

Gwinnett Parks Foundation

Established 2001 to Support
Gwinnett County Parks & Recreation

5K Road Race

Tribble Mill Park
2125 Tribble Mill Parkway, Lawrenceville, Georgia

Saturday November 5, 2011

Schedule of Events 8:00 am On-Site Registration
9:00 am Race Begins
9:10 am **Canine and Carriage Walk**

Registration Fee \$20 (Pre-Registered) – Run or Walk
\$25 (On-Site Registration) – Run or Walk
Proceeds from the race benefit the Gwinnett Parks Foundation, a non-profit group of volunteers interested in supporting and expanding the county's Parks and greenspace programs through hands-on activities and education. For more information, go to www.gwinnettparksfoundation.org



Gwinnett Parks Foundation
The 5K
Road Race

3rd Annual



Canine and Carriage

One mile fun walk

Register online at www.gwinnettparksfoundation.org or mail form to: **GPF, PO Box 3475, Lilburn Ga., 30048**

Pre-Registration Deadline: October 31, 2011. All registered runners who participate will receive a race t-shirt.

Awards: Medals will be presented to ALL participants upon finishing the 5K run. Awards will be presented to Overall M/F, Master M/F, and 3-deep in the following five year age groups: 10&Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & Older.

Registration Form Please Indicate 5K Run Canine & Carriage Walk Phantom Runner, donation only

Name _____ Age _____

Address _____ Sex _____

City _____ State _____ Zip Code _____

Email _____ Telephone _____

T-Shirt Size S M L XL 2XL

I understand that road racing is a strenuous sport and a potentially hazardous activity, and I state that I am in proper physical condition for this event. I also accept any and all other risks associated with running this event including, but not limited to falls, contact with other participants, the effect of weather and condition of the roads. Knowing these facts, and in consideration of you accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might try to claim on my behalf, covenant not to sue, and waive, release and discharge all sponsors, including, but not limited to the volunteers, Gwinnett County, Gwinnett Parks Foundation, the Gwinnett Road Runners, and all beneficiaries of the "GPF's 5K Road Race", their agents, employees, assigns and anyone acting for or on their behalf from any and all claims of liability for death, personal injury or property damage of any kind or nature arising out of or in the course of my participation of this event. This release and waiver extends to all claims of every kind or nature, foreseen or unforeseen, known or unknown. Minors' applications will only be accepted with a parent's signature. I give my full permission for the use of my name and/or picture in any broadcast, telecast, or any other public account of the event. Directors reserve the right to reject any entrant.

Signature (if under 18 years old, a guardian must sign)

Date