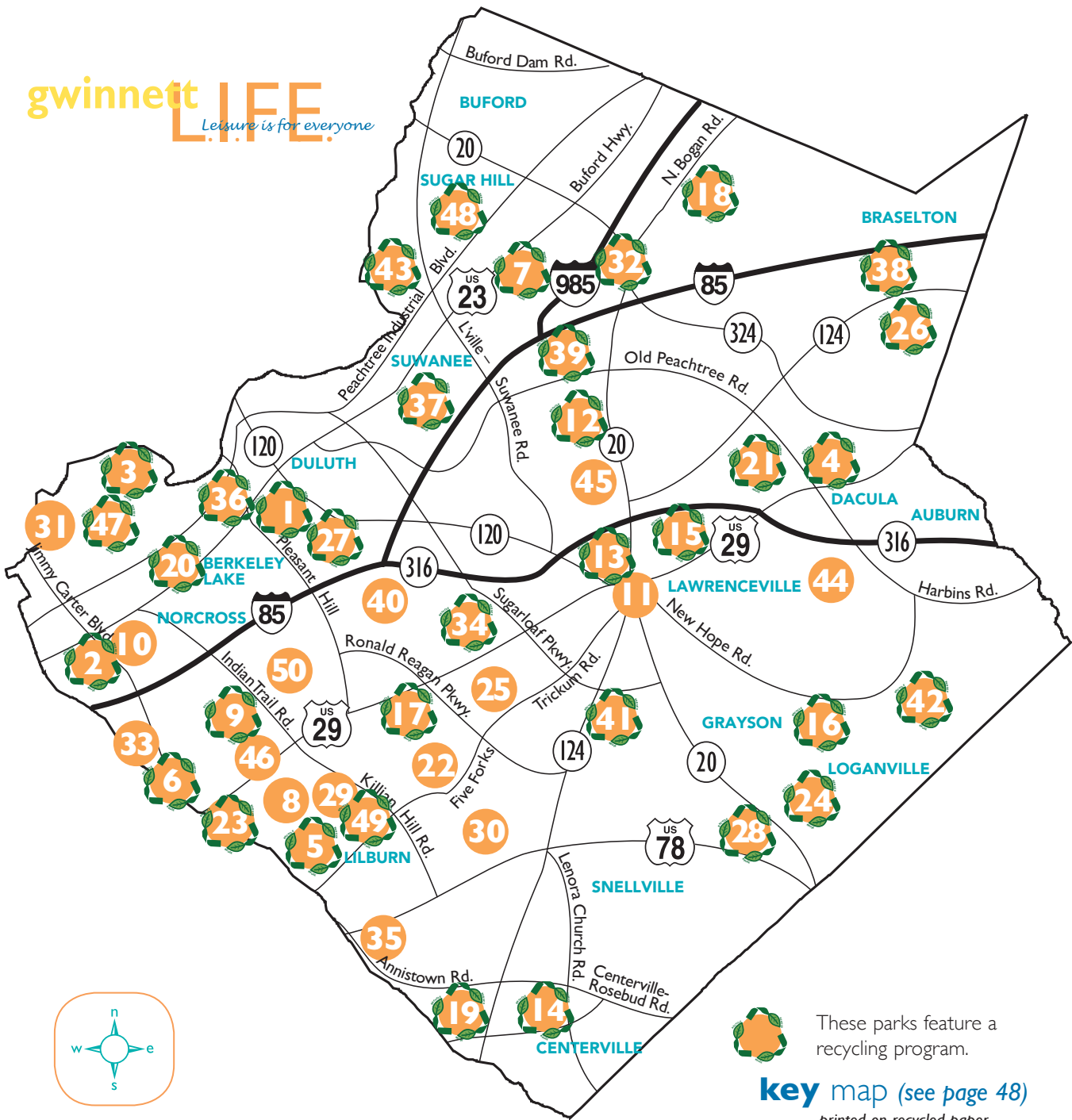
TENNIS/SPORTS

AQUATICS

RECREATION

PARK RX

AMENITIES



Visit www.gwinnettparks.com for



For a notification when the newest issue of Gwinnett LIFE program guide is available

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Active Adults 50-up
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- PARK RX
- AMENITIES

A photograph of a man and a young child at an outdoor event. The man, wearing a blue and white checkered shirt, is holding a small white ball in his hand, offering it to the child. The child, wearing a colorful striped shirt, is smiling and reaching out towards the ball. In the foreground, there are several large, clear fishbowls containing water and colorful fish. The background is filled with other people, including a woman in a blue floral dress and a young girl in a Minnie Mouse shirt, and several teal balloons floating in the air. The overall atmosphere is festive and family-oriented.

Don't Live Life in a Fishbowl

Get out with your friends and family to Explore Gwinnett. Our Events Calendar features everything to do across the county. Everything. See the Braves in Lawrenceville. Snack on tasty treats at Food Truck Fridays in Duluth. Act worldly at the art exhibition in Norcross. You can even throw a ball into a fish bowl in Lilburn like this family did. They used our Events Calendar and look how much fun they had.

Find something to do today at events.exploreghwinnett.org

EXPLORE
gwinnett
ATLANTA'S PLAYGROUND